

## WORKING WITH CONFLICT

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## Conflict







What is the definition of **CONFLICT?** 

Is it all bad?

Why is resolution so important?

# Conflict



#### 4 types of employee COMPLAINTS and what I can do about it



**PRODUCTIVE** Complaining

**VENTING** 

**CHRONIC** Complaining

**MALICIOUS** Complaining



#### SILENCE is a better indicator of conflict than ARGUING



#### We're all on the same team

- Goal to persuade people
- Goal to look better
- Goal to find better solutions!

#### **Keep it about the facts**

• It's not about who cares more, who's loudest, who's got the power, or who's more articulate

Don't make it personal!

Be intellectually humble

- Listen and respect
- Be curious even bad ideas can be useful





So HOW can I fix conflict?

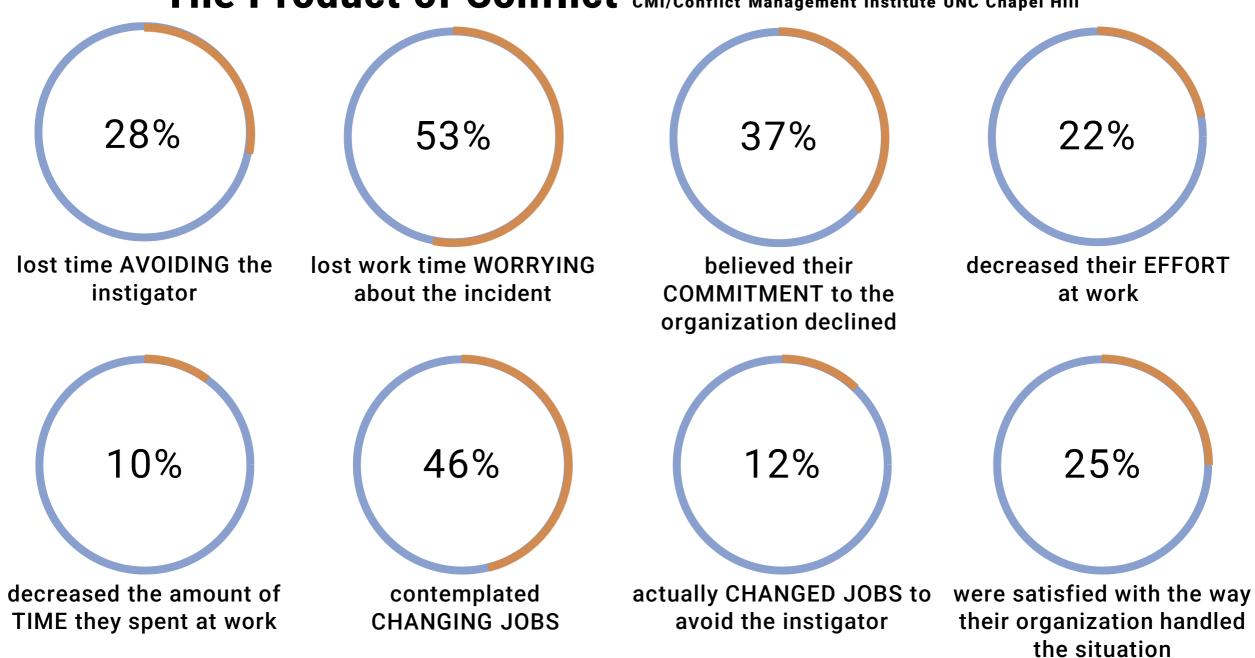
Do NOTHING. Suffer, gripe and complain.

Vote with your feet.

Change your ATTITUDE.

Change your BEHAVIOR.

#### The Product of Conflict CMI/Conflict Management Institute UNC Chapel Hill



# What are the **DRIVING FACTORS** of **CONFLICT?**

#### What are the **DRIVING FACTORS** of **CONFLICT**?

#### **ORGANIZATIONAL FACTORS**

- Organizational change
- Diverse employee groups
- Strategic and operational disagreement

#### INTERPERSONAL FACTORS

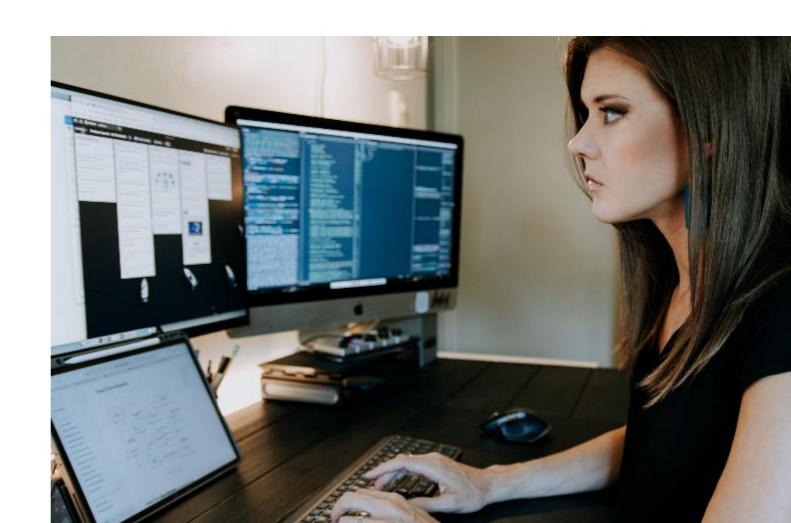
- Lack of common understanding
- Goal conflict
- Poor communication skills
- Unclear or unfamiliar expectations
- Power plays and manipulation

#### **CHANGE** and **CONFLICT**

- Conflict creates new ideas and innovative approaches for change initiatives.
- Conflict and change requires that you engage with others.
- Conflict and change enables you to see different perspectives.

It requires you to COMMUNICATE!

#### **SUBSTANTIVE CONFLICT**



#### **AFFECTIVE CONFLICT**



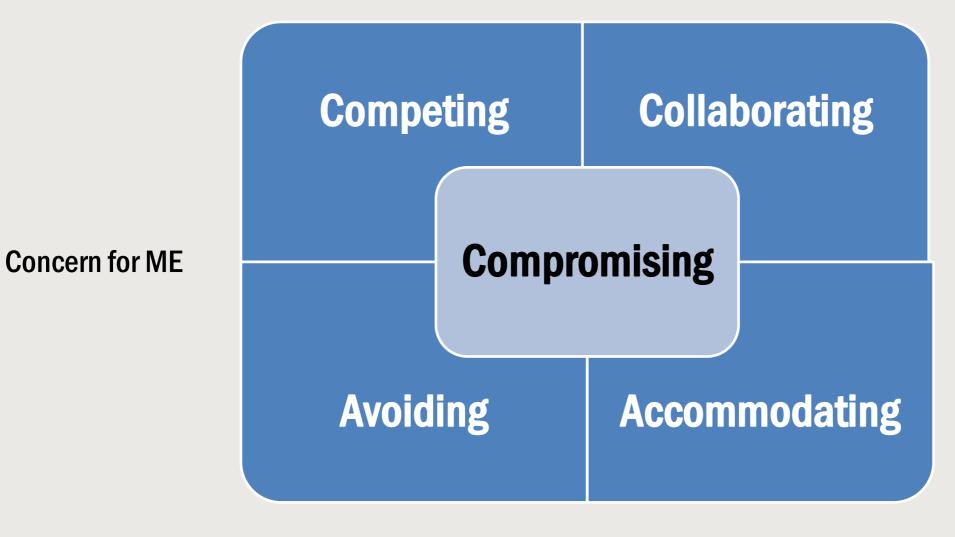


## CONFLICT Styles

- Cautious
- Seeking
- **Strong**
- Peaceful
- Calm
- Feeling
- Compromising
- Solution-Focused



#### CONFLICT MANAGEMENT STYLES



**Concern for YOU** 

#### How to **USE** conflict management styles

#### **Competing**

- In an emergency!
- When unpopular initiatives must be implemented.
- For issues essential to sustaining the business.
- To surpass parties who are satisfied with the status quo.

#### **Compromising**

- When goals are moderately important.
- When 2 opposing parties with equal power have similar goals.
- If a short-term fix is sufficient.
- To meet a high-pressure deadline and collaborating takes too long.

#### **Avoiding**

- When the problem is insignificant in respect to other problems.
- When your own concerns are almost certainly not going to be considered.
- When there are too many costs and almost zero benefits.

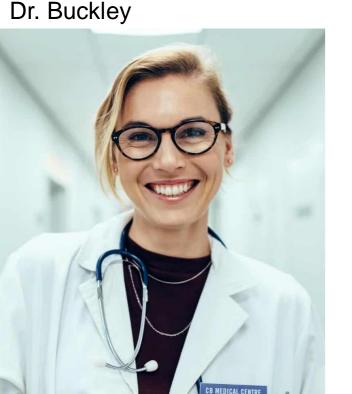
#### **Collaborating**

- When the concerns of both parties are very important.
- When the objective and the desire is to learn and gain understanding.
- When insights should be combined.
- When difficult feelings need to be worked through.

#### **Accommodating**

- When you discover you're incorrect or made a mistake.
- When the problem is significantly more important to the other party.
- If you can earn goodwill for other problems on your agenda.
- When you are safe to let the other party learn from their mistakes.

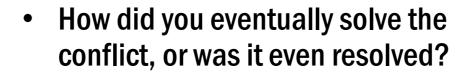




Review the role-play provided to you. Share all you want, but **DO NOT** read the other person's scenario.

# ONLY WIN-WIN SOLUTIONS WILL BE ACCEPTABLE!!!

#### It's ALL or NOTHING!



- In what ways does this exercise parallel your current work environment?
- What insights can you take back to your hospital?



Dr. Rose

#### 6 Steps to MANAGING Difficult Conversations

#### **Empathy**

This is the foundation of difficult conversations. How would you feel?

#### **Apologize**

A genuine apology will go a long way.

#### Listen

You may have heard it MULTIPLE times, but it is time to hear THEIR story.

#### **Ask Questions**

Ask any questions you have to help solve the problem with a win-win mindset.

#### Acknowledge

Validate what you are hearing them say.
Paraphrase works well.

#### **Offer Solutions**

What can you do to help them navigate this difficulty situation?

#### Sentence STEMS...

Thank you for sharing that with me, ...

I am so sorry for the delay/lack of communication/etc. I can help you by...

That is very frustrating. Here's what I can do for you...

I regret to inform you about \_\_\_\_\_. This is how we plan to reconcile it.

We appreciate your trust in us and understand this is not aligned with what we committed to you. How can we make this right?



I've noticed that your hospital has become so focused on building a happy, engaged workforce that your leaders are becoming profoundly conflict-avoidant.

You're accumulating conflict **DEBT!** 

### Is your department CONFLICT AVOIDING?

- Take it OFFLINE
- Meeting after the meeting
- Escalating priority lists
- Work-arounds
- Tolerating poor performance
- CONFLICT DEBT

Putting issues on the TABLE and working through them constructively is critical to a HEALTHY CULTURE!



At your tables, discuss how you, your department or your hospital is accumulating **CONFLICT DEBT.** 



#### **CONFLICT RESOLUTION**



Identify the problem



Look at the relationships

**Determine the costs** 



Plan an approach

Describe the behavior



State what you want

Think about those outside of the group who might be affected by the decision



If you are involved in a dispute that affects others, it's important to consider what they would prefer to see happen

Seek commitment





#### **Conflict**

Mini Case Studies







# What would YOU do?

- What would you do if 2 teammates refused to speak to each other and used you as an in-between?
- What would you do if your boss took credit for your work during a meeting?
- What would you do if you heard that a teammate was spreading a rumor that you were hoarding all the packets of Cheetos from the break room?
- What would you do.....?

# How to **LEAD** in a **CRISIS**



# HOW can leaders LEAD amidst UPHEAVAL and CHANGE ... and CONFLICT?

- 1. Be transparent.
- 2. Act with urgency.
- 3. Follow your values.
- 4. Share the power.



#### **PERFORMANCE & CONFLICT**

As a leader, what's the impact of **CONFLICT** on employee performance?

EXPECTATIONS DEFINATIONS

EXPECTATIONS DEHAVIORS

EXPECTATIONS DEHAVIORS



What's your biggest concern about **PERFORMANCE** in your department?









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