#### **RATIONALE FOR A NEW APPROACH**

It is not uncommon for improvement efforts to take months, or even years, only to not fully realize the desired outcomes from the effort. Nothing is more frustrating or diminishing to a culture and good will among colleagues than a change effort that fails. The barriers to a successful implementation of change may be structural, cultural, or even interpersonal. How we can more efficiently adopt an improvement and realize the outcomes we seek? It is a vexing problem that could use a new approach incorporating time-tested methods.

#### **Shifts in Mindset**

To successfully adopt a new approach the following challenges might be in play:

| The application of an improvement model is inconsistent at best                                    |
|--|
| Leaders of change efforts struggle with finding an effective change management strategy            |
| A primary reason for failure is a deficit in "hard-wiring" process and practices at the front-line |
| Meeting time is often spent by focusing on "Who" and "What" resulting in little time for "How"     |
| Planning and discussion are considered an improvement effort                                       |

To address these challenges two significant shifts in mindset are required:

- 1) Making an improvement cannot occur in a meeting, but only in the clinical/operational areas
- 2) Not making progress on action items between meetings is <u>unacceptable</u>.

In summary the goal of this approach is to identify and work through issues rapidly to progress toward implementation using 6 structured one-hour meetings. The emphasis is the timely completion of tasks between the meetings.

#### **Meeting Series**

The series of one-hour pre-scheduled meeting is as follows:

- 1) Stakeholder Meeting
- 2) Action Planning Meeting
- 3) Small Test of Change Design Meeting
- 4) Progress Check Meeting
- 5) Implementation Planning Meeting
- 6) Implementation Follow-up Meeting

#### **ESTABLISHING THE MEETING SERIES**

To begin, two elements must be known in advance:

- What the gaps are, and what data supports that conclusion
- Whom the key stakeholders are, and their commitment to support the change.

#### **Establish Two Key Roles**

Before the meetings can be put on calendars, it is vital to assign two key roles:

<u>Senior Leader</u> – This person should have decision-making authority in the organization and is able to commit to working with the meeting Facilitator and other key stakeholders in an oversight capacity. They are involved to champion the importance of the effort, to support the Facilitator, to witness key discussions and to assist in the problem solving and removing barriers as needed by the team. The title of this person isn't important as long as they can meet these requirements.

<u>Meeting Facilitator</u> – This person should be somewhat familiar with the topic, have the time and ability to organize the meetings, and be committed to serving the team. They may or may not have a managerial role in the organization. They must have the support of the clinical or operational managers of functions impacted by change resulting from this effort.

#### **Schedule the Meetings**

Precious time is lost when putting a meeting on calendars is delayed by lack of availability, space, or a cultural tendency to easily cancel meetings. In the Six Meetings or Less method, scheduled well in advance.

- > The time between meetings is variable and depends on the complexity and scope of the issue.
- The more quickly the group can work through major steps and complete the work between meetings, the more efficient the process
- The emphasis is on completion of work <u>between</u> meetings.

### Example Meeting Structure

Schedule all 6 meetings in advance – avoid rescheduling



56 calendar days, 40 business days

The length of time between meetings should vary to allow for task completion

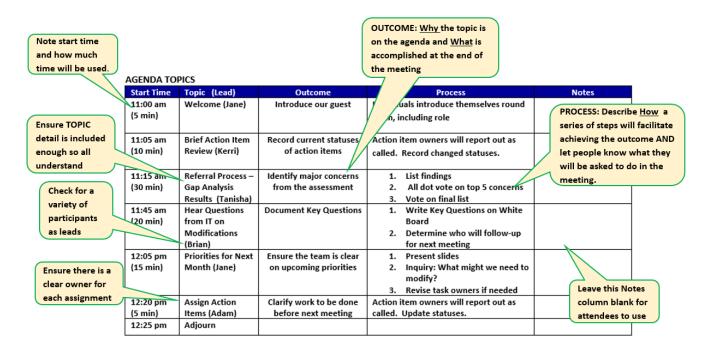
#### **USING OUTCOME-BASED AGENDAS**

The design of meeting agendas in this method is intentional. An Outcome-Based Agenda format better utilizes the expertise in the room by clearly defining HOW those attending will engage in the work. This type of agenda cannot be pulled together at the last minute, so we build a framework for each meeting in advance.

The test of a good agenda are these two questions:

- 1) By looking at the agenda can you understand easily what will be addressed and accomplished?
- 2) Next, do you have a clear idea how to be prepared to participate in the meeting?

By using a format where each topic has a specific outcome accompanied by a set of process steps to achieve that outcome, we can ensure these two questions are answered. For example:



#### **Documenting Action Items**

The Outcome Based Agenda ensures that Action Items are captured at the end of each meeting and reviewed at the beginning of the next meeting. This is the discipline required to make progress on the work.



#### **USING A STANDARD IMPROVEMENT METHOD**

The Improve Anything in 6 Meetings or Less method relies upon a standard approach to improvement. Which standard approach applied is not at all important. The method works well with PDCA, PDSA, FOCUS-PDCA, Model for Improvement or DMAIC.

One key is that the Facilitator and Leader are not new to the method used. Key Stakeholders should also be familiar with the method used. Participants and Front-Line staff may have little exposure to the improvement process to start. With consistent involvement they will become familiar with the process.

#### **LEVERAGING SMALL TESTS OF CHANGE**

A familiar concept, Small Tests of Change are a component of most improvement approaches. Seemingly simple, the execution of small tests is often where change efforts fall apart. The "DO" component of a change model is not intended to be one step, but a series of carefully designed mini "experiments" done in a manner that starts very small and increases in scope and involvement with each successful trial.

An important change in mindset is that a failure of a test <u>does not</u> end the implementation. It is merely a step in the learning process. At the end of each planned test a decision is made: Adopt the change, Adapt it, or Abandon it.

A Design Plan for Small Tests of Change tool will be used to intentionally involve people outside of the meetings, and in the clinic/operations to test the changes prior to implementation.

| DESIGN PLAN FOR SMALL TESTS OF CHANGE |   |  |   |                   |   |                   |           |                     |                  |  |
|---------------------------------------|---|--|---|-------------------|---|-------------------|-----------|---------------------|------------------|--|
| Initi                                 | Initiative: Improve intake information from residential care  |  |   |                   |   |                   |           |                     |                  |  |
| Sm                                    | allest Unit of Change: 1 patient,   | 1 RN   | Scope: RN v   | vith tra          | h transfer from residential care Total # of Staff Impacted: 36 RN |                   |           |                     |                  |  |
| Pla                                   | nned Testing Timeframe: 4 Wee   | ks: August   | 20 – Septemi  | ber 25            |   |                   | Est. # of | Staff in Testin     | ng: 12 RNs in ED |  |
|                                       | Test Description  | Test Plan  |   | Teste             | ers   | Lesson(s) Learned |           | Decision            | Adaptation       |  |
| 1                                     | Conduct two phone tests by contacting<br>care facility and asking for intake form<br>by e-mail – check for completeness | 2_night RNs to do phone contact test of process either Mon or Tues         |   | Julie K<br>Marc C |   |                   |           | Adapt Adopt Abandon |                  |  |
| 2                                     | Confirm red folders are in hand; next 3. night admissions to "Red Folder" intake form. Notify night staff in huddle.    | Night RNs Wed – Sat<br>should receive Red Folder<br>intake with admissions |   | ı                 | Julie K, Marc C,<br>Jon F, Keisha M                               |                   |           | Adapt Adopt Abandon |                  |  |
| 3                                     | Implement on Days including PMs,<br>next admissions to receive Red Folder;<br>document SBAR with information            |  | Tues - Friday - any ED<br>admission form care facility;<br>all shifts |                   | ieisha M, Sue P,<br>Iarlys Z, Joe J,<br>ack B                     |                   |           | Adapt Adopt Abandon |                  |  |
| 4                                     |   |  |   |                   |   |                   |           | Adapt Adopt Abandon |                  |  |

#### **TOOLS AND TEMPLATES**

To review, Improve Anything in 6 Meetings or Less method has four primary components:

- Schedule Meetings in Advance
- Use Outcome Based Agenda formats
- > Apply Improvement tools
- Design Small Tests of Change

There are two tools provided for each meeting. These are intended to be customized to the topic and context and

- 1) Meeting Checklist
- 2) Meeting Agenda Template

By following the checklist steps and implementing the content in the agenda formats, a group can proceed through the change process and implementation of changes efficiently.

Before meeting with other stakeholders, the Facilitator and Senior Leader have a few tasks to complete:

#### **Facilitator Pre-Work:**

| Ш      | Gather evidence about the topic: Standard Practice or Policies, any Gap Analysis, any Process or |
|--------|--|
|        | Outcome data   |
|        | Meet with the Senior Leader  |
|        | Summarize and document any known work done on this topic to-date; send in advance                |
|        | Schedule the 6 meetings at pre-determined intervals  |
|        | Determine, by consensus, who will be included at the first meeting                               |
| Senior | Leader Pre-Work:   |
|        | Assign an accountable clinical or operational leader for the effort                              |
|        | Assist with identifying a physician champion, if useful to the effort                            |
|        | Meet with the Facilitator  |
|        | Ensure there is a clear, measurable goal for the effort  |
|        | Endorse the effort by communicating the goal and importance of success to key managers           |
|        | Plan to attend the first meeting   |
|        |  |

Now the process can begin.

### MEETING 1 – STAKEHOLDERS MEETING

| Meeti                                   | ng Date:   |                   |    |  |  |  |  |  |  |  |  |
|---|--|-------------------|----|--|--|--|--|--|--|--|--|
| Meeti                                   | Meeting Time:  |                   |    |  |  |  |  |  |  |  |  |
| Meeting Location: ☐ In person ☐ Virtual |  |                   |    |  |  |  |  |  |  |  |  |
|   |  |                   |    |  |  |  |  |  |  |  |  |
| Facilit                                 | ators Pre-Meeting Task List 1  |                   |    |  |  |  |  |  |  |  |  |
| :                                       | <ul> <li>Invite them to a 1-hour meeting</li> <li>Provide any evidence, data, or background material in advance</li> </ul>   |                   |    |  |  |  |  |  |  |  |  |
| Senior                                  | Senior Leader Checklist for Meeting 1  |                   |    |  |  |  |  |  |  |  |  |
|   | <ul> <li>□ Attend this meeting and listen to the discussion</li> <li>□ Ensure the team has identified any barriers to success</li> <li>□ Reinforce the importance of closing the gaps and achieving better outcomes</li> <li>□</li></ul> |                   |    |  |  |  |  |  |  |  |  |
| Meeti                                   | ng 1 – Stakeholder Meeting – Agenda Components   |                   |    |  |  |  |  |  |  |  |  |
| >                                       | Brief introductions (if needed) and review agenda  |                   |    |  |  |  |  |  |  |  |  |
| >                                       | Review purpose of the meeting  |                   |    |  |  |  |  |  |  |  |  |
| >                                       | Identify gaps in practices – use an existing checklist/assess  | ment, or brainsto | rm |  |  |  |  |  |  |  |  |
| >                                       | Determine any issues that cannot be easily resolved: "Wh   | y aren't we doing | ?" |  |  |  |  |  |  |  |  |
| >                                       | Set Action Items, Owners and Dates for follow-up   |                   |    |  |  |  |  |  |  |  |  |
| Stakeł                                  | older Action Items from Meeting 1  |                   |    |  |  |  |  |  |  |  |  |
|   | Discuss gaps in practice with other stakeholders – even ou<br>Get feedback about barriers or opportunities for improver<br>Determine readiness for change through dialogue with oth  | nent              |    |  |  |  |  |  |  |  |  |

### **MEETING 2 – ACTION PLANNING MEETING**

| Meeti   | ng Date:   |                  |                 |
|---------|--|------------------|-----------------|
|         |  |                  |                 |
|         | ng Time:   |                  |                 |
| Meeti   | ng Location:   | ☐ In person      | □ Virtual       |
| Facilit | ators Pre-Meeting Task List 2  |                  |                 |
|         | Revise list of attendees, if indicated (add anyone missing) Invite all to a 1-hour Action Planning Meeting Purpose is to identify next steps to take, or barriers to remo            | ove              |                 |
| Senior  | Leader Checklist for Meeting 2   |                  |                 |
|         | Check-in with the Facilitator once this meeting has occurred Ask to see draft PDSA, A3 or other documentation resulting Ensure managers of the involved departments support the      | from this meet   | ing             |
| Meeti   | ng 2 – Action Planning Meeting – Agenda Components   |                  |                 |
| >       | Introduce any new attendees and review agenda  |                  |                 |
| >       | Round Robin Style, report out on discussions anyone had w  | ith other stakeh | nolders (use a  |
|         | 2-minute egg timer)  |                  |                 |
| >       | Make two lists   |                  |                 |
|         | <ul> <li>Low Hanging Fruit – Identify any quick fixes and who</li> </ul>   | o is accountable | for the changes |
|         | <ul> <li>Pilots or Small Tests of Change – Identify changes th</li> </ul>  | at will need pla | nning           |
| >       | Determine who will be included in a change planning meeti  | ng               |                 |
| >       | Review Action Items for follow-up and set Owners and Date  | es for follow-up |                 |
| Stakeł  | nolder Action Items from Meeting 2   |                  |                 |
|         | One person drafts a PDSA, A3, or similar to document root Discuss with others who to involve in planning additional st Start discussing the need for volunteers for the trials/tests | eps              | ·               |

### **MEETING 3 – SMALL TEST DESIGN MEETING**

| Meetii   | Meeting Date:  |                     |                  |  |  |  |  |  |
|----------|--|---------------------|------------------|--|--|--|--|--|
| Meetii   | ng Time:   |                     |                  |  |  |  |  |  |
| Meetii   | ng Location:   | $\square$ In person | □ Virtual        |  |  |  |  |  |
|          |  |                     |                  |  |  |  |  |  |
| Facilita | ators Pre-Meeting Task List 3  |                     |                  |  |  |  |  |  |
| :        | Identify the planning group (which should include represen Invite them to the 1-hour Small Test Design Meeting Send the agenda   | tatives for anyone  | e doing the work |  |  |  |  |  |
| Senior   | Leader Checklist for Meeting 3   |                     |                  |  |  |  |  |  |
|          | <ul> <li>□ Confirm with the Facilitator meetings are happening and have good attendance</li> <li>□ Round on team members and see if they can describe the planned change to test with staff</li> <li>□ Does the team need help removing any barriers?</li> <li>□ Are the involved staff getting direct manager support for their participation?</li> <li>□</li></ul> |                     |                  |  |  |  |  |  |
| Meetii   | ng 3 – Small Test Design Meeting – Agenda Components   |                     |                  |  |  |  |  |  |
| >        | Introduce any new attendees and review agenda  |                     |                  |  |  |  |  |  |
| >        | Describe the specific need for testing and what will be tested   | ed                  |                  |  |  |  |  |  |
| >        | Work through the Small Test of Change Design tool and doo  | cument steps        |                  |  |  |  |  |  |
| >        | Confirm individual assignments before adjourning   |                     |                  |  |  |  |  |  |
| >        | Review Action Items for follow-up and set Owners and Date  | es for follow-up    |                  |  |  |  |  |  |
| Stakeh   | older Action Items from Meeting 3  |                     |                  |  |  |  |  |  |
|          | Engage others according to the Small Test Design Plan<br>Arrange for frequent and informal feedback gathering<br>Continue spreading the test and growing the involvement of  | of others           |                  |  |  |  |  |  |

### MEETING 4 - PROGRESS CHECK MEETING

| Meeti   | ng Date:  |  |   |  |  |  |  |  |  |  |
|---|---|--|---|--|--|--|--|--|--|--|
| Meeti   | ng Time:  |  |   |  |  |  |  |  |  |  |
| Meeti   | Meeting Location: ☐ In person ☐ Virtual   |  |   |  |  |  |  |  |  |  |
| Facilit   | ators Pre-Meeting Task List 4   |  |   |  |  |  |  |  |  |  |
| :   | Remind attendees to bring documentation of their work (small test planning document)  |  |   |  |  |  |  |  |  |  |
| Senior  | Leader Checklist for Meeting 4  |  |   |  |  |  |  |  |  |  |
|   | <ul> <li>Attend the meeting -or- After the meeting, ask to see evidence of the work</li> <li>Can the Facilitator articulate what is working well and where the barriers are?</li> <li>If needed, attend the Progress Check meeting, or convene conversations and lead an accountability discussion</li> </ul> |  |   |  |  |  |  |  |  |  |
| Meeti   | ng 4 – Progress Check Meeting – Agenda Components   |  |   |  |  |  |  |  |  |  |
| >   | Review Agenda   |  |   |  |  |  |  |  |  |  |
| >   | Provide a brief overview of the planned work  |  |   |  |  |  |  |  |  |  |
| >   | Report from stakeholders involved in the pilot/testing  |  |   |  |  |  |  |  |  |  |
| >   | <ul> <li>Consensus Decision:</li> <li>Continue testing cycles?</li> <li>Move to implementation?</li> <li>Reconvene stakeholder group?</li> </ul>  | or barriers eme<br>effort at risk –<br><u>Stakeholder</u><br>accountability di | nificant progress, erge putting the Reconvene the Group for an iscussion. Revisit |  |  |  |  |  |  |  |
| >   | > Set Action Items, Owners and Dates for follow-up the Action Planning step if needed.  |  |   |  |  |  |  |  |  |  |
| Stakel  | nolder Action Items from Meeting 4  |  |   |  |  |  |  |  |  |  |
| <ul> <li>□ According to the group decision – continue cycles of testing and refinements, OR</li> <li>□ Stakeholders gather information about incorporating the changes in existing infrastructure and processes: training, policies, work instructions, audits, measurement and reporting, OR</li> <li>□ Stakeholders meet to discuss barriers to progress</li> </ul> |   |  |   |  |  |  |  |  |  |  |

### **MEETING 5 – IMPLEMENTATION PLANNING MEETING**

| Meetii   | ng Date:  |                   |                     |  |  |  |  |  |
|----------|---|-------------------|---------------------|--|--|--|--|--|
| Meetir   | ng Time:  |                   |                     |  |  |  |  |  |
| Meetii   | ng Location:  | ☐ In person       | ☐ Virtual           |  |  |  |  |  |
| Facilita | ators Pre-Meeting Task List 5   |                   |                     |  |  |  |  |  |
| :        | Determine who should attend the Implementation Plann Be sure key stakeholders are included: department leade providers – this is context dependent. Provide documentation to any new stakeholders Send the agenda | = =               | ation, HR, finance, |  |  |  |  |  |
| Senior   | Leader Checklist for Meeting 5  |                   |                     |  |  |  |  |  |
|          | ☐ Is the work on pace ☐ Round on stakeholders — Can they describe what is needed for implementation? ☐ Send a recognition or affirmation of the work, if progress is on pace ☐                                    |                   |                     |  |  |  |  |  |
| Meetii   | ng 5 – Implementation Planning Meeting – Agenda Comp  | onents            |                     |  |  |  |  |  |
| >        | Introduce any new attendees, and review agenda  |                   |                     |  |  |  |  |  |
| >        | Discuss the steps for implementation – including audit, or sustainability.  | versight, measure | ment a              |  |  |  |  |  |
| >        | Ensure each step of the implementation has ownership  |                   |                     |  |  |  |  |  |
| >        | Set Action Items, Owners and Dates for follow-up  |                   |                     |  |  |  |  |  |
| Stakeh   | older Action Items from Meeting 5   |                   |                     |  |  |  |  |  |
|          | Carry out the Implementation tasks Document accordingly Ensure the next meeting provides enough time to do this   | work              |                     |  |  |  |  |  |

### **MEETING 6 – IMPLEMENTATION FOLLOW-UP MEETING**

| ing Date:   |   |                          |
|---|---|--------------------------|
| ing Time:   |   |                          |
| ing Location:   | $\square$ In person   | □ Virtual                |
|   |   |                          |
| ators Pre-Meeting Task List 6                                 |   |                          |
| Send the agenda   |   | n stakeholders           |
| r Leader Checklist for Meeting 6                              |   |                          |
| Attend this meeting and listen to the discussion              |   |                          |
|   |   |                          |
|   | ing better outcome  | es                       |
|   | <del></del>   |                          |
| ing 6 – Implementation Follow-up Meeting – Agenda Con         | nponents  |                          |
| Brief introductions (if needed) and review agenda             |   |                          |
| Each stakeholder reports out on each element of the im        | plementation and  | provide status           |
| Develop action plans for any gaps and assign accountabi       | lities.   |                          |
| Confirm the sustaining process owner or department acc        | countable for mon   | itoring 'drift' and      |
| indicators to revisit as needed (generally this is the clinic | al/operational are  | a with the most          |
| front-line staff involved in the work)                        |   |                          |
| Plan to acknowledge participants                              |   |                          |
| holder Action Items from Meeting 6                            |   |                          |
|   | department to mo  | nitor for decline in     |
|   |   |                          |
| Schedule a review of the process at least annually            |   |                          |
|   | Develop a method to review the 'current state' of the im Send the agenda  r Leader Checklist for Meeting 6  Attend this meeting and listen to the discussion Ensure the team has identified any barriers to success Reinforce the importance of closing the gaps and achiev  ing 6 – Implementation Follow-up Meeting – Agenda Con Brief introductions (if needed) and review agenda Each stakeholder reports out on each element of the im Develop action plans for any gaps and assign accountable Confirm the sustaining process owner or department accountable indicators to revisit as needed (generally this is the clinical front-line staff involved in the work) Plan to acknowledge participants  holder Action Items from Meeting 6  Document the accountable stakeholders in the primary aperformance or measures Put processes in place | ing Time:  ing Location: |

|       | SMALL TESTS & SUSTAINABILITY   |  |                   |   |   |   |        |                     |  |  |  |
|-------|--|--|-------------------|---|---|---|--------|---------------------|--|--|--|
| DESI  | DESIGN PLAN FOR SMALL TESTS OF CHANGE  |  |                   |   |   |   |        |                     |  |  |  |
| Initi | Initiative: Improve intake information from residential care   |  |                   |   |   |   |        |                     |  |  |  |
| Sm    | allest Unit of Change: 1 patient,  | 1 RN   | Scope: RN v       | vith tra  | nsfer from i  | esidential car  | e ·    | Total # c           | of Staff Impact  | ed: 36 RNs in ED   |  |
| Pla   | nned Testing Timeframe: 4 Wee  | ks: August   | 20 – Septemi      | ber 25  |   |   |        | Est. # of           | Staff in Testin  | ng: 12 RNs in ED   |  |
|       | Test Description   | Test Plar  | 1                 | Teste   | ers   | Lesson(s) Learne  |        | ed                  | Decision   | Adaptation   |  |
| 1     | Conduct two phone tests by contacting<br>care facility and asking for intake form<br>by e-mail – check for completeness              | 2_night RNs to do phone<br>contact test of process<br>either Mon or Tues   |                   | Julie K   |   | Process worked, far<br>liked the form; easy<br>Need more in contact |        | to use.             | Adapt Adopt Abandon  | Make change to contact person section  |  |
| 2     | Confirm red folders are in hand; next 3.<br><u>night</u> admissions to "Red Folder"<br>intake form. Notify night staff in<br>huddle. | Night RNs Wed – Sat<br>should receive Red Folder<br>intake with admissions |                   |   | ulie K, Marc C,<br>on F, Keisha M completed form. 1<br>was a Saturday adm |   | n. 1 m | nissing –           | Adapt Adopt Abandon  | Conf call with facility to<br>discuss training materials<br>they may need to cover all<br>shifts |  |
| 3     | Implement on Days including PMs,<br>next admissions to receive Red Folder;<br>document SBAR with information                         | Tues - Friday - any ED<br>admission form care facility;<br>all shifts      |                   | sion form care facility; Marlys                                 |   |   |        | as more             | Adapt Adopt Abandon  | Continue testing plan – involve ED Techs   |  |
| 4     | Continue to receive Red Folder, involve all shifts, train ED Techs to look for form  | Sun – Frida<br>admission   | ay all shifts any | shifts any Joe J, Marc C, Pam P, Jose A, Ann R, Aimee F, Alex H |   | 5 admissions, form present; all had complete information.           |        | Adapt Adopt Abandon | Proceed with developing<br>work instructions, training<br>and incorporate into<br>on-boarding packet |  |  |
| Ор    | erational Transition Plan:   |  |                   |   |   |   | Start  | t Date:             |  |  |  |
| Ow    | ner(s) of New Process: Emergen   | cy Depar   | tment Supe        | rvisor  | rs.   |   | Acco   | ountable            | Leader: San  | n Simon  |  |
| Pro   | cess Measure(s) to Monitor: Adu  | uits from  | CWC W. RE         | ed Fol  | der Overs   | sight Group:  | ED//   | 4cute (             | Care Coun  | ıil  |  |
| Me    | thod of Data Collection: 10 cwc  | admission  | n audit and S     | afety   | Incident R  | eports  | Frequ  | uency of            | Data Collectio   | on: Monthly  |  |
| Vali  | ue to Trigger Process Review: No   | Less th  | an 80% Cl         | NC A  | ₹dmíssía  | ous have r  | ed F   | older)              | c3 months  |  |  |

#### **ACKNOWLEGEMENTS**

The Improve Anything in 6 Meetings or Less approach was synthesized (over many years) from a number of practices sourced from the following works:

Outcome Based Agendas: Facilitators Guide to Participatory Decision-Making by Sam Kaner, et al

Model for Improvement: The Improvement Guide by Lloyd Provost, et al

Small Tests of Change: Institute for Healthcare Improvement –Transforming Care at the Bedside

<u>Change</u>: Overcoming Organizational Defenses, Chris Argyris and Diffusion of Innovation, Everett Rogers

### Meeting Name Here AGENDA

| Date:   |                                     |          |         | AGENDA          |          |        |                           |                |          |          |
|---|-------------------------------------|----------|---------|-----------------|----------|--------|---------------------------|----------------|----------|----------|
| Time:<br>Location/Web<br>Conference Li<br>Meeting Lead<br>Recorder: | ne:                                 |          |         |                 |          |        | Nex Date: Time: Location: | t Meeting Info | ormation | 1        |
| <b>ATTENDANC</b>  | E                                   |          |         |                 |          |        |                           |                |          |          |
| NAME  | DEPARTMENT/ROLE                     | Present? | NAME    | DEPARTMENT/ROLE | Present? | NAME   |                           | DEPARTMEN      | IT/ROLE  | Present? |
| Guest:  |                                     |          | Guest:  |                 |          | Guest: |                           |                |          |          |
| SUMMARY C   | DF DISCUSSION                       |          |         |                 |          |        |                           |                |          |          |
| <b>Start Time</b>   | Topic (Lead)                        |          | Outcome | Proc            | ess      |        |                           | Notes          |          |          |
| 10:00 am<br>(5 min)   | Welcome and Review     Action Items |          |         |                 |          |        |                           |                |          |          |
| 10:05 am<br>(5 min)   | 2.                                  |          |         |                 |          |        |                           |                |          |          |
| 10:10 am<br>(10 min)  | 3.                                  |          |         |                 |          |        |                           |                |          |          |
| 10:20 am<br>(35 min)  | 4.                                  |          |         |                 |          |        |                           |                |          |          |
| 10:55 am<br>(5 min)   | 5. Assign Action Items              |          |         |                 |          |        |                           |                |          |          |
| ACTION ITEM   | ЛS                                  |          |         |                 |          |        |                           |                |          |          |
| ITEM  |                                     |          |         |                 | C        | OWNER  | TA                        | RGET DATE      | STATU    | S        |
|   |                                     |          |         |                 |          |        |                           |                |          |          |
| PARKING LO  | т                                   |          |         |                 |          |        |                           |                |          |          |
| ITEM & O  | WNER                                |          |         |                 | D        | ATE AD | DED                       | AC             | TION     |          |
|   |                                     |          |         |                 |          |        |                           |                |          |          |

| DES                       | DESIGN PLAN FOR SMALL TESTS OF CHANGE |           |        |       |     |                   |           |                     |            |  |
|---------------------------|---------------------------------------|-----------|--------|-------|-----|-------------------|-----------|---------------------|------------|--|
| Initiative: Intervention: |                                       |           |        |       |     |                   |           |                     |            |  |
| Sma                       | allest Unit of Change:                |           | Scope: |       |     |                   | Total # o | f Staff Impacte     | ed:        |  |
| Plai                      | nned Testing Timeframe:               |           |        |       |     |                   | Est. # of | Staff in Testing    | g:         |  |
|                           | Test Description                      | Test Plan |        | Teste | ers | Lesson(s) Learned |           | Decision            | Adaptation |  |
| 1                         |                                       |           |        |       |     |                   |           | Adapt Adopt Abandon |            |  |
| 2                         |                                       |           |        |       |     |                   |           | Adapt Adopt Abandon |            |  |
| 3                         |                                       |           |        |       |     |                   |           | Adapt Adopt Abandon |            |  |
| 4                         |                                       |           |        |       |     |                   |           | Adapt Adopt Abandon |            |  |
| 5                         |                                       |           |        |       |     |                   |           | Adapt Adopt Abandon |            |  |
| 6                         |                                       |           |        |       |     |                   |           | Adapt Adopt Abandon |            |  |

|     | Test Description              | Test Plan | Testers | Lesson(s) l | _earned      | Decision            | Adaptation |
|-----|-------------------------------|-----------|---------|-------------|--------------|---------------------|------------|
| 7   |                               |           |         |             |              | Adapt Adopt Abandon |            |
| 8   |                               |           |         |             |              | Adapt Adopt Abandon |            |
| 9   |                               |           |         |             |              | Adapt Adopt Abandon |            |
| 10  |                               |           |         |             |              | Adapt Adopt Abandon |            |
| 11  |                               |           |         |             |              | Adapt Adopt Abandon |            |
| 12  |                               |           |         |             |              | Adapt Adopt Abandon |            |
| Ор  | erational Transition Plan:    |           |         |             | Start Date:  |                     |            |
| Ow  | ner(s) of New Process:        |           | 1       |             | Accountable  | Leader:             |            |
| Pro | cess Measure(s) to Monitor:   |           | Overs   | ight Group: | T            |                     |            |
| Ме  | thod of Data Collection:      |           |         |             | Frequency of | Data Collectio      | n:         |
| Val | ue to Trigger Process Review: |           |         |             |              |                     |            |

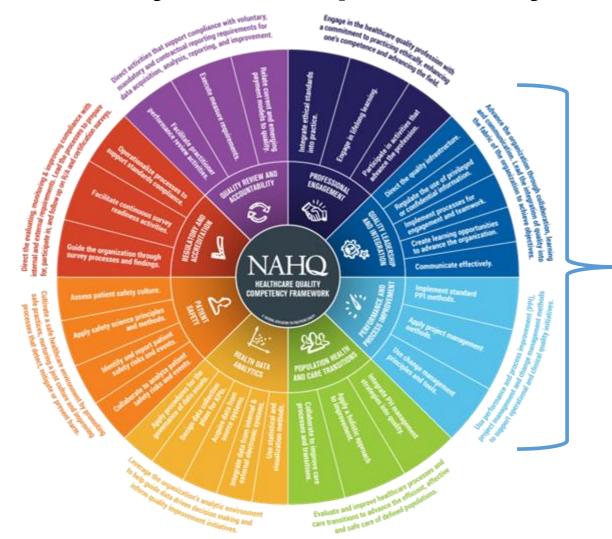
# How to Improve Anything in Six Meetings or Less

Stephanie Sobczak, MS, MBA



### I have no Conflict of Interest to disclose.

### Healthcare Quality Competency Framework



#### COMPETENCIES

Implement processes for engagement and teamwork

Communicate effectively

Implement standard PPI methods

Apply project management and change management methods



### Learning Outcomes

- 1. Adopt a standardized approach to rapidly improve with a focus on accountability and efficiency.
- 2. Select from tools, designed to accelerate the improvement process, that can be adapted to the local context.
- 3. Use outcome-based meeting management skills that produce results and move the work forward.
- 4. Develop an approach that might be adopted in your organization.



### Six Meetings or Less!?! How?

- Grounded in the standardized approach to improvement in your organization
- Willingness to use pre-defined agendas for each meeting
- Stakeholders committed to doing work between meetings
- Discipline to document and manage "Action Items"
- Plan, in detail, small tests of change to apply in operational areas
- Structured follow-up to emphasize sustainability



# Common Missteps Slow Improvement

Loose adherence to a defined Improvement Process

Just-in-time scheduling of meetings; frequent rescheduling Meeting time spent discussing personalities vs. processes

Being OK with improvements taking 9, 12, 18+ months to implementation

Willingness to accept dropping the ball on tasks; people are "too busy"

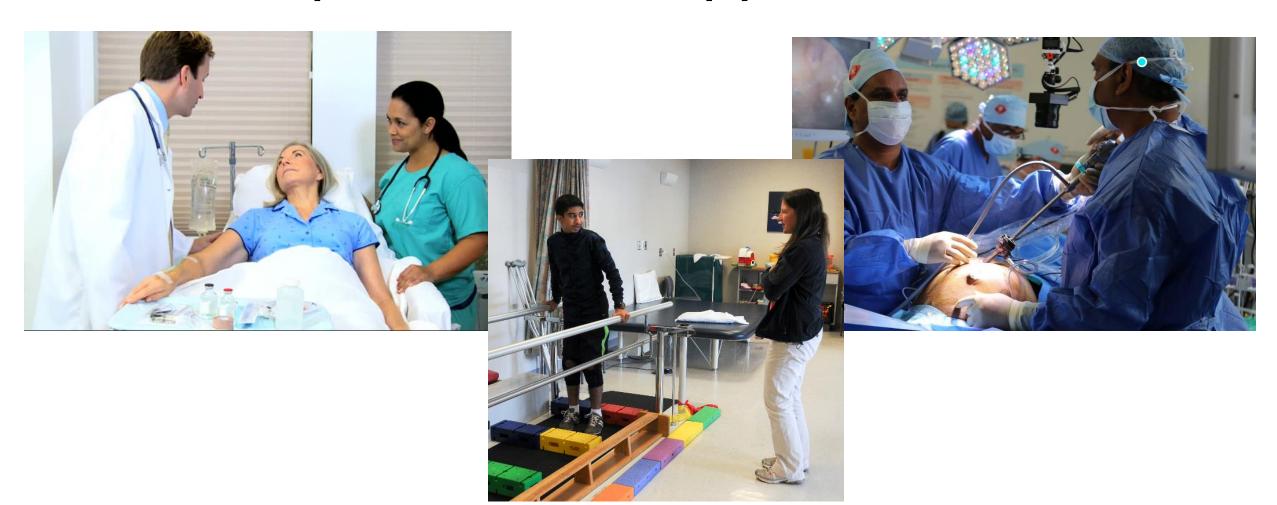
Failure to connect the improvement to the front-line; early and often!



# Improvement doesn't happen here...



### Improvement happens here!



### The Method

- Base framework is 6 one-hour meetings with defined deliverables from each
- The goal is to work through problem definition, root cause identification and solution selection <u>quickly</u>
- Participants must commit to completing Action Items on-time
- The heart & soul of this method is engaging those who do the work, in the place where they work (a.k.a. our experts!)



# The Application

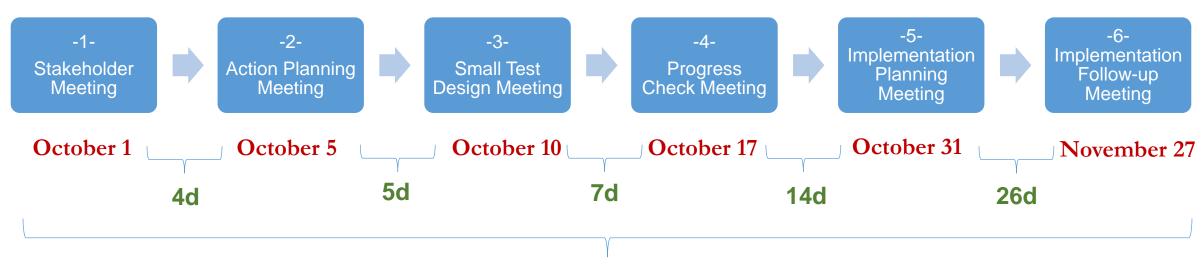
A few examples how this approach has been used in a variety of acute care settings:

- ✓ Implementing clinical bundle elements: CAUTI, SSI, CLABSI etc.
- ✓ Cross-functional coordination: Discharge checklist, Med Reconciliation
- ✓ Process challenges: Ordering wound vacs, Gaps in supply stocking
- ✓ Closing hand-off issues: ED to Inpatient admissions, Cardiology clinic triage
  - Any need for improvement that has a <u>defined scope</u>



### The Structure

Schedule all 6 meetings in advance – avoid rescheduling



56 calendar days, 40 business days

Vary the time needed between meetings to allow for task completion



# Use the 6 meetings wisely

### 1) Stakeholder Meeting

- **Brief Intros**
- Overview of Purpose: Share data, safety reports, etc.
- Identify specific Gaps/Root Causes
- Determine "Just do its"
- **Set Action Items**
- Confirm gaps w/others
- Gather input on OFI's
- Assess readiness to change

Bite sized tasks

# Integrate Improvement Methods

| 1) Stakeholder<br>Meeting  | 2) Action Planning Meeting  |
|--|---|
| <ul> <li>Brief Intros</li> <li>Overview of<br/>Purpose: Share<br/>data, safety<br/>reports, etc.</li> <li>Identify specific<br/>Gaps/Root<br/>Causes</li> <li>Determine "Just<br/>do its"</li> <li>Set Action Items</li> </ul> | <ul> <li>Introduce anyone new</li> <li>Round robin report out</li> <li>Two lists: Low Hanging Fruit, Tests of Change</li> <li>Identify invitees to change planning</li> <li>Set Action Items</li> </ul> |
| <ol> <li>Confirm gaps         w/others</li> <li>Gather input on         OFI's</li> <li>Assess         readiness to         change</li> </ol>   | <ol> <li>Draft A3 or<br/>PDSA</li> <li>Discuss planning<br/>ideas with others</li> <li>Identify testing<br/>volunteers</li> </ol>   |

AGENDA

Outside of meeting

### Engage Staff in Tests of Change

pool

|        | 1) Stakeholder<br>Meeting  | 2) Action Planning<br>Meeting   | 3) Small Test of Change Design   |
|--------|--|---|--|
| AGENDA | <ul> <li>Brief Intros</li> <li>Overview of<br/>Purpose: Share<br/>data, safety<br/>reports, etc.</li> <li>Identify specific<br/>Gaps/Root<br/>Causes</li> <li>Determine "Just<br/>do its"</li> <li>Set Action Items</li> </ul> | <ul> <li>Introduce anyone new</li> <li>Round robin report out</li> <li>Two lists: Low Hanging Fruit, Tests of Change</li> <li>Identify invitees to change planning</li> <li>Set Action Items</li> </ul> | <ul> <li>Introduce anyone new</li> <li>Confirm what change(s) will be tested</li> <li>Design testing phases</li> <li>Confirm Action Items &amp; assignments</li> </ul> |
| TASKS  | <ol> <li>Confirm gaps         w/others</li> <li>Gather input on         OFI's</li> <li>Assess         readiness to</li> </ol>  | <ol> <li>Draft A3 or<br/>PDSA</li> <li>Discuss planning<br/>ideas with others</li> <li>Identify testing<br/>volunteers</li> </ol>   | <ol> <li>Engage staff testing changes</li> <li>Use frequent informal feedback</li> <li>Grow the testing</li> </ol>   |

change

Keep in the loop

# Disciplined Progress Expectation

|        | 1) Stakeholder<br>Meeting  | 2) Action Planning<br>Meeting   | 3) Small Test of Change Design   | 4) Progress Check<br>Meeting  |
|--------|--|---|--|---|
| AGENDA | <ul> <li>Brief Intros</li> <li>Overview of<br/>Purpose: Share<br/>data, safety<br/>reports, etc.</li> <li>Identify specific<br/>Gaps/Root<br/>Causes</li> <li>Determine "Just<br/>do its"</li> <li>Set Action Items</li> </ul> | <ul> <li>Introduce anyone new</li> <li>Round robin report out</li> <li>Two lists: Low Hanging Fruit, Tests of Change</li> <li>Identify invitees to change planning</li> <li>Set Action Items</li> </ul> | <ul> <li>Introduce anyone new</li> <li>Confirm what change(s) will be tested</li> <li>Design testing phases</li> <li>Confirm Action Items &amp; assignments</li> </ul> | <ul> <li>Overview of planned tests</li> <li>Report from testers</li> <li>Consensus decision: continue testing, move to implementation, convene leaders?</li> <li>Confirm assignments</li> </ul> |
| TASKS  | <ol> <li>Confirm gaps         w/others</li> <li>Gather input on         OFI's</li> <li>Assess         readiness to         change</li> </ol>   | <ol> <li>Draft A3 or<br/>PDSA</li> <li>Discuss planning<br/>ideas with others</li> <li>Identify testing<br/>volunteers</li> </ol>   | <ol> <li>Engage those testing changes</li> <li>Use frequent informal feedback</li> <li>Grow the testing pool</li> </ol>  | <ol> <li>Continue testing or discuss incorporating the change into existing infrastructure</li> <li>Discuss barriers</li> </ol>   |

Critical step



|        | 1) Stakeholder<br>Meeting  | 2) Action Planning<br>Meeting   | 3) Small Test of Change Design   | 4) Progress Check<br>Meeting  | 5) Implementation Planning  |
|--------|--|---|--|---|---|
| AGENDA | <ul> <li>Brief Intros</li> <li>Overview of<br/>Purpose: Share<br/>data, safety<br/>reports, etc.</li> <li>Identify specific<br/>Gaps/Root<br/>Causes</li> <li>Determine "Just<br/>do its"</li> <li>Set Action Items</li> </ul> | <ul> <li>Introduce anyone new</li> <li>Round robin report out</li> <li>Two lists: Low Hanging Fruit, Tests of Change</li> <li>Identify invitees to change planning</li> <li>Set Action Items</li> </ul> | <ul> <li>Introduce anyone new</li> <li>Confirm what change(s) will be tested</li> <li>Design testing phases</li> <li>Confirm Action Items &amp; assignments</li> </ul> | <ul> <li>Overview of planned tests</li> <li>Report from testers</li> <li>Consensus decision: continue testing, move to implementation, convene leaders?</li> <li>Confirm assignments</li> </ul> | <ul> <li>Introduce anyone new</li> <li>Discuss implementation steps: measurement, audit, oversight</li> <li>Assign accountabilities</li> <li>Confirm assignments</li> </ul> |
| TASKS  | <ol> <li>Confirm gaps         w/others</li> <li>Gather input on         OFI's</li> <li>Assess         readiness to         change</li> </ol>   | <ol> <li>Draft A3 or<br/>PDSA</li> <li>Discuss planning<br/>ideas with others</li> <li>Identify testing<br/>volunteers</li> </ol>   | <ol> <li>Engage those testing changes</li> <li>Use frequent informal feedback</li> <li>Grow the testing pool</li> </ol>  | <ol> <li>Continue testing or discuss incorporating the change into existing infrastructure</li> <li>Discuss barriers</li> </ol>   | <ol> <li>Carry out implementation tasks according to plan</li> <li>Share the work with others</li> </ol>  |

Plan to sustain



|        | 1) Stakeholder<br>Meeting  | 2) Action Planning Meeting  | 3) Small Test of Change Design   | 4) Progress Check<br>Meeting  | 5) Implementation Planning  | 6) Implementation Follow-up  |
|--------|--|---|--|---|---|--|
| AGENDA | <ul> <li>Brief Intros</li> <li>Overview of<br/>Purpose: Share<br/>data, safety<br/>reports, etc.</li> <li>Identify specific<br/>Gaps/Root<br/>Causes</li> <li>Determine "Just<br/>do its"</li> <li>Set Action Items</li> </ul> | <ul> <li>Introduce anyone new</li> <li>Round robin report out</li> <li>Two lists: Low Hanging Fruit, Tests of Change</li> <li>Identify invitees to change planning</li> <li>Set Action Items</li> </ul> | <ul> <li>Introduce anyone new</li> <li>Confirm what change(s) will be tested</li> <li>Design testing phases</li> <li>Confirm Action Items &amp; assignments</li> </ul> | <ul> <li>Overview of planned tests</li> <li>Report from testers</li> <li>Consensus decision: continue testing, move to implementation, convene leaders?</li> <li>Confirm assignments</li> </ul> | <ul> <li>Introduce anyone new</li> <li>Discuss implementation steps: measurement, audit, oversight</li> <li>Assign accountabilities</li> <li>Confirm assignments</li> </ul> | <ul> <li>Introduce anyone new</li> <li>Report out on Implementation tasks</li> <li>Develop plan to close gaps</li> <li>Confirm ownership and assign tasks</li> </ul> |
| TASKS  | <ol> <li>Confirm gaps         w/others</li> <li>Gather input on         OFI's</li> <li>Assess         readiness to         change</li> </ol>   | <ol> <li>Draft A3 or<br/>PDSA</li> <li>Discuss planning<br/>ideas with others</li> <li>Identify testing<br/>volunteers</li> </ol>   | <ol> <li>Engage those testing changes</li> <li>Use frequent informal feedback</li> <li>Grow the testing pool</li> </ol>  | <ol> <li>Continue testing or discuss incorporating the change into existing infrastructure</li> <li>Discuss barriers</li> </ol>   | <ol> <li>Carry out implementation tasks according to plan</li> <li>Share the work with others</li> </ol>  | <ol> <li>Accountable owners monitor outcomes</li> <li>Identify timeframe to revisit – annually?</li> </ol>   |



### **Key Tools**

- 1. Six Meetings or Less Implementation Guide w/ Checklists shared with you
- 2. Use an Outcome-based Agenda Format shared with you
- 3. Use an A3 to document the work
- 4. Root Cause Analysis Tool: Cause & Effect, 5 Whys, etc.
- 5. Small Test of Change Design/Planning Tool shared with you
- 6. Manage change tolerance: "Engage the engaged"

### Six Meetings or Less Implementation Guide

How to Improve Anything in 6 Meetings or Less Stephanie Sobczak, MS, MBA ESTABLISHING THE MEETING SERIES To begin, two elements must be known in advance: What the gaps are, and what data supports that conclusion Whom the key stakeholders are, and their commitment to support desired outcomes Establish Two Key Roles Before the meetings can be put on calendars, it is vital to assign two key roles: Senior Leader - This person should have decision-making authority in the organization and is able to commit to working with the meeting Facilitator and other key stakeholders in an oversight capacity. They are involved to champion the importance of the effort, to support the Facilitator, to witness key discussions and to assist in the problem solving and removing barriers as needed by the team. The title of this person isn't important as long as they can meet these requirements. Meeting Facilitator - This person should be somewhat familiar with the topic, have the time and ability to organize the meetings, and be committed to serving the team. They may or may not have a managerial role in the organization. They must have the support of the clinical or operational managers of functions impacted by change resulting from this effort. Schedule the Meetings Precious time is lost when putting a meeting on calendars is delayed by lack of availability, space, or a advance. > The time between meetings is variable and depends on the complexity and scope of the issue. > The more quickly the group can work through major steps and complete the work between meetings, the more efficient the process The emphasis is on completion of work <u>between</u> meetings. **Example Meeting Structure** Schedule all 6 meetings in advance – avoid rescheduling

56 calendar days, 40 business days

The length of time between meetings should vary to allow for task completion

| How to Improve Anything in 6 Meetings or Less  | Stephanie Sobczak, MS, MBA |
|--|----------------------------|
| MEETING 1 – STAKEHOLDERS MEETING   |                            |
| Meeting Date:  |                            |
| Meeting Time:  |                            |
| Meeting Location:  | ☐ In person ☐ Virtual      |
| Facilitators Pre-Meeting Task List 1   |                            |
| Identify who will be impacted by the change Invite them to a 1-hour meeting Provide any evidence, data, or background material Send the agenda   | in advance                 |
| Senior Leader Checklist for Meeting 1  Attend this meeting and listen to the discussion Ensure the team has identified any barriers to succes Reinforce the importance of closing the gaps and acl       |                            |
| Meeting 1 – Stakeholder Meeting – Agenda Components  |                            |
| > Brief introductions (if needed) and review agenda  |                            |
| <ul> <li>Review purpose of the meeting</li> </ul>  |                            |
| Identify gaps in practices – use an existing checklist/s   | assessment, or brainstorm  |
| > Determine any issues that cannot be easily resolved  | "Why aren't we doing?"     |
| > Set Action Items, Owners and Dates for follow-up   |                            |
| Stakeholder Action Items from Meeting 1  |                            |
| <ul> <li>□ Discuss gaps in practice with other stakeholders – ev</li> <li>□ Get feedback about barriers or opportunities for imp</li> <li>□ Determine readiness for change through dialogue w</li> </ul> | provement                  |
|  |                            |

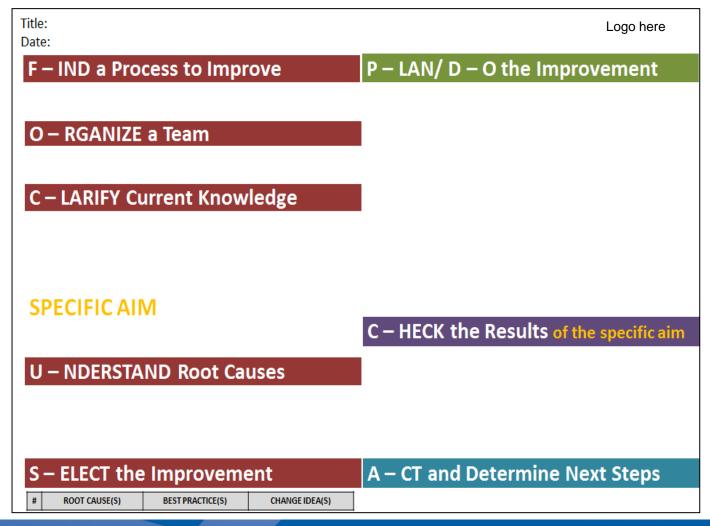


### Use Outcome Based Agendas

**OUTCOME:** Why the topic Check for a variety is on the agenda AND of participants as What is needed as a result leads AGENDA TOPICS Note start time Start Time Topic (Lead) Outcome **Process** Notes and how much 1. Welcome duals introduce themselves 11:00 am Introduce our guest (5 min) (Jane) time will be used. and robin, including role **PROCESS: Describe How the** Action item owners will report 2. Action Item Record current statuse 11:05 pm topic will be approached to (10 min) Review (Kerri) action items. out as called. achieve the outcome AND let Record changed statuses. people know what they will be asked to do in the 11:15 am 3. Prioritize Identify major concerns 1.List findings meeting. (20 min) Items from from the assessment 2. All dot vote on top 5 concerns Gap Analysis 3. Vote on final list **TOPIC:** (Tanisha) **Ensure detail** Start drafting a process flow Identify major steps 11:35 am 4. Draft Referral is included -(30 min) diagram Add in minor steps under each Process enough so all (Mary) understand Understand the needs of IT Brian will ask questions of the 12:05 pm 5. Questions (15 min) from IT (Brian) group. Record answers. for the project 6. Assign Action Ask for any new action Record action item and owner: 12:20 pm (10 min) items discussed today Items (Jane) record target date Ensure there is a clear Adjourn Reminder to review action 12:30 pm owner for each Action items after the meeting **Item assignment** 



# Documenting Progress – A3



This can be any similar tool; any format



## Case Study

#### Care coordination issue with external facility

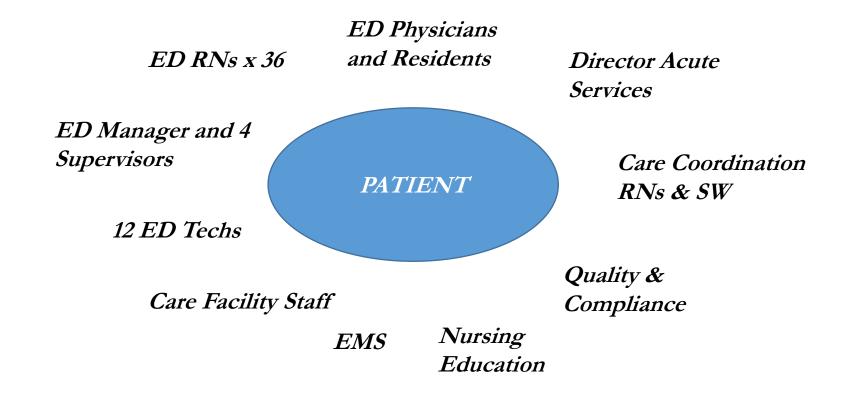
There were problems with hand-offs between a residential care facility for persons with intellectual disability, EMS and hospital ED.

- These patients were typically non-communicative
- Caregiver presence and knowledge about the patient varied
- Near miss safety events were documented x 2 in one month
- A "Blue Folder" one-page intake form, brought with the patient, is used with area skilled nursing facilities
- A "Red Folder" might be a solution, but the team discovers the "Blue folder" compliance has declined after implementation

The team is exploring options for closing these gaps.



## Key Stakeholders



A visual depiction of all stakeholders can be helpful



## Meeting #1

Date: August 9

Time: 8:00 AM – 9:00 AM Location: RM 2512

Meeting Leaders: Kelly Karter Recorder: Stephanie Sobczak

#### **Next Meeting Information**

Date: August 13 Time: 8:00 AM Location: RM 2512

#### ATTENDANCE

| NAME             | DEPARTMENT/ROLE                       | Present? | NAME              | DEPARTMENT/ROLE     | Present? |
|------------------|---------------------------------------|----------|-------------------|---------------------|----------|
| Kelly Karter     | Coordinated Care/Improvement Champion | Υ        | Stephanie Sobczak | Project Manager     | Y        |
| Sam Simon        | Emergency Department/Nurse Manager    | Y        | Tenisha Thomas    | Coordinated Care/CM | Y        |
| Joanna Jenkins   | Nursing Education Specialist          | Y        | Lee Leverage      | Coordinated Care/CM | N        |
| Michele Marshall | Inpatient & ED/ Director              | Υ        | Quint Quincy      | Coordinated Care/SW | Y        |
| Rebecca Right    | Emergency Department/RN               | Υ        | Guest:            |                     |          |

#### SUMMARY OF DISCUSSION

| Start Time          | Topic (Lead)                                   | Outcome   | Process  | Notes   |
|---------------------|--|---|--|---|
| 8:00 am<br>(5 min)  | Welcome to the Stakeholder     Meeting (Kelly) | Learn who is part of this<br>team                                       | Introduce yourself     Summer vacation stories?                        |   |
| 8:05 am<br>(10 min) | Introduction to the Issue     (Kelly)          | Understand the issue and<br>the impact                                  | Brief presentation     Share problem statement                         |   |
| 8:15 am<br>(15 min) | Review of Known Data (Sam,<br>Joanna)          | What is the current state?  | Share Data     Dlagram current process as     a swim lane flow diagram | Reviewed Data Handouts. Tanisha to provide draft description of current process.  |
| 8:30 am<br>(20 min) | 4. Discuss Gaps (Kelly and All)                | Identify possible causes  | Build Cause & Effect     Diagram     Confirm root causes               | Possible Gaps includes: documentation, lack of<br>paperwork/information provided from facility at<br>time of admission, how are statistics gathered |
| 8:50 am<br>(10 min) | Document/Assign Action Items     (Stephanie)   | Identify what we need to<br>know or complete before the<br>next meeting | Action item owners report out and state target dates                   | See Below   |

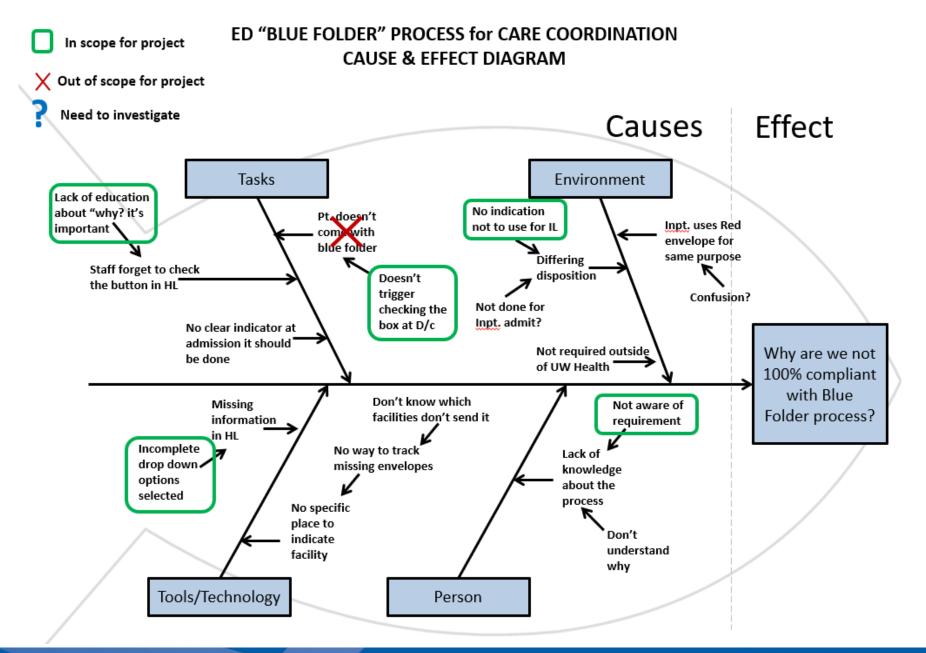
#### ACTION ITEMS

| • | CHONTENS   |                     |             |        |
|---|--|---------------------|-------------|--------|
|   | ПЕМ  | OWNER               | TARGET DATE | STATUS |
|   | Request more information about data and how it is collected; send answer via e-mail    | Sam                 | 8/11        | NEW    |
|   | Request more information about process of information coming from facilities           | Quint               | 8/13        | NEW    |
|   | Create list of Residential Facility contacts – primary and weekend/off hours           | Kelly/SW Student    | 8/18        | NEW    |
|   | Whiteboard with ED staff to confirm root causes and identify any other possible causes | Rebecca             | 8/13        | NEW    |
|   | Shadow at least 2 ED staff to learn observe current process                            | Tanisha, Lee, Quint | 8/13        | NEW    |
|   | Draft Cause & Effect diagram in standard format  | Tanisha             | 8/13        | NFW    |

#### SUPER IMPORTANT



Work Product from Meeting #1





#### CARE COORDINATION – ACTION PLANNING - MEETING 2 AGENDA and MEETING SUMMARY

## Meeting #2

4 days later

Date: August 13<sup>th</sup> Time: 8:00 AM to 9 AM Location: RM 2512

Meeting Leaders: Kelly Karter Recorder: Stephanie Sobczak

#### **Next Meeting Information**

Date: August 8 Time: 1 PM to 2PM Location: RM 2512

#### ATTENDANCE

| NAME             | DEPARTMENT/ROLE                       | Present? | NAME              | DEPARTMENT/ROLE     | Present? |
|------------------|---------------------------------------|----------|-------------------|---------------------|----------|
| Kelly Karter     | Coordinated Care/Improvement Champion | Υ        | Stephanie Sobczak | Project Manager     | Υ        |
| Sam Simon        | Emergency Department/Nurse Manager    | Y        | Tenisha Thomas    | Coordinated Care/CM | Y        |
| Joanna Jenkins   | Nursing Education Specialist          | Vac.     | Lee Leverage      | Coordinated Care/CM | Y        |
| Michele Marshall | Inpatient & ED/ Director (optional)   | N        | Quint Quincy      | Coordinated Care/SW | Υ        |
| Rebecca Right    | Emergency Department/RN               | Υ        | Guest:            |                     |          |

#### **ENGLY OF DISCUSSION**

| Start<br>Time       | Topic (Lead)                                       | Outcome  | Process   | Notes |
|---------------------|--|--|---|-------|
| 8:00 am<br>(5 min)  | Welcome to the Action     Planning Meeting (Kelly) | Clarify purpose of today's meeting                                 | Review Agenda     Invite questions  |       |
| 8:05 am<br>(10 min) | Confirm Root Issues     Identified (Tanisha)       | Complete Cause & Effect<br>Diagram                                 | Review Cause & Effect     Cross out what can't be changed     Identify what can be impacted                                       |       |
| 8:15 am<br>(15 min) | 3. Review of Data (Sam)                            | Understand what the data is telling us about                       | Come to agreement on conclusions     Document gaps or questions   |       |
| 8:30 am<br>(20 min) | 4. Discuss Gaps (Kelly)                            | Learn of potential issues<br>that could impede<br>progress         | <ol> <li>Record Gaps</li> <li>Prioritize         <ul> <li>Low Hanging Fruit</li> <li>Small Tests of Change</li> </ul> </li> </ol> |       |
| 8:50 am<br>(10 min) | Document/Assign Action     Items (Stephanie)       | Identify what we need to<br>know, or do before the<br>next meeting | Action itemowners report out and state target dates   |       |

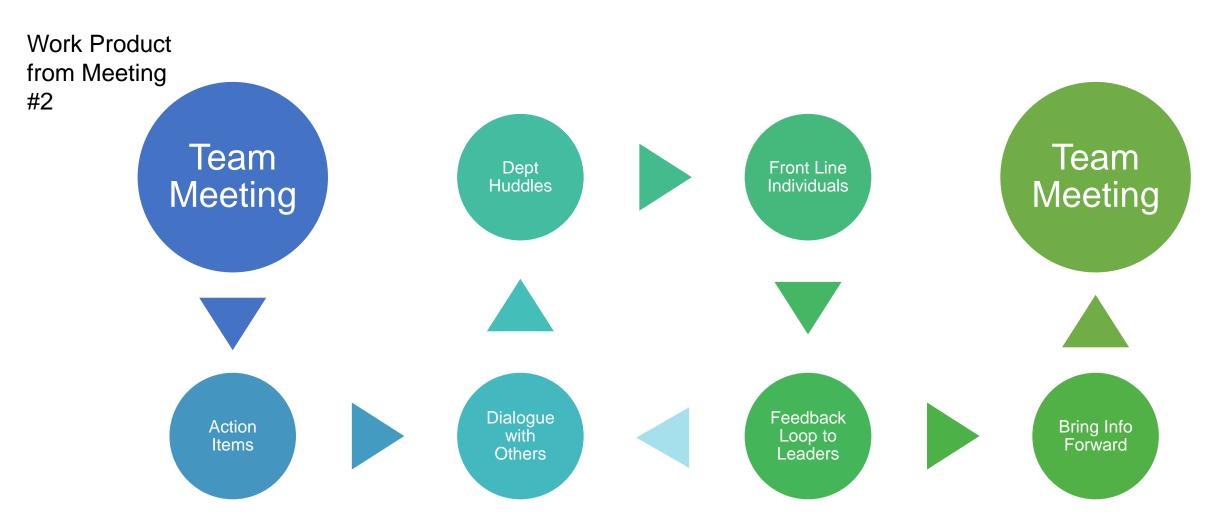
### Completed action items come off the list

#### ACTION ITEMS

| ITEM  | OWNER | TARGET DATE | STATUS     |
|---|-------|-------------|------------|
| Share gaps with ED and Coordinated Care staff in Huddles                  | Kelly | 8/18        | NEW        |
| Request information from Facilities                                       | Quint | 8/18        | In process |
| Can we hard code the Coordinated Care drop down in EMR – questions for IT | Lee   | 9/11        | NEW        |



## Information Flow between Meetings





## Meeting #3

5 days later

Date: August 18 Time: 8:00 AM to 9 AM Location: RM 2512

Meeting Leaders: Kelly Karter Recorder: Stephanie Sobczak

#### ATTENDANCE

#### **Next Meeting Information**

Date: August 25

Time: 9:30 AM to 10:30 AM

Location: RM 1009

| NAME             | DEPARTMENT/ROLE                     | Present? | NAME                | DEPARTMENT/ROLE     | Present? |
|------------------|-------------------------------------|----------|---------------------|---------------------|----------|
| Kelly Karter     | Coordinated Care                    | Y        | Stephanie Sobczak   | Project Manager     | Υ        |
| Sam Simon        | Emergency Department/Nurse Manager  | Y        | Tenisha Thomas      | Coordinated Care/CM | Y        |
| Michele Marshall | Inpatient & ED/ Director (optional) | N        | Quint Quincy        | Coordinated Care/SW | Υ        |
| Rebecca Right    | Emergency Department/RN             | Y        |                     |                     |          |
| Guest: Marc Cain | ED Supervisor                       | Y        | Guest: Julie Kromer | ED Supervisor       | Υ        |

#### **∃** SUMMARY OF DISCUSSION

| Start Time          | Topic (Lead)   | Outcome  | Process  | Notes                         |
|---------------------|--|--|--|-------------------------------|
| 1:00 pm             | 1. Welcome to the Small Test                               | Clarify purpose of today's   | Review Agenda  |                               |
| (5 min)             | Design Meeting (Kelly)                                     | meeting  | Invite questions   |                               |
| 1:05 pm<br>(5 min)  | <ol><li>Brief Review of Action<br/>Items (Kelly)</li></ol> | Update reflecting work<br>completed                                | Owners report on changed statuses  | Can hard code dropdown in EMR |
| 1:10 pm<br>(10 min) | Confirm Process changes to test (Sam)                      | Come to agreement on<br>what changes may impact<br>the problem     | Discuss understanding of test scope     Check for consensus agreement  |                               |
| 1:20 pm<br>(30 min) | Complete the Small Test of Change Plan (All)               | Documented what, who,<br>and when with target<br>dates             | Determine what will be tested     Determine who is involved     Determine when and how the test will     occur |                               |
| 1:50 pm             | 5. Document/Assign Action<br>Items (Stephanie)             | Identify what we need to<br>know, or do before the<br>next meeting | Action itemowners report out and state target dates  |                               |

#### **ACTION ITEMS**

| ITEM  | OWNER        | TARGET DATE | STATUS |
|---|--------------|-------------|--------|
| Coach staff according to Small Tests of Change plan document; post results in real time; share at huddles | Marc & Julie | 8/25        | NEW    |
| Draft A3 document; share via e-mail   | Quint        | 8/23        | NEW    |



## Work Product from Meeting #3

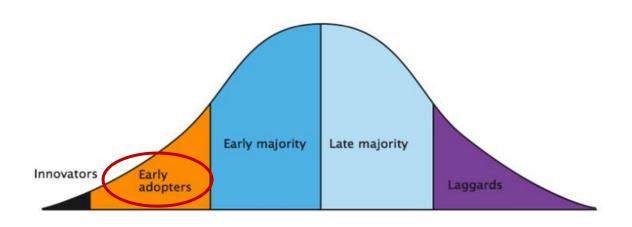
#### DESIGN PLAN FOR SMALL TESTS OF CHANGE Initiative: Improve intake information from residential care Intervention: Test shared intake form Smallest Unit of Change: 1 patient, 1 RN Scope: RN with transfer from residential care Total # of Staff Impacted: 36 RNs in ED Planned Testing Timeframe: 4 Weeks: August 20 – September 25 Est. # of Staff in Testing: 12 RNs in ED Test Plan Lesson(s) Learned **Test Description Testers** Decision Adaptation Adapt Conduct two phone tests by contacting 2 night RNs to do phone Julie K Adopt care facility and asking for intake form contact test of process Marc C by e-mail - check for completeness either Mon or Tues Abandon Adapt Night RNs Wed - Sat Confirm red folders are in hand; next 3 Julie K, Marc C, Adopt night admissions to "Red Folder" should receive Red Folder Jon F, Keisha M Abandon intake form. Notify night staff in intake with admissions huddle. Adapt Implement on Days including PMs, Tues - Friday - any ED Keisha M. Sue P. Adopt next admissions to receive Red Folder: admission form care facility: Marlys Z, Joe J, Jack B Abandon document SBAR with information all shifts Adapt 4 Adopt Abandon Adapt 5 Adopt Abandon Adapt 6 Adopt Abandon

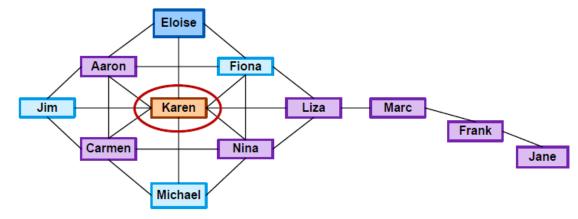


## Engage the Engaged!

Identify the early adopters

Leverage the social network





Understanding this is important for successful change adoption



#### CARE COORDINATION – PROGRESS CHECK - MEETING 4 AGENDA and MEETING SUMMARY

## Meeting #4

7 days later

Date: August 25

Time: 1:00 PM to 2:00 PM Location: Room 1007 Conference Line:

Meeting Leaders: Kelly Karter Recorder: Stephanie Sobczak

#### **Next Meeting Information**

Date: September 12 Time: 8:00 AM to 9:00 AM

Location: RM 1500

#### ATTENDANCE

| NAME             | DEPARTMENT/ROLE                       | Present? | NAME              | DEPARTMENT/ROLE     | Present? |
|------------------|---------------------------------------|----------|-------------------|---------------------|----------|
| Kelly Karter     | Coordinated Care/Improvement Champion | Υ        | Stephanie Sobczak | Project Manager     | Υ        |
| Sam Simon        | Emergency Department/Nurse Manager    | Y        | Tenisha Thomas    | Coordinated Care/CM | Y        |
| Michele Marshall | Inpatient & ED/ Director (optional)   | N        | Quint Quincy      | Coordinated Care/SW | Υ        |
| Rebecca Right    | Emergency Department/RN               | Y        |                   |                     |          |
| Marc Cain        | ED Supervisor                         |          | Julie Kromer      | ED Supervisor       |          |

#### SUMMARY OF DISCUSSION

| Start Time | Topic (Lead)                  | Outcome                    | Process                                  | Notes |
|------------|-------------------------------|----------------------------|--|-------|
| 1:00 pm    | 1. Welcome to the Progress    | Clarify purpose of today's | Review Agenda                            |       |
| (5 min)    | Check Meeting (Kelly)         | meeting                    | Invite Questions                         |       |
| 1:05 pm    | 2. Quick Review of Action     | Update reflecting work     | Owners report on changed                 |       |
| (10min)    | Items (Kelly)                 | completed                  | statuses                                 |       |
| 1:15 pm    | 3. Report out on Test Cycles  | Understand learnings       | <ol> <li>Presentation</li> </ol>         |       |
| (20 min)   | (Marc & Julie                 | from test cycles           | 2. Q&A                                   |       |
| 1:35 pm    | 4 Deside on next stone (AII)  | Reach consensus on         | <ol> <li>Revise Small Test of</li> </ol> |       |
| (15 min)   | 4. Decide on next steps (All) | Adapt, Adopt or Abandon    | Change Plan accordingly                  |       |
| 1,50 pm    | E Dogument/Assign Action      | Identify what we need to   | Action item owners report out            |       |
| 1:50 pm    | 5. Document/Assign Action     | know, or do before the     | Action item owners report out            |       |
| (5 min)    | Items (Stephanie)             | next meeting               | and state target dates                   |       |

#### ACTION ITEMS

| ITEM  | OWNER        | TARGET DATE | STATUS     |
|---|--------------|-------------|------------|
| Continue with test cycles according to plan | Marc & Julie | 9/12        | In process |
| Update A3                                   | Rebecca      | 9/12        | Ongoing    |
| Submit change request to IT                 | Kelly        | 9/12        | NEW        |



## Work Product from Meeting #4

# Initiative: Improve intake information from residential care Intervention: Test shared intake form Smallest Unit of Change: 1 patient, 1 RN Scope: RN with transfer from residential care Planned Testing Timeframe: 4 Weeks: August 20 – September 25 Intervention: Test shared intake form Total # of Staff Impacted: 36 RNs in ED Est. # of Staff in Testing: 12 RNs in ED

|   | Test Description  | Test Plan  | Testers   | Lesson(s) Learned  | Decision            | Adaptation   |
|---|---|--|---|--|---------------------|--|
| 1 | Conduct two phone tests by contacting care facility and asking for intake form by e-mail – check for completeness                 | 2 night RNs to do phone<br>contact test of process<br>either Mon or Tues   | Julie K<br>Marc C   | Process <u>worked</u> , facility RN liked the form; easy to use. Need more in contact section            | Adapt Adopt Abandon | Make change to contact person section  |
| 2 | Confirm red folders are in hand; next <u>3</u> <u>night</u> admissions to "Red Folder" intake form. Notify night staff in huddle. | Night RNs Wed – Sat<br>should receive Red Folder<br>intake with admissions | Julie K, Marc C,<br>Jon F, Keisha M                           | 3 admissions, two had completed form. 1 missing – was a Saturday admission.                              | Adapt Adopt Abandon | Conf call with facility to<br>discuss training materials<br>they may need to cover all<br>shifts |
| 3 | Implement on Days including PMs, next admissions to receive Red Folder; document SBAR with information                            | Tues – Friday – any ED<br>admission form care facility;<br>all shifts      | Keisha M, Sue P,<br>Marlys Z, Joe J,<br>Jack B                | 2 admissions, both had form,<br>SBAR to provider was more<br>complete. 1 form was "lost"<br>temporarily. | Adapt Adopt Abandon | Continue testing plan – involve ED Techs   |
| 4 | Continue to receive Red Folder, involve all shifts, train ED Techs to look for form   | Sun – Friday all shifts any<br>admission                                   | Joe J, Marc C,<br>Pam P, Jose A,<br>Ann R, Aimee F,<br>Alex H | 5 admissions, form present; all had complete information.  | Adapt Adopt Abandon | Proceed with developing work instructions, training and incorporate into on-boarding packet      |
| 5 |   |  |   |  | Adapt Adopt Abandon |  |



## Meeting #5

15 days later

Date: September 12 Time: 8:00 AM to 9 AM Location: RM 2512

Meeting Leaders: Kelly Karter Recorder: Stephanie Sobczak

#### ATTENDANCE

| NAME             | DEPARTMENT/ROLE                    | Present? | NAME              | DEPARTMENT/ROLE         | Present? |
|------------------|------------------------------------|----------|-------------------|-------------------------|----------|
| Kelly Karter     | Coordinated Care                   | Υ        | Rebecca Right     | Emergency Department/RN | Υ        |
| Sam Simon        | Emergency Department/Nurse Manager | Υ        | Stephanie Sobczak | Project Manager         | 000      |
| Joanna Jenkins   | Nursing Education Specialist       | Y        | Tenisha Thomas    | Coordinated Care/CM     | Y        |
| Michele Marshall | Inpatient & ED/ Director           | Υ        | Quint Quincy      | Coordinated Care/SW     | N        |
| Guest:           |                                    |          | Guest:            |                         |          |

#### SUMMARY OF DISCUSSION

| Start Time          | Topic (Lead)   | Outcome   | Process  | Notes |
|---------------------|--|---|--|-------|
| 8:00am<br>(5 min)   | Welcome to the     Implementation Planning     Meeting (Kelly) | Clarify purpose of today's meeting                              | Review Agenda<br>Invite questions  |       |
| 8:05 am             | 2. Brief Review of Action                                      | Update reflecting work  | Owners report on changed   |       |
| (10 min)            | Items (Kelly)  | completed   | statuses   |       |
| 8:15 am<br>(25 min) | Review & Draft     Implementation Checklist     (Sam)          | Have a plan for implementing the process changes                | <ol> <li>Use Checklist tool</li> <li>Discussion</li> <li>Test for Agreement</li> </ol> |       |
| 8:40 am<br>(5 min)  | Nursing Council     presentation (Joanna)                      | Determine who will present<br>implementation plan/A3            | Discussion   |       |
| 8:45 am             | 5. Document/Assign Action<br>Items (name)                      | Identify what we need to know,<br>or do before the next meeting | Action item owners report out<br>and state target dates                                |       |

#### ACTION ITEMS

| ITEM   | OWNER           | TARGET DATE | STATUS |
|--|-----------------|-------------|--------|
| Develop staff education plan; share at ED huddles for feedback | Joanna          | 9/19        |        |
| Present to Nursing Council                                     | Kelly & Tanisha | 9/21        |        |
| Train ED staff in "Red Folder" Intake process                  | Joanna          | 10/1        |        |



**Next Meeting Information** 

Date: 10/25/19

Time: 8:00 AM to 9 AM

Location: RM 2512

### Ready to Implement?

Work Product from Meeting #5

#### Implementation Checklist:

- ☐ The tested process is stable and can be documented
- ☐ Process is immune to census/staffing
- ☐ Ready to train others; plan for how
- ☐ Ensure policy, procedure, work instructions, etc. are accounted for
- ☐ Leadership supports formal adoption
- ☐ Defined accountability for sustaining results

#### CARE COORDINATION – IMPLEMENTATION FOLLOW-UP - MEETING 6 AGENDA and MEETING SUMMARY

## Meeting #6

43 days later

Date: October 25 Time: 8:00 AM to 9 AM Location: RM 1500

Meeting Leaders: Kelly Karter Recorder: Stephanie Sobczak

#### ATTENDANCE

| Next  | Meeti | ng Info | rmation |
|-------|-------|---------|---------|
| IACVE | MICCU | ng mrv  | mauvn   |

Date: TBD - in 6 months

Time:

Location: Teleconference

| NAME          | DEPARTMENT/ROLE                    | Present? | NAME              | DEPARTMENT/ROLE          | Present? |
|---------------|------------------------------------|----------|-------------------|--------------------------|----------|
| Kelly Karter  | Coordinated Care                   | Υ        | Michele Marshall  | Inpatient & ED/ Director | Υ        |
| Sam Simon     | Emergency Department/Nurse Manager | Y        | Tenisha Thomas    | Coordinated Care RN      | Y        |
| Rebecca Right | Emergency Department RN            | Υ        | Stephanie Sobczak | Project Manager          | Y        |
| Guest:        |                                    |          | Guest:            |                          |          |

#### SUMMARY OF DISCUSSION

| Start Time          | Topic (Lead)                                    | Outcome  | Process   | Notes |
|---------------------|---|--|---|-------|
| 8:00am              | Welcome Implementation                          | Clarify purpose of today's   | Review Agenda   |       |
| (5 min)             | Follow-up Meeting (Kelly)                       | meeting  | Invite questions  |       |
| 8:05 am<br>(20 min) | Summarize post-<br>implementation data          | Document degree of<br>improvement                                  | <ol> <li>Review Data</li> <li>Review A3 documentation</li> <li>Edit, if needed</li> </ol> |       |
| 8:25 am<br>(15 min) | Identify steps needed to<br>sustain the results | Confirm owners and audit<br>steps                                  | Approve audit plan     Plan for test  |       |
| 8:40 am<br>(10 min) | Confirm process measure<br>thresholds           | Determine key metric and<br>trigger value                          | Document thresholds in A3   |       |
| 8:50 am             | 5. Document/Assign Action<br>Items (Kelly)      | Identify what we need to<br>know, or do before the<br>next meeting | Action item owners report out and state target dates                                      |       |

#### **ACTION ITEMS**

| ITEM   | OWNER     | TARGET DATE     | STATUS     |
|--|-----------|-----------------|------------|
| Test Audit Report process                            | Sam S     | 10/27           | NEW        |
| Schedule touch base teleconference in April          | Stephanie | April 1         | NEW        |
| Submit Audit reports monthly to Quality & Compliance | Sam S     | Nov. 1, ongoing | In process |



### Transition Plan

Work Product from Meeting #6

This is included as part of the Small Test of Change Design document

| Operational Transition Plan:  | Start Date:                           |                               |  |  |
|---|---------------------------------------|-------------------------------|--|--|
| Owner(s) of New Process: Emergency Department Supervisors                                   |                                       | Accountable Leader: Sam Simon |  |  |
| Process Measure(s) to Monitor: Admits from CWC w. Red Folder                                | Oversight Group:                      | ED/Acute Care Council         |  |  |
| Method of Data Collection: 10 CWC admission audit and safety Insid                          | Frequency of Data Collection: Monthly |                               |  |  |
| Value to Trigger Process Review: No Less than 80% CWC Admissions have Red Folder x 3 months |                                       |                               |  |  |



### Documented outcome

Process map

Education plan

Work instructions

Audit plan

Clear accountability

#### ED "Red Folder" for Care Coordination

DATE INITIATED: June 2020



#### F – IND a Process to Improve (Background Information, Data, Value Stream Map)

The Blue Envelop Transfer Process is already in place in the ED; however, benchmarks are not being consistently met. Current goal is 90% compliance. Since implementation in 2018, the compliance has ranged from avg of 19% to 95%. Within the past year (July 2019-June 2020), compliance ranged from 61.5% to 51%. This project aims to understand barriers and refine the process to ensure consistent improvement and compliance at 90% and greater with Blue Folders and implement a similar process with a Red Folder for CWC patients.

#### O - RGANIZE a Team (List of Team & Ad-hoc Members and Roles)

Kelly Karter, Coordinated Care & Facilitator,; Sam Simon, ED Mgr.; Michele Marshall, Inpt and ED Director; Rebecca Right, ED RN; Tanisha Thomas CC RN; Quint Quincy CC SW; Marc Cain RN, ED Supervisor; Julie Kromer RN, ED Supervisor and many ED staff.

#### C – LARIFY Current Knowledge (Process Maps, Observations, Data, Specific Aim Statement)

No current playbook exists, So mapped the current state.



#### SPECIFIC AIM

STATEMENT: We will improve the percent of completed blue envelopes as indicated from EMR data from 61.5% to 100% by Nov 2020.

#### P – LAN the Improvement (Future State Process Map)

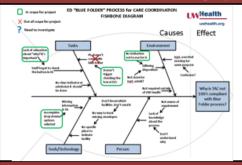
D – O the Improvement (Improvement Action Items Plan, Data Collection Plan, Forms)

| # | CHANGE IDEA(S)                               | MEASURE(S)/OUTCOME(S)   |  |  |
|---|--|---|--|--|
| 1 | Education: CBT, Weekly<br>Update, etc.       | All ED staff educated by in person<br>presentation at huddles and available CBT or<br>use of the "Red Folder" intake  |  |  |
| 2 | Modify Wording in EMR D/C for<br>SNF         | ED Navigator     Structure - distinsativity @ Discharge in-Disp: (\$100 the √ Bischardson)   Discharge Info - ED Discharge or Advisation Information   Discharge Info - ED Discharge or Advisation Information   Discharge Info - ED Discharge Info - |  |  |
| 3 | Ensure a hard stop in "Required<br>D/C Info" | FOOR  SAN'Investige  EV Wen fiv    Cort bas ste  Priest South  Cort bas  Cort bas |  |  |



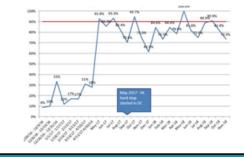


#### U - NDERSTAND Root Causes (Fishbone Diagram, 5 Whys, Affinity Diagram)



Need to re-establish accountability for Blue Folder process

#### C – HECK the Results (Run Chart, Team's End Results)



Achieved an average of 83.5%

#### S – ELECT the Improvement (Benchmarking/Best Practices – External and/or Internal)

| # | ROOT CAUSE(S)                      | CHANGE IDEA(S)                            |
|---|------------------------------------|---|
| 1 | Education Lacking – why important  | Education: CBT, Weekly Update, etc.       |
| 2 | EMR wording is unclear             | Modify Wording in EMR Admit SNF, CWC      |
| 3 | Very easy to miss checking the box | Ensure a hard stop in "Required D/C Info" |

#### A – CT and Determine Next Steps (Action Items, Lessons Learned, Sustainability Plan)

Will continue to monitor through monthly audit reports for any drop below 80%.

A drop will trigger a re-education effort. If no improvement over 3 months, the team will be reconvened

This process will be revisited twice annually



## Why does this approach work?

### **Shifting Paradigms!**

- Group membership is flexible based on need in the meeting (This isn't a club)
- Easier to recruit participants from operations for a defined length of time
- Actively discuss with others the work of the improvement team in <u>real time</u>
- Less focus on filling out the "right" document: A3 or PDSA or DMAIC and taking meeting time to do it. Pro tip: this can be done on the side
- Progress is steady so people do not lose interest
- The front-line is "in the loop" from the beginning results in less resistance later
- Crystal clear expectations for accountability and consistent leader involvement as an antidote to cultural "sludge"



### Recommendations

- Start with something lower risk and smaller in scope, conduct 2-3 projects
- Make the defined deliverables an expectation
- Works well with a 'train the trainer' model of spread
  - Front-line staff have led projects with this method
- Engage the leader
  - Keep apprised of the progress of the improvement
  - Also Highlight the "Meta" improvements that result from the method



## #1 Takeaway

# YOU WILL NEVER CHANGE ANYTHING THAT YOU ARE WILLING TO TOLERATE.

- MYLES MUNROE -



## Questions



### Special Thanks

All the dedicated Improvers at **WHealth** in Madison, WI





### **Contact Information**

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Certified Just Culture™ Champion

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