

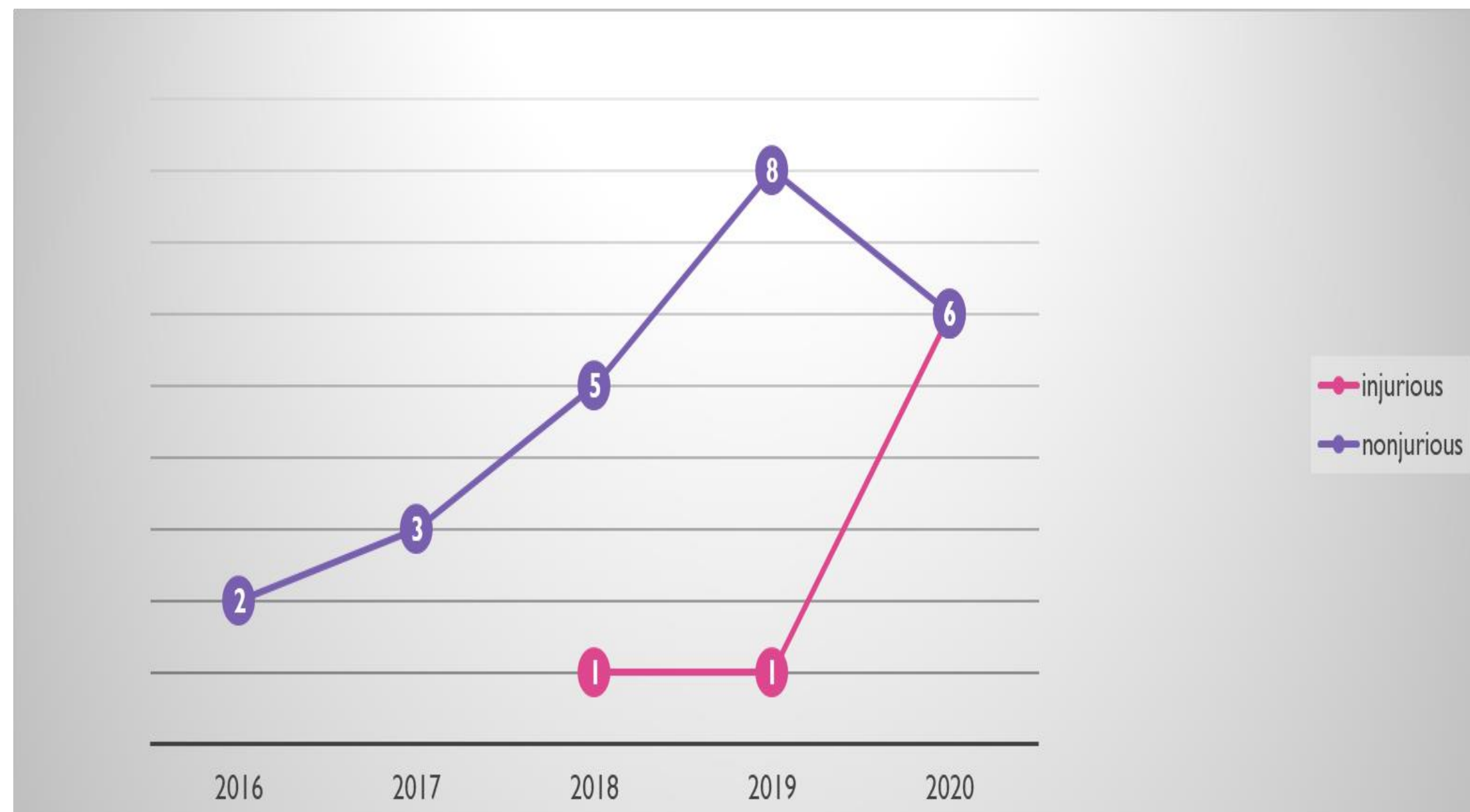
Fall Prevention Project

Thayer County Health Services Critical Access Hospital, Hebron, NE



Background

- 25- bed Critical Access Hospital
- 17 beds including Acute, Observation, Swing Bed, and OB in Rural Nebraska
- Fall Rate of 9.92 in 2020.



Aims

Thayer County Health Services will reduce the number of falls by 20% (by 3 falls) by June of 2022.

Plan

- Implement new process for high fall risk patients
- Develop tracking/trending process for reporting
- Determine which patients to initiate new process with
- Evaluate new process for potential changes
- Initiate with all patients



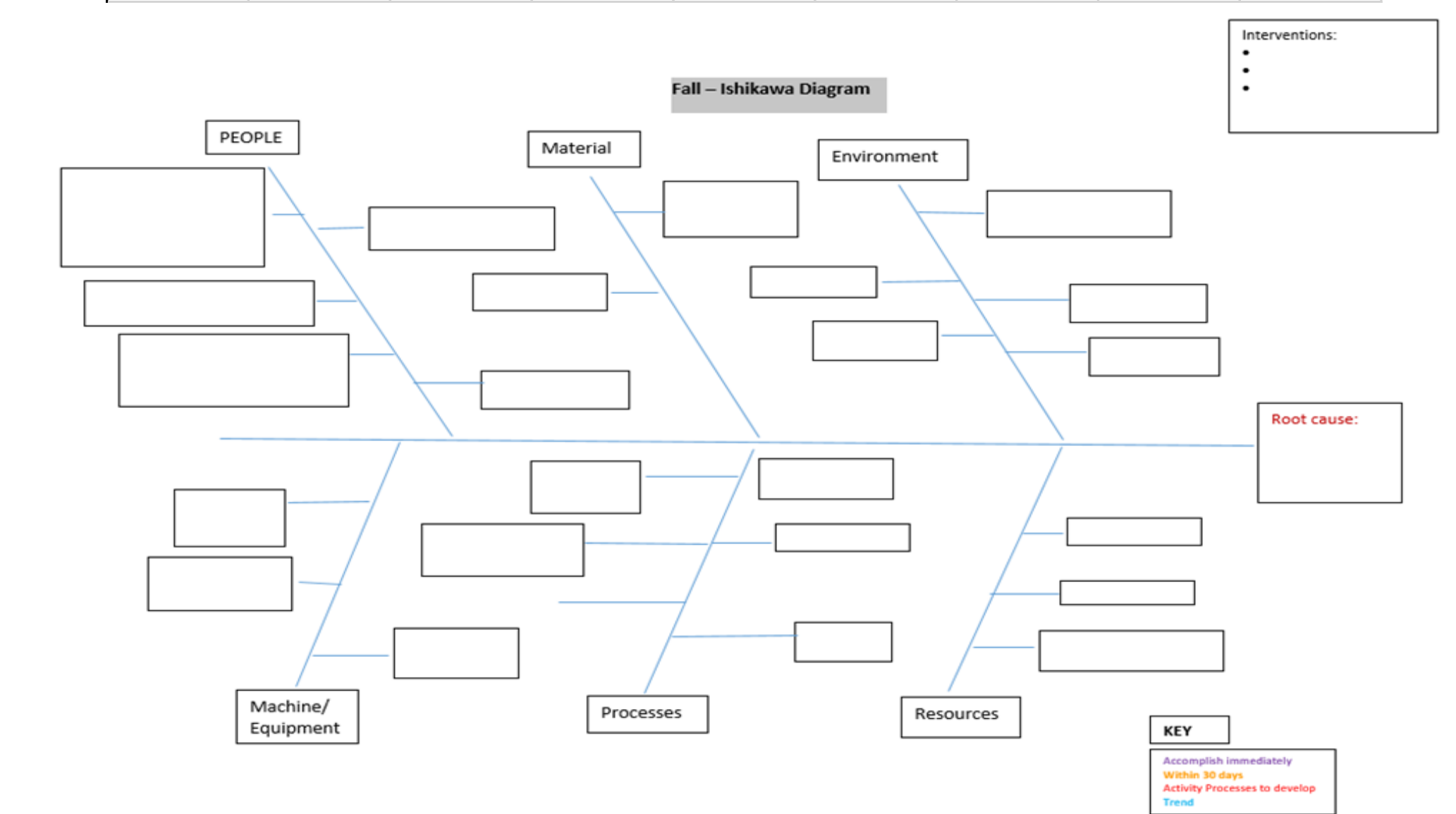
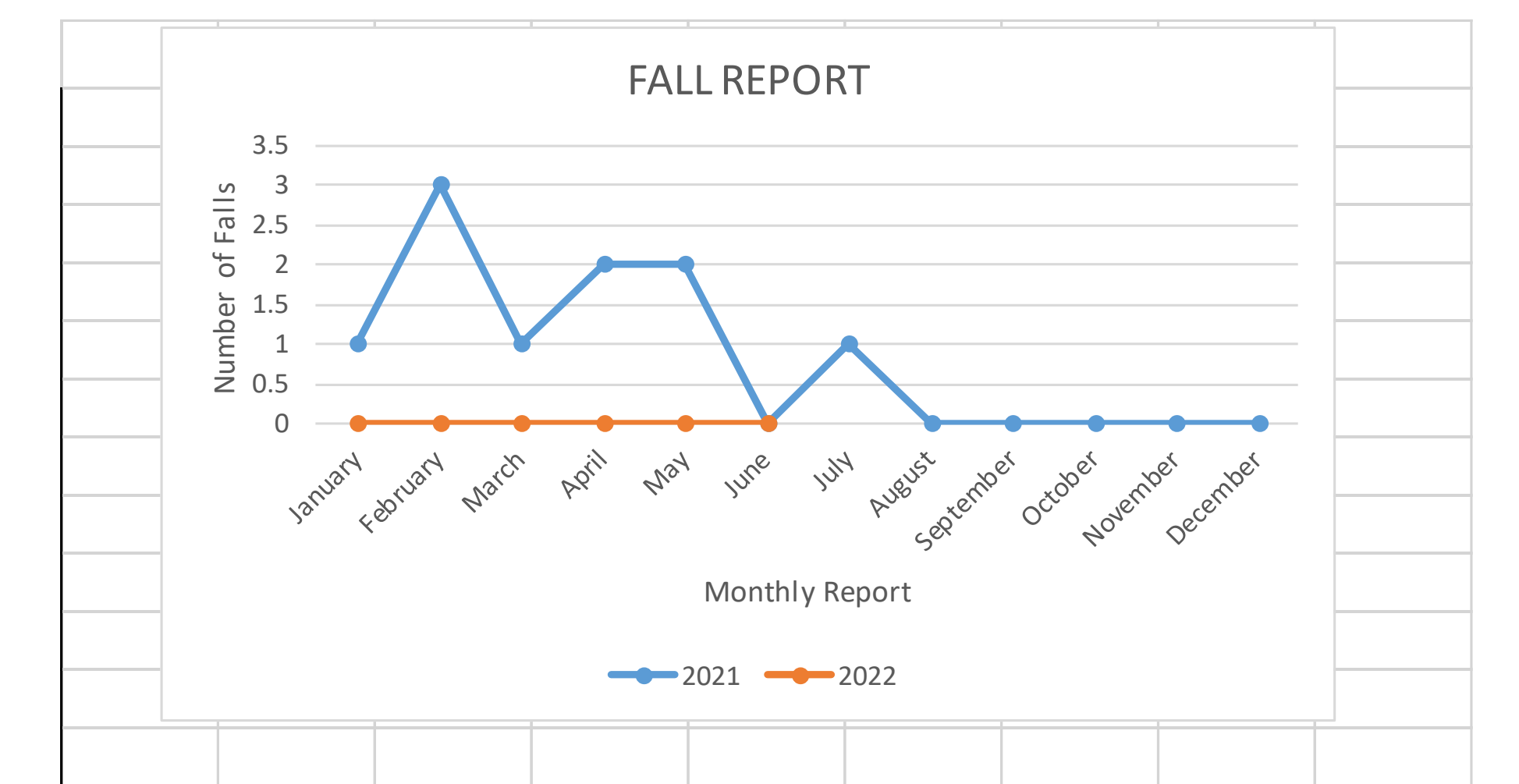
Natalie Marsh-Quality Liaison; Ranae Vorderstrasse-Nursing Supervisor; Stephanie Moody- Quality Coordinator; Joni Fischer-Social Service; Diane Vorderstrasse- Case Management; Not Pictured: Shari Fischer, Patient Family Advisory Council Member, Abby Walters-OT.

Measure

- Track number of falls including all injurious or non- injurious
- Audit weekly to ensure interventions in place

Results

- Fall Rate reduced to 1.13
- No falls for over 365 days



Next Steps

- Pharmacy rounding process
- Patient medication counseling to be initiated
- Safe mobility of High Fall Risk patients with focus on 4M framework.

Team

Quality Liaison, Nursing Supervisor, Quality Coordinator, Social Services, Therapy Representative, PFAC member