Root Cause Analysis and Action: RCA²

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Objectives

- 1. Define root cause analysis and describe its purpose
- 2. Review the importance of culture and leadership in supporting RCA and risk mitigation
- 3. Describe the steps and attributes of an effective root cause analysis and action plan
- Identify strategies and tools to use in an RCA, including fishbone, cause and effect diagrams, priority/payoff matrix, and strong action plans
- 5. Interpret and apply RCA concepts in a practice scenario

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INTRODUCTION

- 1. Define root cause analysis and describe its purpose
- 2. Review the importance of culture and leadership in supporting RCA and risk mitigation

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Root Cause Analysis (RCA) Definition

- Retrospective, structured investigation of adverse events, near misses, sentinel events (Wald & Shojania, 2001)
- Used in industries that seek high reliability such as nuclear power, airlines, the military, and healthcare
- Key Processes in RCA toolbox (Battles et al., 2006; Nicolini et al., 2013)
 —Systematic reporting of events
 - -Stratification of risk to determine priority
 - -Sequential steps of investigation and action planning
 - -Structured organization of data (what happened)
 - Group reflection (sensemaking conversation) by those most knowledgeable about situation and data assigns meaning (why) to develop causal chain and design plan to prevent recurrence













- Know outcome of event
- Determine risk using Safety Assessment Code (SAC)
 - Assign 1 of 4 severity categories
 - Assign 1 of 4 probability categories
- Score actual and near miss events

VA National Center for Patient Safety. Available at: https://www.patientsafety.va.gov/professionals/publications/matrix.asp

Severity Categories

- Catastrophic
 - Actual or Potential: Death or major permanent loss of function (sensory, motor, physiologic or intellectual) not related to the natural course of the patient's illness or underlying condition.
- Major
 - ajor Actual or Potential: Permanent lessening of bodily function (sensory, motor, physiologic or intellectual) not related to the natural course of the patient's illness or underlying condition or any of the following: disfigurement, surgical intervention required, increased length of stay for 3+ patients, increased level of care for 3+ patients.

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Severity Categories Cont.

- Moderate
 - Actual or Potential: Increased length of stay or increased level of care
- Minor
 - No injury, nor increased length of stay, nor increased level of care
- For actual Adverse Events, assign severity based on patient's condition
- For close calls, assign severity based on reasonable "worst case" systems level scenario

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Probability Categories

- How often is it likely to occur in your facility?
- Frequent Likely to occur immediately/shortly - Several times each year
- Occasional Probably will occur - Several times in 1 to 2 years
- Uncommon Possible to occur - May happen sometime in 2 to 5 years
- Remote Unlikely to occur
 - May happen sometime in 5 to 30 years

Safety Assessment Code Matrix						
	Severity					
Probability	Catastrophic	Catastrophic Major Moderate Minor				
Frequent	3	3	2	1		
Occasional	3 2 1					
Uncommon	3 2 1 1					
Remote	3 2 1 1					
3 = Highest Risk; Conduct RCA 2 = Intermediate Risk; Conduct RCA 1 = Lowest Risk; Aggregate with similar events depending upon						
probability VA National Center for Patient Safety. Available at: https://www.patientsafety.va.gov/professionals/publications/matrix.asp						











Reporting is the Foundation: Sources of Information for RCA

Formal Reporting	Informal Reporting
 Incident Report Near Misses/Close Calls Quality Monitoring Staff Complaint Patient/Family Complaint 	 Safety Briefings Leadership WalkRounds Staff Safety Culture Survey Engagement Patient/Family Satisfaction Survey



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Safety Culture

- Enduring, shared, LEARNED* beliefs and behaviors that reflect an organization's willingness to learn from errors**
- Four beliefs present in a safe, informed culture*** - Our processes are designed to prevent failure
 - We are committed to detect and learn from error
 - We have a just culture that disciplines based on risk-taking and not outcomes alone
 - People who work in teams make fewer errors

*Schein, E. Organizational Culture and Leadership. 4th ed. San Francisco, CA: John Wiley & Sons; 2010. **Wiegmann. A synthesis of safety culture and safety climate research; 2002. http://www.humanfactors.uiuc.edu/Reports&PapersPDFs/TechReport/02-03.pdf

***Institute of Medicine. Patient safety: Achieving a new standard of care. Washington, DC: The National Academies Press; 2004. NCPS 18





Sensemaking is Learning Sensemaking is the active process of assigning meaning to ambiguous data; it can only occur through human reflection. Sensemaking is always based on existing data. The most fundamental level of data about patient safety is the lived experience of staff, as they struggle to

work within an imperfect system. It is the combination of two processes, (1) tools that enhance the human ability to organize patient safety data and (2) deliberate reflection, that makes it possible for organizations to use events as learning opportunities.

Battle JB, Dixon NM, Borotkanics RJ, et al. Sensemaking of patient safety risks and hazards. HSR. 2006;41:1555-1575.

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Hospital Survey on Patient Safety Culture 2018 National Comparative Database





Leadership Support: 4A Framework Leadership is the single most important factor in culture change • Awareness...leaders know • Extent of risks and hazards in their system • Performance gaps in safety culture • Tendency is to value the task/report over the learning • Accountability...leaders hold staff accountable for conducting acceptable, thorough, credible RCAs • No "email politicking" about attendance • No hierarchical behavior by senior clinicians

Ensure all staff are supported to participate

NQF, 2010; Nicolini et al. 2011

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Leadership Support: 4A Framework

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- Ability...leaders ensure facilitators have the ability/knowledge to conduct acceptable, thorough, credible RCAs and implement strong action plans
 Action...leaders review action
- plans to determine hierarchy (strength) of recommended interventions and constraints

NQF, 2010; Nicolini et al. 2011



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 A. Explain advantages and disadvantages of two different structures to conduct RCA
 B. Describe the steps and attributes of an effective root cause analysis and action plan
 Identify strategies and tools to use in an RCA, including fishbone, cause and effect diagrams, priority/payoff matrix, and strong action plans
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RCA: Strue	cture Process (Jutcome
Structure	Process	Outcome
4 – 6 Investigators who are knowledgeable of RCA process and human factors assigned by organization to conduct RCAs	 Individual interviews of staff and patient/family involved in the event Use multiple tools* to reflect, identify causes 	 Thorough, credible acceptable RCA Decreased system risk
RCA facilitator who is knowledgeable of RCA process and human factors assigned by organization to conduct RCAs	 Facilitates sensemaking conversation among those involved in the event and experts in process/policy/procedure Use multiple tools* to reflect, identify causes 	 Thorough, credible acceptable RCA Decreased system risk Front-line staff involved in sensemaking











Thorough RCA²

- <u>Focuses on systems and processes</u>; not individual performance
- Identifies system-level causal factors associated with each step in sequence leading to the event (Why? X5)
- Determines human and other factors most directly associated with the event and the processes and systems related to its occurrence
- Determines where redesign might reduce risk
- Identifies risk points and their potential contributions to the event in question
- Determines potential improvement in processes or systems that would tend to decrease the likelihood of such events in the future

TJC Sentinel Event Policies and Procedures. Retrieved October 22, 2018

https://www.jointcommission.org/sentinel_event_policy_and_procedures/

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Credible RCA²

- Includes participation/support from a process owner/leader...typically a senior leader or designee
- Includes individuals most closely involved in processes and systems under review
- Includes patients, family, or patient representatives when appropriate to ensure thorough understanding of facts
- Is internally consistent (does not contradict itself or leave obvious questions unanswered)
- Includes consideration of any relevant literature
- Recommended actions are approved or disapproved by senior leadership; if disapproved, constraints are shared and addressed as possible

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TJC Sentinel Event Policies and Procedures. Retrieved October 22, 2018
https://www.jointcommission.org/sentinel-event-policy-and-procedures/
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Acceptable RCA²

- Implements actions to control/eliminate systems hazards and vulnerabilities
- Implements actions that are likely to reduce the risk or prevent the event from recurring and if that is not possible reduce the severity or consequences if it should recur
- Uses a tool to identify <u>stronger actions</u> that provide effective and sustained system improvement (e.g. Action Hierarchy Tool developed by VA NCPS)
- <u>Action plan identifies what, who, when, how</u> <u>evaluated, how sustained</u>

TJC Sentinel Event Policies and Procedures. Retrieved October 22, 2018 https://www.jointcommission.org/sentinel_event_policy_and_procedures/

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Steps in Root Cause Analysis

Regardless of structure, sequential steps are the same:

- 1. Gather the facts using a timeline
- 2. Understand what happened (and compare to what could have/should have happened)
- 3. Identify root causes using causal statements, fishbone and/or causal diagramming tool
- 4. Determine system improvements to minimize risk of repeating the event
- 5. Implement thorough, credible, acceptable action plan considering strength of potential actions

(Amo, 1998; Nicolini et al., 2011)

Step One:

Do you need to invoke attorney-client privilege?

Facilitator or Investigators gather the facts

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to Facilitate

Facilitator/Investigator

Criteria

- NOT directly involved in event
- No preconceived idea of causal factors
- Knowledgeable of RCA purpose, process
- Credibility within organization
- Skills in quality improvement and implementation

Facilitation Skills (Nicolini et al., 2011)

- Sets agenda, manages time, stays on task
- Manages hierarchical and dominating behaviors
 - Non-verbal hand on shoulder
 - Verbal: request break
- Acknowledges and validates emotions
- Avoids focus on "when" at expense of "why"
 Doesn't value "done report" over learning and action planning





The Timeline Summarizes the Facts

• Develop a "story" specific to the patient's episode of care; a detailed timeline of what happened, when specific to the event



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- Make copies of timeline for sensemaking conversation
- Summarize timeline on flip chart

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Who Should Participate

- The "ideal" Sensemaking Conversation
 - Interdisciplinary
 - All staff directly involved in the event
 - Front-line staff who can champion change
 - Experts most knowledgeable about the process
 - Physician champion
 - Senior leader who can ensure resources to develop implement action plan

Everyone is equal







• Review Ground Rules

- Review purpose of RCA...change the system to minimize risk to patients
- Everyone is a professional, all are equal
- Use the "parking lot" to validate concerns but stay on task (avoid jumping to solutions)
- Direct questioning is intended for learning
- What is said in the room about who said or did what stays in the room ...



Step Two: Understand What Happened

• Group Debriefing about the timeline

- As questions are answered and discussion proceeds, participants record one idea about system and human factors related to the error

per post-it

- Review each particular event of the process by asking the questions..."Is this the usual way we do it?" and "If not why...why...why?"





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Step Three: Identify Root Causes • Categorize post-its into categories of causal factors - Human factors – communication/teamwork - Human factors – training

- Human factors fatigue/staffing
- Environment/Equipment
- Rules/Policies/Procedures
- Information management
- Culture
- Create causal statements for each category
- Cause and effect diagrams can be helpful

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Five Rules for Causal Statements

- 1. Clearly show cause and effect relationship
- 2. Use specific and accurate descriptions
- 3. Identify the system cause of the error
- 4. Identify preceding cause of policy or procedure violation
- Acknowledge: failure to act is only causal when there is a preceding duty to act based on known policy/procedure

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Fill in the blanks...

The lack of_____

resulted in_____ which increased the likelihood that _____

If it doesn't fit...use the parking lot.



















Hierarchy of Interventions

STRONG	Example	
Institutional (large facility- wide investment)	Implementing unit-based pharmacists	
IT Structure (change in software/interface)	Usability evaluation, forcing functions (e.g. to prevent wt-based dosing errors in CPOE)	
Architectural/ Environmental (change in physical environment)	Signage, relocating equipment (e.g. gait belt on hook next to bed)	
Standardize Equipment	Surgical instrument trays, IV pumps	
Leadership Involvement	Clinical champions assigned to relevant interventions	
Simplify processes	Revise criteria for admission to Observation unit	
Commonwealth of Massachusetts, 2012; Hibbert et al., 2018; Hettinger et al., 2013		



Hierarchy of Interventions			
Moderate	Example		
Policy/Procedure change or implementation	Patients at high risk for falls not to be left alone while toileting		
Audit/Feedback	Appropriate fall risk interventions in place according to policy		
Redundancy	Have an additional person assist		
Enhanced documentation/ forms	Making hourly rounding and measures easier to document.		
Checklists/Cognitive Aids	Fall Risk Signage with picture of required assist device (i.e., walker)		
Standardize communication tools	Shift report form with specific space for fall risk and interventions		
Training with practice and competency assessment Falls skills fair. Personnel file			
Commonwealth of Massachusetts, 2012; Hibbert et al., 2018; Hettinger et al., 2013 56			

Hierarchy of Interventions			
Weak	Example		
Counseling / Discipline	Discussion with individual employee and note in personnel file		
Discussions in meetings	General mention in monthly staff meeting (*daily safety huddle reminders might be more helpful)		
Notifications (email, communication book)	Notice to "do better." Decreased opportunity for it to be personalized or have questions answered.		
Warnings	Punitive discussion and file note		
Double-checks	Double checks of medication dosage prior to administration		
Training without practice or competency assessment	Float staff expected to "see one, do one"		
Commonwealth of Massachusetts, 2012; Hibbert et al., 2018; Hettinger et al., 2013 57			







Step Four: Determine System Improvements

- Consult the literature, evidence-based guidelines, best practices
- Consult similar hospitals...benchmark
- Desired improvements must be within the organization's control
- Address the system sources of error WITHOUT adding complexity
- Be internally consistent...

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Step Five: Create an Action Plan

- Confirm WHAT needs to be done and HOW to implement
 - Pilot change to refine and test effectiveness before launching system-wide
- Determine WHERE to implement
 - All areas where applicable; not just where event occurred
- Determine WHO will be accountable
- Determine WHEN to implement

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Action Plan				
What	Who	When	Follow-up	Measure
Action Item	Name/Title	Date started/ implemented	When/how we will check	How will we measure effectiveness?
Standardize equipment and process for sponge counts	George Jetson, Surgery Director	January 1, 2019	February 1, 2019 July 1, 2019 January 1, 2020	 STRUCTURE: % of procedure rooms with standardized equipment STRUCTURE: % of staff trained with practice and passed competency PROCESS: % staff compliance with new process on audit OUTCOME: # of retained sponges
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Communicate

- Purpose: Close the loop with front-line so they know, "Mistakes have led to positive changes here."
- Target Audience: Who needs to know system changes?
 FRONT LINE, PATIENT/FAMILY
 - Quality/safety committee, med staff, those involved in RCA, Board...
- Sender: Who will communicate system changes?
- Mode: How will communication occur?
 Email, communication book, shift change, mandatory meeting, Traffic light board
- Example: traffic light board to track improvements and progress.
- Report event and RCA results to NCPS

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Traffic Light Report

- Green: project complete
- Yellow: in progress

• Red: on hold or can't be done - list reasons why

Action Item	Progress	
Sponge accounting systems in place	Blue backed sponge holders in every procedure room 12/15/18	
Action Item	Progress	
Staff training on standardized sponge accounting process	Training with practice and competency completed for 5 of 10 teams 12/15/18	
Action Item	Impediment	
OR Rules Sign in every procedure room	No room on wall for signs – re- evaluating plan on 1/1/2019	
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5. Interpret and apply RCA concepts in a practice scenario



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Scenario Agenda

- Assign roles
- Primary day nurse
- CNA
- DON
- Night nurse
- Fall risk reduction team leader
- Director of PT
- Split observers into 7 groups to monitor conversation for specific root cause categories
- Facilitate mock sensemaking conversation
 - Review timeline
 Understand what
 - happened
 - Identify root causes:
 ✓ categorize notes from observers and mock
 - participants ✓ Develop causal

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- statements 4. Create WWW

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RCA or NOT?

- Is our fall event a "close call"?
- What are the reasonable worst case outcomes for
 - Patients who are not transferred using gait belts?
 - Staff who do not use gait belts to transfer patients?

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Fill in the blanks... Error: An assisted fall resulted in harm to patient and staff.

The lack of ______, resulted in ______, which increased the likelihood that <u>an</u> <u>assisted fall would result in harm to the</u> patient and staff.

If it doesn't fit...use the parking lot.

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Strategies for Success

- Establish open, learning environment; sensemaking conversation among equals
 Symbolic—Place name badges in a bowl
- Initial RCA on near miss to gain confidence
 - High Volume, High Risk Nonharmful events and Near Misses...consider Aggregate RCA
- Sr. Leader may kick off to show support; leave and re-engage during action planning
- Verify that you have reduced risk (Survey of staff perceptions included in ReCASTing RCA)

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- Organization seeks top-down command and control vs. bottom-up sensemaking
 - Focus on report completion; not learning and communicating
 - Reports sit on desks awaiting perfect consensus

(Hibbert et al., 2018; Nicolini et al., 2011)

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"Progress would stem not from conducting bigger and better RCAs, but rather from repositioning RCA investigations as opportunities to trigger local and organisational learning."-Nicolini et al., 2011, p.224.

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