



REGISTER NOW

Physician Mental Health: Preventing Suicide & Building Resilience

Webinar #041018-IA

DATE AND TIME

April 10, 2018

10:00 - 11:00 a.m. CT

OVERVIEW

Awareness of high rates of burnout, depression and suicide in physicians and other health care professionals is leading to changes within the medical profession at all levels. Most mental health problems can be effectively managed, but real and perceived barriers such as confidentiality concerns and fear of negative ramifications on one's reputation, licensure or hospital privileging keep many physicians from addressing their mental health needs. Unattended distress has ramifications for physicians, as well as the health care industry and patient safety.

In addition to individual risk factors and stress load, institutional culture plays a critical role leading physicians to rationalize distress as part of their professional identity. There are several initiatives with demonstrated effectiveness in medical settings which can be scaled up for greatest impact: education and stigma reduction efforts, policies and procedures that treat mental health on par with physical health and efforts that promote an overarching culture of respect. Further strides can be made by addressing hospital and state licensing forms' questions related to mental health, ensuring that questions pertain to competence rather than illness or replacing questions altogether with a statement encouraging proactive actions to protect physician mental health and safe practice.

TARGET AUDIENCE

Physicians, nurses, CEOs, CNOs and COOs.

OBJECTIVES

1. Summarize the risk and protective factors of suicide in physicians.
2. Discuss the role of stigma as a barrier to seeking change and developing positive culture change.

3. Differentiate the gender differences for female and male physicians related to suicide risk.
4. Discuss individual, as well as organizational strategies to prevent suicide and burnout.

FACULTY

Dr. Christine Moutier, Chief Medical Officer
American Foundation of Suicide Prevention

Dr. Christine Moutier knows the impact of suicide firsthand. After losing colleagues to suicide, she dedicated herself to fighting this leading cause of death. Since earning her medical degree and training in psychiatry at the University of California, San Diego, Moutier has been a practicing psychiatrist, professor of psychiatry, dean in the medical school, medical director of the inpatient psychiatric unit at the VA Medical Center in La Jolla. She has been clinically active with diverse patient populations, such as veterans, Asian refugee populations, physicians and academic leaders with mental health conditions. She has presented at the White House, testified before the U.S. Congress on suicide prevention and has appeared as an expert in the *New York Times*, *Washington Post*, *Time magazine*, *The Economist*, *The Atlantic*, *BBC*, *CNN*, *NBC* and other print and television outlets.

PRICE

\$195 per connection for members.

\$390 per connection for non-members.

Note: The fee is for one phone line with unlimited participants. For example, 10 employees can participate for only \$19.50 ea!

For more
information
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