Building Tomorrow's Healthcare Workforce in Today's Economy

A Framework for Action

by Dr. David DeLong

Everest Ascent: Preparing for the Unknown

- Expedition leader Chilean Rodrigo Jordan
- Team of 6 trained daily for 2 years
- Prepared, practiced routines for assent, e.g. setting up camp, packing back packs, managing ropes, etc.

Mission seriously under funded

"Building Organizational Resilience," Suarez & Montes, Harvard Business Review, Nov/Dec 2020

Everest: Breakdown of Supplies Routine



Your Workforce of the Future Starts Today!

- Critical healthcare skill shortages nationwide. Neb. 25th in nursing!
- o Context is everything!
- Apply tactics to maximize short term recruiting & retention
- Einstein's wisdom: The problems that exist today...more innovative
- o New technologies: disruptor or savior?



Value Ladder

Your Objectives

- Create smart and agile workforce that adapts
- Make better decisions about AI & future workforce
- Tools to improve recruiting and retention

Nebraska's Projected Population Age 25-64: 2010-2030





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Strategy Continually <u>experiment</u> with new <u>recruiting tactics</u>

Hiring Lessons From Everest: Think "Rules of Thumb" & Improvisation



Sherpas hit by avalanche; refuse to carry provisions

- Resources severely limited objective threatened
- Dinner tent discussion. New rule adopted: "Carry only minimum supplies needed for climbers continuing to next stage." No redundancies in food & oxygen.
- Sample rules of thumb: hire proactive learners; test for culture fit (personality test) before hiring

Other Hiring Rules of Thumb: Larry Bird Rule



- Recruit them early! High school, college internships
- Build talent pipeline, e.g. career awareness programs, NE Community Foundation
- Use Millennials & Gen-Zs to recruit young talent; website photos?

Are You Making These Assumptions?

- The supply of new nurses is going to increase in near future
- The demographics of our region is going to get younger & healthier.
- Aging nurses will consistently choose to work past retirement age.
- Technology is <u>not</u> going to significantly change the skill sets we need.
- Other states and rural regions won't be competing for the same talent.

Think Again!

Think Again: New Ways of Thinking About Sources

- o Continually test your assumptions about workforce, monitor data
- Prepare to be wrong: Book end the future—best/worst outcomes
- There's power in knowing what you don't know; research, monitor
- One adaptation: make job designs as flexible (& virtual?) as possible
- Fish in alternate talent pools,
 e.g. developmentally challenged; only 26% with disability & college degree employed in 2014



Improve <u>Retention</u>: Keeping The Ones You Love

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Focus Retention Efforts: Landscape of Who You Can Keep

- No chance of retaining (Focus early on replacement)
- Unlikely to retain ("Hope is not a retention strategy")
- Truly on the fence (more \$)
- Likely to stay (Don't blow it! Is supervisor supportive?)
- True believer (Helping/hurting other retention?)
- Please leave! (hurting morale?)



Retention Tactics

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- Change assumptions from keeping emps long-term to "extending their stay"
- Focus on skills to develop, not career paths
- Create an "alumni" career path to train those who want to leave



Three Questions to Support a Learning Culture

• Culture shapes motivation:

So in weekly huddle, ask staff to reflect on:

Play: What did you learn this week?

Purpose: What impact did you have?

Potential: What do you want to learn next week?



See "How Company Culture Shapes Employee Motivation" by McGregor & Doshi, HBR, 11/15



Conduct "Stay Interviews" For In-depth Career Conversations

- Why wait until valuable employees are leaving?
- Reveals what is important to workers & how goals can be satisfied
- Identify & solve productivity obstacles
- Enhances relationship with direct supervisor, drives retention
- o Focused on employee's point of view!



AI Quiz Action Steps, Take Aways

- Define technology concepts!
- Check out Sloan Mgt Review "Future of Work" newsletter. <u>https://sloanreview.mit.edu/newsletter-signup-future-of-work/</u>
- Keep questioning assumptions on technology impacts
- Specify emerging skills needed technical & soft skills
- Don't underestimate quality of relationships

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Overview: Effective Healthcare Collaboratives

- Hospitals can't solve most workforce shortages alone
- Collaboratives & partnerships are key
- Convener, champions & catalysts essential
- Takes time & commitment to change system

Case: Kentucky Healthcare Collaborative

- KHC launched 2016, 60 hospitals, all sizes
- Improve quality care, share lessons, shape HC policy
- Coordination systems change patient flows to best location
- Expands treatment offerings at small hospitals, promotes training & programs like e-CAT ICU
- Builds cost efficiencies, purchasing power, saves \$20mil annually

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Case: Phoenix Hospital Workforce Collaborative

- Greater Phoenix Chamber convenes 9 hospitals to accelerate training of specialty nurses, 20K openings by 2025
- Partnership with Maricopa CC District to develop curriculum
- State approved \$5.8m to expand nursing programs to upskill
- 300 students projected to graduate this year thru new pipeline
- Collaborative helps colleges respond to changing market needs

Workforce Collaboratives: Lessons Learned

- Every collaborative is unique, context is key!
- Trusted convener & champions are key
- Relationships are everything!
- Need to balance time to negotiate objectives vs. quick wins

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Strategy **Pursue <u>More Innovative</u>** <u>Ways of Thinking</u> About Workforce, Skills & IT

<u>Adaptive</u> Challenges: Tech Change, Recruiting & Retention – <u>Intractable Problems</u>

Technical Problems

- Definition clear
- Outcomes agreed on
- Expert knowledge exists to solve



Adaptive Problems

Definition <u>vague</u>

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- Desired <u>outcomes</u> <u>unclear</u>
- Experimentation key
- <u>New</u> behaviors, values required
- <u>Multiple</u> groups involved

Think Subtraction: Counterintuitive Systems Change

- Changing complex WF system overwhelms working memory
- Identify <u>essence</u> of hospital/healthcare system
- Like the ER, triage is key for workforce system change
 - Requires immediate life saving intervention.
 Resources patient needs?
 Vital signs?
- <u>Subtract</u> forces/obstacles that prevent progress
- Subtracting early in process amplifies changes
 --Reduce credentials of nursing faculty, lab techs; don't deliver babies, don't employ physicians

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Source: Subtract: The Untapped Science of Less, by Leidy Klotz, 2021



Coping With Uncertainty: Finding Solutions for Changing Workforce

- Uncertainty is an opportunity to think differently, not binary e.g. German CEOs & impact of EU expansion; challenging AND good
- Possibilities always exist!
 e.g. Frankel: key is freedom to choose your attitude in any circumstances
- Living with uncertainty in rural patient care
 e.g. Central Maine Med Center family-medicine residency program teaches it's okay to say "I don't know"...living with ambiguity in clinical setting

Everest: Uncertainty & Race to the Summit



- 3 climber's approach summit in "Death Zone"
- High uncertainty about body's reaction to altitude
- Few routines to fall back on
- Start final ascent with 20 lb ropes

Everest: Improvising in the "Death Zone"

- Assumption: extra ropes essential for Hillary Step
- Overwhelmed oxygen-starved bodies, won't make it
- o Improvisation under extreme uncertainty
- Drop the ropes! High risk move, tradeoffs

Conquering Everest: Successful Ascent



- 3 climbers summited two hours apart
- Returned safely to Camp 3
- Improvisation allowed expedition to succeed
- Entire team made it off Everest safely

Everest Story: Implications for Your Post-Pandemic Workforce

 Which of your workforce/staffing routines have broken down?

- Short Cuts Can you identify & negotiate new rules of thumb to act faster or make better use of resources?
- Improvisation situations where assumptions about staffing are no longer valid? Context disrupted? Try creative solutions? Balance learning & risks



Take Aways: Building Nebraska's Healthcare Workforce

- **Recruiting:** Invest early & try alternative talent pools
- Retention: Focus on real impacts, emphasize learning, "stay interviews"
- Technology impacts: race between education & technology, keep monitoring changing tech/WF skill needs

Take Aways: Building Nebraska's Healthcare Workforce

- Rethink Assumptions: Subtraction & Leading thru uncertainty
- Relationships: Collaboratives & partnerships essential
- o Are you Sisyphus or leading an Everest expedition?

To Learn More



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