



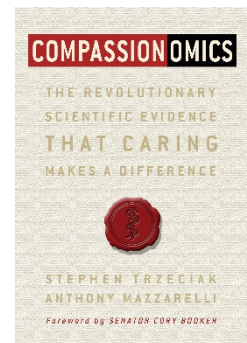
Discussion Guide – Quarter 1 - 2020

Compassionomics: The Revolutionary Scientific Evidence that Caring Makes a Difference

Authors: Stephen Trzeciak and Anthony Mazzaelli

In *Compassionomics: The Revolutionary Scientific Evidence that Caring Makes a Difference*, physician scientists Stephen Trzeciak and Anthony Mazzaelli uncover the eye-opening data that compassion could be a wonder drug for the 21st century.

Now, for the first time, a rigorous review of the science - coupled with captivating stories from the front lines of medicine - demonstrates that human connection in health care matters in astonishing ways. Never before has all the evidence been synthesized together in one place.



Discussion questions:

1. Does compassion really matter?
2. Can human connections have a positive impact on health care?
3. Have you witnessed a situation where compassion had an impact on healing?
4. Do you believe compassion can have an economic impact on health care costs?
5. How can this concept help prevent burnout in our health care professionals?
6. What barriers within health care today could make it difficult for health care professionals to practice “compassionomics” with their patients?
7. Do you agree with the concepts presented in this book? If not, why?
8. Would you recommend this book to others in the health care profession?