

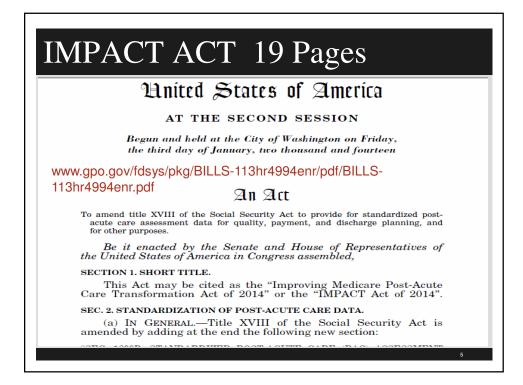


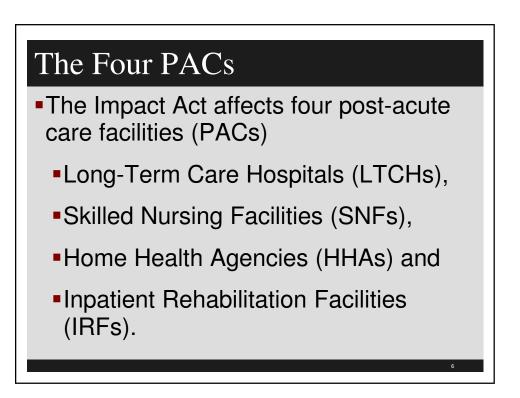


IMPACT Act

- The IMPACT Act is a federal law that has been passed which will affect all hospitals including CAHs
- A patient is scheduled for a total hip and asks which of the following post-care setting has the best outcomes and how much does it cost?
 - Discharge home with home health care, inpatient rehab, LTC hospital or the SNF advertised as a rehab center
- What do you tell the patient?
- Lack of comparable information across the different settings made it difficult for policymakers and providers to figure out the most appropriate setting

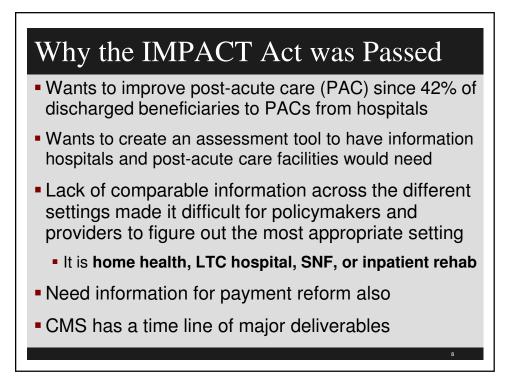
	CT Act
128 STAT. 1	952 PUBLIC LAW 113-185-OCT. 6, 2014
	Copy of law free at
WWW.CO	ngress.gov/113/plaws/publ185/PLAW-113publ185.pdf
	Public Law 113–185
	113th Congress An Act
Oct. 6, 2014 [H.R. 4994]	To amend title XVIII of the Social Security Act to provide for standardized post acute care assessment data for quality, payment, and discharge planning, and for other purposes.
Improving	Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,
Medicare Post- Acute Care	SECTION 1. SHORT TITLE.
Transformation Act of 2014. 42 USC 1305 note.	This Act may be cited as the "Improving Medicare Post-Acute Care Transformation Act of 2014" or the "IMPACT Act of 2014"
	SEC. 2. STANDARDIZATION OF POST-ACUTE CARE DATA.
	(a) IN GENERAL.—Title XVIII of the Social Security Act is amended by adding at the end the following new section:
42 USC 1395III.	"SEC. 1899B. STANDARDIZED POST-ACUTE CARE (PAC) ASSESSMENT DATA FOR QUALITY, PAYMENT, AND DISCHARGE PLAN NING.
	"(a) REQUIREMENT FOR STANDARDIZED ASSESSMENT DATA.— "(1) IN GENERAL.—The Secretary shall— "(A) require under the applicable reporting provisions
	post-acute care providers (as defined in paragraph (2)(A) to report "(i) standardized patient assessment data in
	accordance with subsection (b); "(ii) data on quality measures under subsection

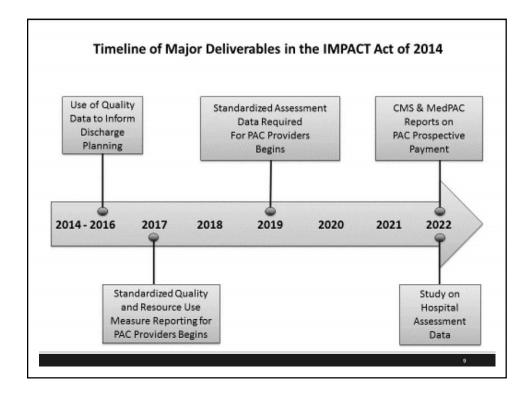


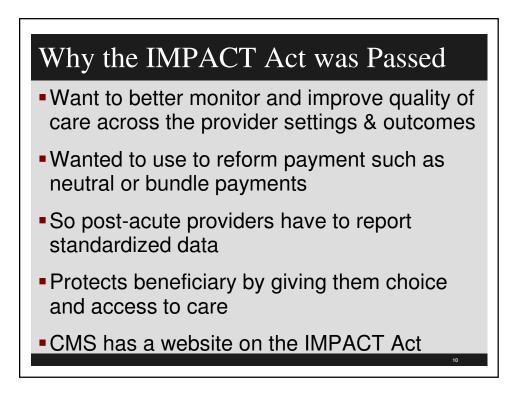


IMPACT Act

- Signed by the President on October 7, 2014
- Stands for "Improving Medicare Post-Acute Care Transformation Act of 2014"
- Wants to standardize the information collected between the **four** post-acute care providers (PACs)
 - Wants data to be interoperable so as to allow exchange of data and information between the PACs
- Want to improve quality of care across the provider settings and reduce readmissions
- Wanted to improve hospital and discharge planning

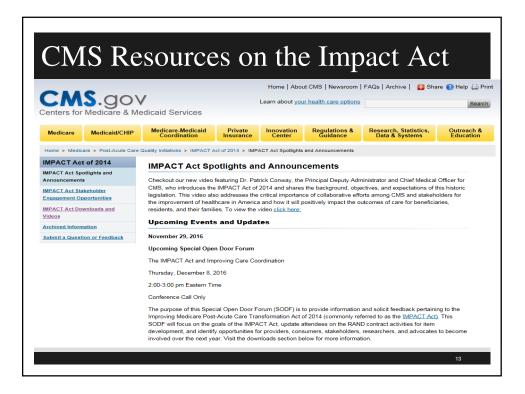


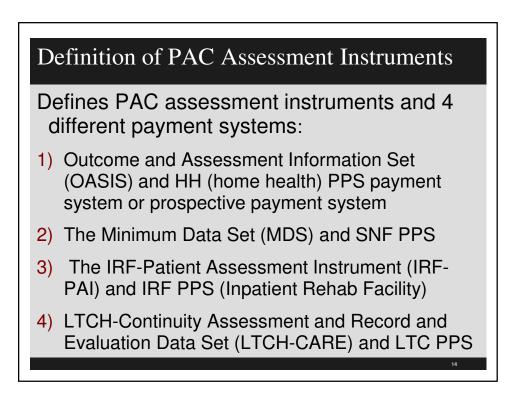






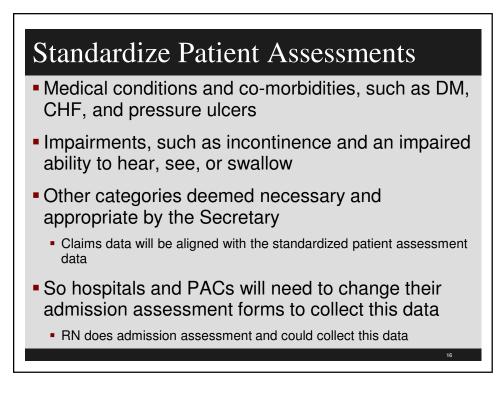
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		SODF Announcement I					
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		IMPACT Act 2nd qtr - F	AQ_Final [PDF,	<u>129KB] 🔁</u>			
		September 15 2016-CN	IS-SODF-IMPA	CT-Act 2_Final (003) [PDF, 255KB] 💏		
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- The IMPACT ACT talked about standardizing the following information on patient assessments:
- Functional status, such as mobility and self care at admission and before discharge
- Cognitive function, such as ability to express ideas and to understand, and mental status, such as depression and dementia
- Special services, treatments, and interventions, such as need for ventilator use, dialysis, chemotherapy, central line placement, and TPN



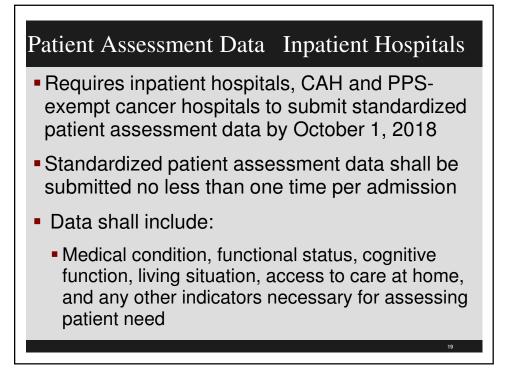
Five Quality Measures to be Reported

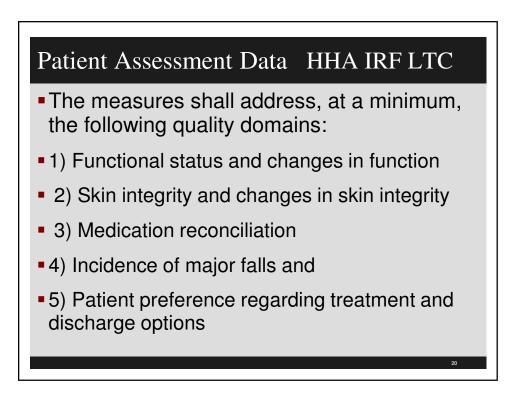
- Functional status, cognitive function, and changes in function and cognitive function
- Skin integrity and changes in skin integrity
- Medication reconciliation
- Incidence of major falls
- Accurately communicating the existence of and providing for the transfer of health information and care preferences from a hospital to another provider
 - A PAC is a post-acute care provider such as home health agency, LTC, inpatient rehab, or LTC hospital

Reporting of Quality Measures

Reporting of Quality Measures. To the extent possible, the Secretary shall require reporting of such new quality measures through the PAC assessment instruments.

Quality Domains	HHAs	SNFs	IRFs	LTCHs		
Functional Status	1/1/2019	10/1/2016	10/1/2016	10/1/2018		
Skin Integrity	1/1/2017	10/1/2016	10/1/2016	10/1/2016		
Medication Reconciliation	1/1/2017	10/1/2018	10/1/2018	10/1/2018		
Major Falls	1/1/2019	10/1/2016	10/1/2016	10/1/2016		
Patient Preference	1/1/2019	10/1/2018	10/1/2018	10/1/2018		
*Displayed dates are deadlines for measure specification and data collection. Confidential feedback reporting and public reporting is required one and two years, respectively, after the dates displayed above.						





Reporting of Quality Measures

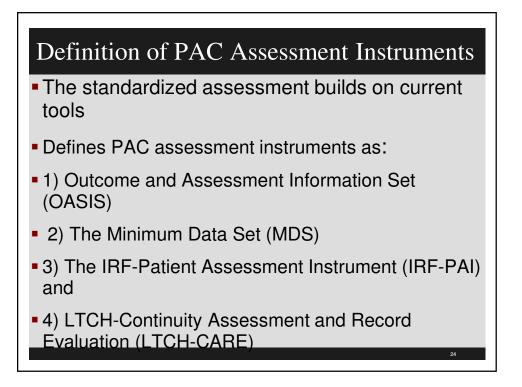
- Using common standards and definitions will help providers coordinate care and improve Medicare patient outcomes
- Besides the reporting from the five quality measure domains using the standardized assessment data
 - The Act requires the development and reporting of measures pertaining to hospitalization, and discharge to the community

Resource Use Measures

- There is also requirements for resource use measures
- The Secretary needs to specify resource use and other measurement date by October 1, 2016
- This must include at a minimum:
- 1) Medicare spending per beneficiary
- 2) Discharge to community and
- 3) Hospitalization rates of potentially preventable readmissions

Resource Use Measures

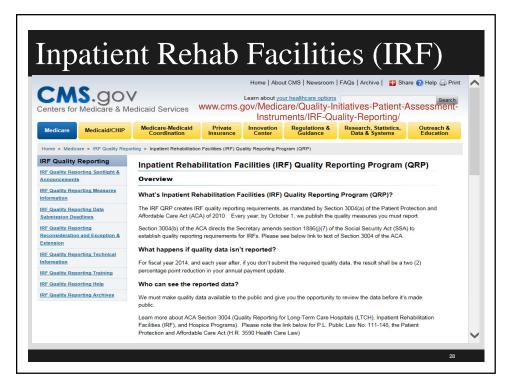
- This will allow for comparison of the data across all four providers
- Maybe in the future when the patients asks about costs and outcomes in deciding where to go after their total knee, we will have data for them to base their decision on.
- CMS has specific information for each of the four facilities required to submit data on the specific quality measures
- ** Secretary to also develop plan to collect and access data on race and ethnicity



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Home > Medic	are > LTCH Quality Re	porting > Long-Term Care Hos	spital (LTCH) Qual	ity Reporting (QRP)		
LTCH Quali	ty Reporting						
LTCH Quality Re	eporting Spotlight 8	Long-Term Car Overview	e Hospitai	(LICH) QU	lality Reportin	g (QRP)	
LTCH Quality Re	eporting Measures	What's Long-Term (Care Hospital	(LTCH) Quali	ty Reporting Prog	ıram (QRP)?	
LTCH Quality Re Submission Dea						Section 3004(a) of the Patie lity measures you must rep	
LTCH Quality Reconsideration	eporting n and Exception &	Section 3004(a) of the A the Secretary to establis				f the Social Security Act (SS itals (LTCHs).	SA) to direct
LTCH Quality Re	eporting Technical	What happens if qu	ality data isn'	t reported?			
LTCH Quality R	eporting Training					data, the result shall be a t	two (2)
LTCH Quality R	eporting Help	percentage point reduction	· ·	i payment update	э.		
LTCH Quality R	eporting Archives	Who can see the rep	ported data?				
		We must make quality da public.	ata available to th	ne public and give	e you the opportunity t	o review the data before it's	s made
			pice Programs).	Please note the	link below for P.L. Put	spitals (LTCH), Inpatient Re lic Law No: 111-148, the P	

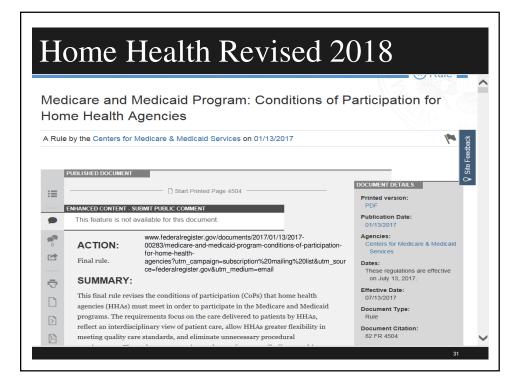
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Information	eporting measures				0	spital (LTCH) Quality Report mation Act of 2014 (IMPAC)	0
LTCH CARE Dat	ta Set & LTCH QRP	Program (QRP). In addition, The Improving Medicare Post-Acute Care Transformation Act of 2014 (IMPACT Act) requires the reporting of standardized patient assessment data on quality, resource use, and other measures by Pos Acute Care (PAC) providers, including skilled nursing facilities, home health agencies, inpatient rehabilitation facilitie and long-term care hospitals.					
Manual							facilities,
	eporting Technical	5					
Information		Beginning in fall 2016, CMS will publicly report LTCH quality data on the LTCH Compare website. CMS will initially publicly report performance data on four quality measures					initially
LTCH Quality Re	eporting Training						70
LTCH Quality Pu	ublic Reporting		1 A A A A A A A A A A A A A A A A A A A	1 C C C C C C C C C C C C C C C C C C C		ened (short stay)- NQF #06 Tract Infection (CAUTI) out	
LTCH Quality Re	eporting FAQs	measure- NQF #0138		k (NilioN) Catrie	ter-Associated Unitary	Tract mection (CAUTI) out	come
LTCH Patient Ex	perience of Care	National Healthcare	e Safety Networ	rk (NHSN) Centra	al Line-Associated Bloo	odstream Infection (CLABSI) outcome
LTCH Quality Re		measure- NQF #0139					105 105 10
Submission Dea	adlines	 All-cause unplanne 	d readmission r	measure tor 30 d	ays post-discharge fro	m long-term care hospitals-	NQF #2512
LTCH Quality Re	eporting and Exception &	March 01, 2017					
Extension	Tana Exception &	LTCH QRP Provider Pre	view Reports I	Now Available			
LTCH Quality Re	eporting Help	LTCHs now have the opp	ortunity to revie	w their performa	nce data on each quali	ty measure based on Quart	ter 3 -2015

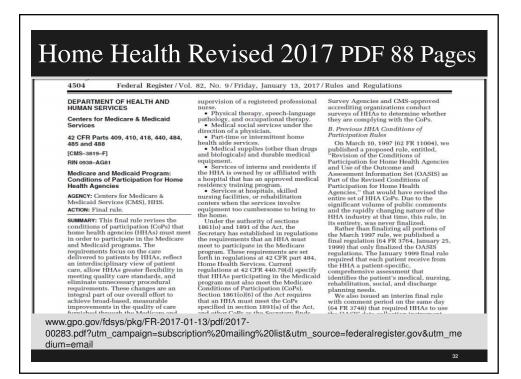
Skilled	I Nursing Facilities SNF					
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Home > Medicare > Nursing Home	e Quality Initiative > SNF Quality Reporting Program Measures and Technical Information					
Nursing Home Quality Initiative	SNF Quality Reporting Program Measures and Technical Information					
Spotlight	The IMPACT Act of 2014 requires the Secretary to implement specified clinical assessment domains using					
Quality Measures	standardized (uniform) data elements to be nested within the assessment instruments currently required for submission					
Quality Measures Archive	by LTCH, IRF, SNF, and HHA providers. The Act further requires that CMS develop and implement quality measures from five quality measure domains using standardized assessment data. In addition, the Act requires the development					
MDS 3.0 RAI Manual	and reporting of measures pertaining to resource use, hospitalization, and discharge to the community. Through the use					
MDS 3.0 for Nursing Homes and Swing Bed Providers	of standardized quality measures and standardized data, the intent of the Act, among other obligations, is to enable interoperability and access to longitudinal information for such providers to facilitate coordinated care, improved outcomes, and overall quality comparisons. To date, no measures have been adopted into the SNF quality					
MDS 3.0 Technical Information	reporting program.					
MDS 3.0 Technical Information Archive	SNF QRP Measures and Technical Information Additional Resources:					
MDS 3.0 Training	Please also visit the CMS Post-Acute Care Quality Initiative website for more information related to cross setting quality measures and quality initiatives:					
MDS 3.0 Training Archive	http://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/Post-Acute-Care-Quality-					
Archived: MDS 3.0 RAI Manuals	Initiatives/PAC-Quality-Initiatives.html					
Archived: MDS 2.0 for Nursing	Information on the IMPACT Act of 2014 can be found at:					
SNF Quality Reporting	http://www.gpo.gov/fdsys/pkg/BILLS-113hr4994enr/pdf/BILLS-113hr4994enr.pdf					
SNF Quality Reporting	https://www.govtrack.us/congress/bills/113/hr4994					
Reconsideration and Exception &	For SNF Quality Reporting Program comments or questions: <u>SNFQualityQuestions@cms.hhs.gov</u>					



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RF Quality Rep Announcement	porting Spotlight & ts	Background:	•	•	ting.html		
RF Quality Rep information	porting Measures	Improving Medicare Post	-Acute Care Tra	nsformation Act of	of 2014 (IMPACT Act)	Program (QRP). In addition requires the reporting of star	ndardized
RF-PAI and IRI		patient assessment data on quality, resource use, and other measures by Post-Acute Care (PAC) providers, includi skilled nursing facilities, home health agencies, inpatient rehabilitation facilities, and long-term care hospitals. IRF Compare Website Now Live					
RF Quality Rep nformation	porting Technical						
RF Quality Rep	porting Training	December 14, 2016, CM	S unveiled the n	ew IRF Compare	website. This new too	I takes reported data and pu	uts it into a
RF Quality Put	blic Reporting					ty of care each facility provid	
RF Quality Rep	porting FAQs					ressure ulcers and readmise on the new Compare site for	
RF Quality Rep Submission De	Contraction of the Contraction o					ened (short stay) - NQF #06	
RF Quality Rep Reconsideratio	porting on and Exception &	 All-cause unplanned readmission measure for 30 days post-discharge from Inpatient Rehabilitation Facilitie NQF #2502 					
Extension	······	Procedures for request	ing CMS review	of an IRF's mea	asure data:		
RF Patient Exp	perience of Care	CMS encourages IRFs	o review their o	lata as provided	I in the Preview Repo	orts. If an IRF disagrees wit	h
RF Quality Rep	porting Help				,	eir Preview Report, they wil lest, IRFs must adhere to the	
IRF Quality Rep	oorting Archives	outlined below:					

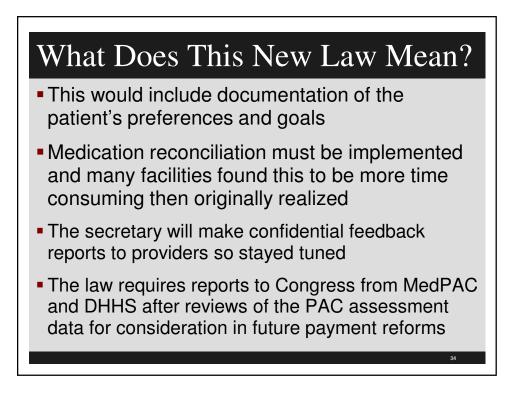




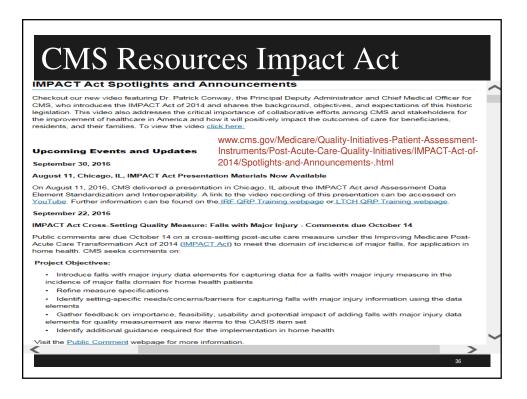


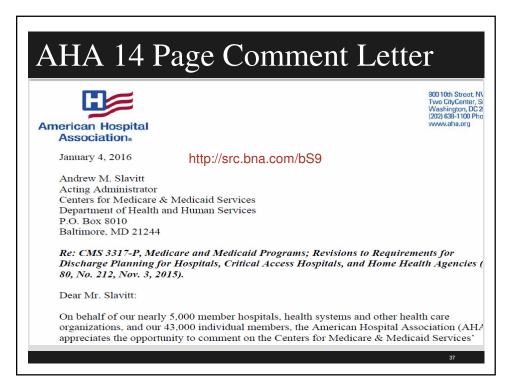


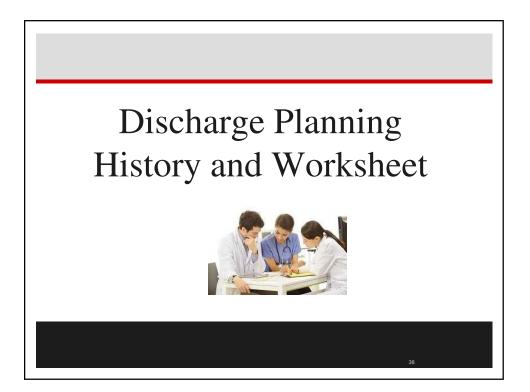
- It will mean more work for the four PAC providers
- Failure to comply would result in payment reductions
- These changes could eventually result in a different billing structure which could include site neutral payments or bundling
- Providers will need to create a process to capture these quality measures
- This would include redoing forms to capture the assessment criteria











Discharge Planning History

- The current discharge planning requirements in the regulations (482.43) were first published on December 13, 1994
- The regulations were last updated on August 11, 2004 (69 FR 49268)
- First, CMS published proposed and then final regulations in the Federal Register
- Next, CMS adds interpretive guidelines
- These are helpful so surveyors and hospitals understand what the regulation means

Discharge Planning History

- CMS issues 39 page memo of interpretive guidelines on May 17, 2013 and final transmittal July 19, 2013
- Completely revised the discharge planning interpretive guidelines to reflect transition literature to reduce readmissions
- Includes advisory practices to promote better patient outcomes and called blue boxes
- Reorganized all the standards and a number of tags were eliminated
 - The prior 24 standards have been consolidated into 13
- Now amending them again



Discharge Planning Trans	mittal July 10 2013
Discharge Franning Frans	miliai July 17, 2013
CMS Manual System	Department of Health &
•	Human Services (DHHS)
Pub. 100-07 State Operations	Centers for Medicare &
Provider Certification	Medicaid Services (CMS)
Transmittal 87	Date: July 19, 2013
I. SUMMARY OF CHANGES: Clarification is p 482.43, concerning discharge planning. Several "	Tags" within this CoP guidance have
been consolidated, but there are no changes to the	e regulatory text.
NOTES:	
Tag A-0808 is deleted. Content combined	
Tag A-0809 is deleted. Content combined	
Tag A-0817 is deleted. Content combined	
Tag A-0822 is deleted. Content combined	
Tag A-0824 is deleted. Content combined Tag A-0825 is deleted. Content combined	
Tag A-0826 is deleted. Content combined	
Tag A-0827 is deleted. Content combined	
Tag A-0828 is deleted. Content combined	
Tag A-0829 is deleted. Content combined	
Tag A-0830 is deleted. Content combined	
Tag A-0831 is deleted. Content combined	
Exhibit XX is deleted, renamed Exhibit 35	3 and moved with other SOM Exhibit
	42

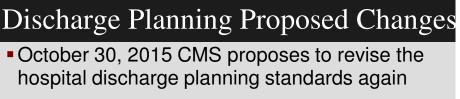


- First, October 14, 2011 CMS issues a 137 page memo in the survey and certification section
- After 3 pilots, the final worksheets were published November 26, 2014
- Addresses discharge planning, infection control, and QAPI
- Discharge planning worksheet will be revised again to reflect the changes in the discharge planning standards
- CMS mentions will not use this one during the time before the final interpretive guidelines are issued

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicane & Medicaid Services 7300 Security Boulevand, Mail Shop C2-21-16 Baltimore, Maryland 21244-1850 Center for Clinical Standards and Quality/Survey & Certification Group DATE: November 26, 2014 TO: State Survey Agency Directors FROM: Director Survey and Certification Group SUBJECT: Public Release of Three Hospital Surveyor Worksheets SUBJECT: Public Release of Three Hospital Surveyor Worksheets for assessing compliance with three Medicare hospital Conditions of Participation (CoPs): Quality Assessment and Performance Improvement (QAPI), Infection Control, and Discharge Planning. The worksheets are used by State and Federal surveyors on all survey activity in hospitals when assessing compliance with any of these three CoPs. Final Worksheets Made Public: Via this memorandum we are making the worksheets publicly available. The hospital industry is encouraged, but not required, to use the worksheets as part of their self-assessment tools to promote quality and patient safety.	Final	3 Workshee	ets QAPI
REF: S&C: 15-12-Hospital DATE: November 26, 2014 To: State Survey Agency Directors WWW.CMS.gov/SurveyCertificationG enInfo/PMSR/list.asp#TopOfPage FROM: Director Survey and Certification Group Wemorandum Summary SUBJECT: Public Release of Three Hospital Surveyor Worksheets Memorandum Summary • Three Hospital Surveyor Worksheets Finalized: The Centers for Medicare & Medicaid Services (CMS) has finalized surveyor worksheets for assessing compliance with three Medicare hospital Conditions of Participation (CoPs): Quality Assessment and Performance Improvement (QAPI), Infection Control, and Discharge Planning. The worksheets are used by State and Federal surveyors on all survey activity in hospitals when assessing compliance with any of these three CoPs. • Final Worksheets Made Public: Via this memorandum we are making the worksheets publicly available. The hospital industry is encouraged, but not required, to use the	Centers for Med 7500 Security Bo	licare & Medicaid Services oulevard, Mail Stop C2-21-16	CENTERS FOR MEDICARE & MEDICAID SERVICES
DATE: November 26, 2014 TO: State Survey Agency Directors FROM: Director Survey and Certification Group SUBJECT: Public Release of Three Hospital Surveyor Worksheets Memorandum Summary • Three Hospital Surveyor Worksheets Finalized: The Centers for Medicare & Medicaid Services (CMS) has finalized surveyor worksheets for assessing compliance with three Medicare hospital Conditions of Participation (CoPs): Quality Assessment and Performance Improvement (QAP). Infection Control, and Discharge Planning. The worksheets are used by State and Federal surveyors on all survey activity in hospitals when assessing compliance with any of these three CoPs. • Final Worksheets Made Public: Via this memorandum we are making the worksheets publicly available. The hospital industry is encouraged, but not required, to use the	Center for C	linical Standards and Quality/Su	arvey & Certification Group
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Survey and Certification Group SUBJECT: Public Release of Three Hospital Surveyor Worksheets • Three Hospital Surveyor Worksheets Finalized: • Three Hospital Surveyor Worksheets Intersection • Three Hospital Surveyor Worksheets are used by State and Federal surveyors on all survey activity in hospitals when assessing compliance with any of these three CoPs. • Final Worksheets Made Public: Via this memorandum we are making the worksheets publicly available. • The hospital industry is encouraged, but not required, to use the	TO:	State Survey Agency Directors	
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	Services Medicar Perform workshe assessin • <i>Final W</i> publicly	ospital Surveyor Worksheets Finalize (CMS) has finalized surveyor work e hospital Conditions of Participati ance Improvement (QAPI), Infectic ets are used by State and Federal st g compliance with any of these three orksheets Made Public: Via this n available. The hospital industry is	ted: The Centers for Medicare & Medicaid ksheets for assessing compliance with three on (CoPs): Quality Assessment and on Control, and Discharge Planning. The urveyors on all survey activity in hospitals when the CoPs. memorandum we are making the worksheets s encouraged, but not required, to use the

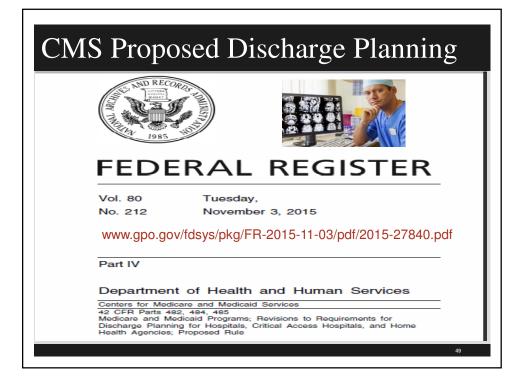
Section 2 Discharge Planning – Policies and Procedures		
Elements to be assessed 2.1 Implementation of discharge planning policies and procedu	res for inpat	Surveyor Notes ients:
2.1a For every inpatient unit surveyed is there evidence of applicable discharge planning activities?	C Yes	
2.1b Are staff members responsible for discharge planning activities correctly following the hospital's discharge planning policies and procedures?	C Yes	
] SI, non-pilot survey for a deficiency citation related to identification of arge planning evaluation, 42 CFR 482.43(b) (Tag A-0806); and/or developing
		arge planning evaluation, 42 CFR 482.45(b) (Tag A-0800); and/or developing
patients needing discharge planning, 42 CFR 482,43(a) (Tag A-d and implementing the discharge plan, 42 CFR 482,43(c) (Tag A-d 2.2 Does the discharge planning process apply to certain categories of outpatients?		nge planning evaluation, 42 CPR 462,45(0) (rag Arosoo), and/or developing
and implementing the discharge plan, 42 CFR 482.43(c) (Tag A-C 2.2 Does the discharge planning process apply to certain	0818) Yes No	nge planning evaluation, 42 CFK 462.45[0] (Tag A10806); and/of developin

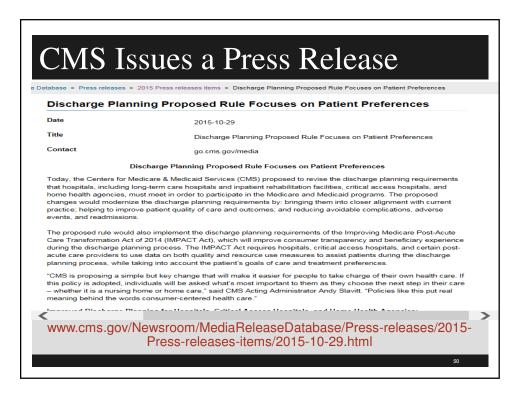




- Published in FR November 3, 2015 http://federalregister.gov/a/2015-27840
- Includes hospitals, CAH, LTC hospitals, inpatient rehab, and home health agencies
- To bring them into closer alignment with current practices and to reduce unnecessary readmissions
- To implement the requirements of the IMPACT Act-Improving Medicare Post-Acute Care Transformation





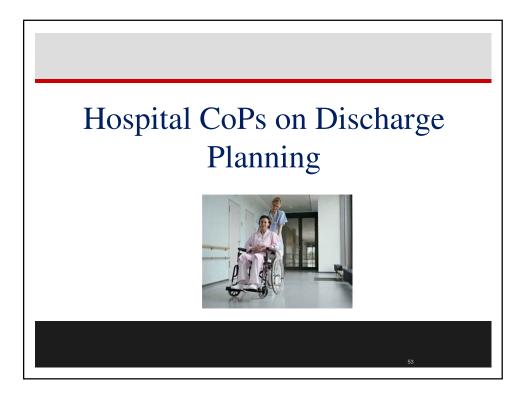


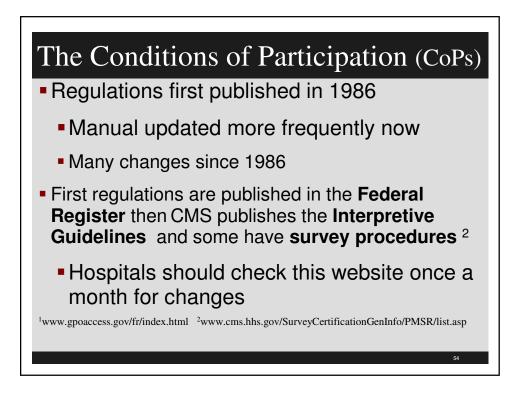


- CMS states this will help to improve quality of care and outcomes
- It would reduce complications, adverse events, and help to prevent readmissions
- Hospitals will be required to use data to assist patients during discharge planning process
 - Must take into consideration patient's goals and patient preferences
- To improve transparency for Medicare patients during discharge planning process



- Requires the secretary of HHS to assist patients with discharge planning from inpatient to post-acute care
- Secretary to revise hospital CoPs to incorporate measures into the discharge planning process
- To address patient preferences and goals of care
- The discharge planning regulations were developed to implement the IMPACT ACT
 - The 4 PACs are required to develop a discharge plan based on goals, patient preferences and needs





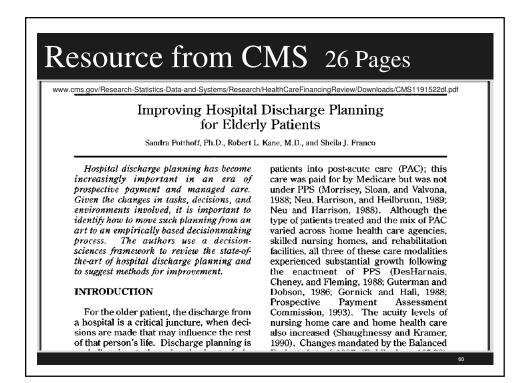
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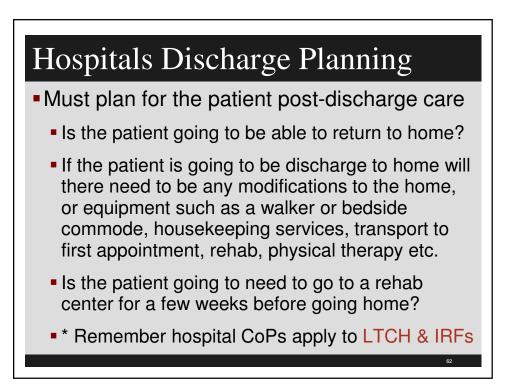
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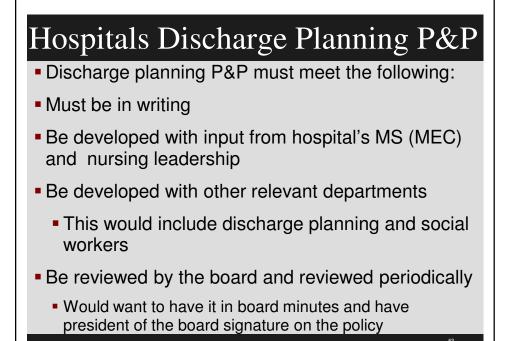
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Implementation Issues, Long-Term Care Regulatory Changes; Substandard Quality of Care (SQC) and Clarification of Notice before Transfer or Discharge Requirements	17-27-NH	2017-05-12	2017			
Psychiatric Residential Treatment Facilities (PRTF) Frequently Asked Questions (FAQs)	17-28-PRTF	2017-05-12	2017			
Notice of Proposed Regulation Changes to Requirements Related to Survey Team Composition and Investigation of Complaints	17-26-NH	2017-04-28	2017			
Electronic Staffing Submission - Payroll-Based Journal Update	17-25-NH	2017-04-21	2017			
Notice of Proposed Regulation Changes for Accrediting Organizations (AOs) Transparency and Termination Notices	17-24-ALL	2017-04-14	2017			

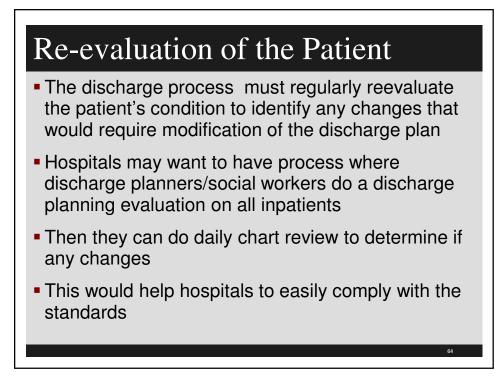


Hospitals Discharge Planning

- Hospital must develop and implement a discharge planning process
- Must focus on patient goals and preferences
 - Can't just do the plan of care and present it
 - Needs patient's input and what they want
- Must prepare patients and their support person or caregivers to be active partners in their care after discharge
 - Be sure to ask patient if they have a patient advocate or support person or who will help care for them after leaving the hospital and record this in the medical record



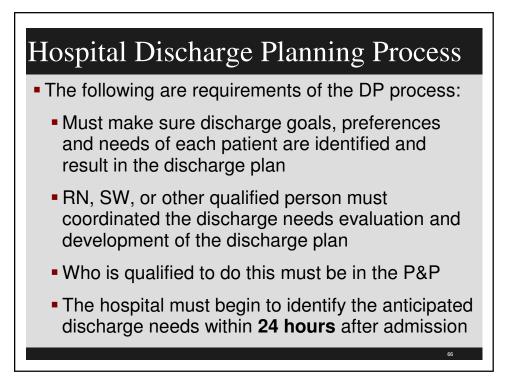




6 Hospitals Discharge Planning Apply to

Who does the hospital discharge planning process apply to?

- All inpatients
- Outpatient observation patients
- Same day surgery patients
- Same day procedures for which anesthesia or moderate sedation is used
- Specific emergency department patients
 - Those ED patient who are identified as needing one
- Any other category of outpatients as recommended by MS and contained in the discharge P&P



Hospital Discharge Planning Process

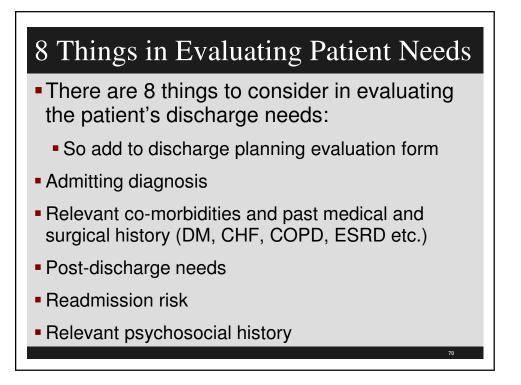
- The following are requirements of the DP process: (continued)
- The discharge planning process must be completed prior to discharge home
- It must also be completed before transfer to another facility unless emergency transfer
- If the patient's stay is less than 24 hours still need to make sure the discharge planning is done before discharge to home or transfer
 - It cannot unnecessarily delay the discharge or transfer

Hospital Re-evaluation

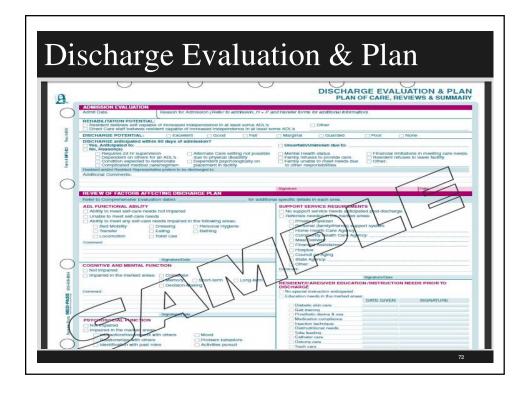
- The discharge planning process MUST require regular re-evaluation of the patient's condition to identify changes that require modifications to the discharge plan
 - One way to do this would be to have discharge planner or SW do a discharge plan for 6 categories which include inpatients
 - Then they could check the chart daily to see if any changes in the conditions like a pulmonary emboli or DVT

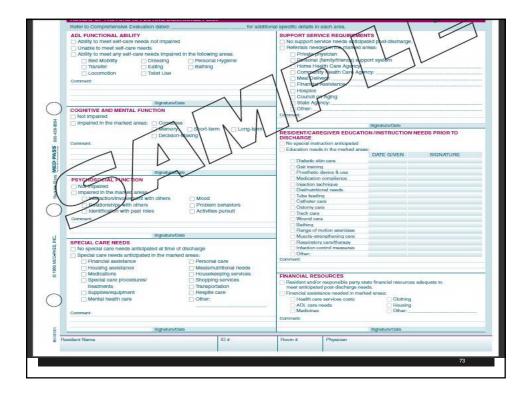
Hospital Discharge Planning Process

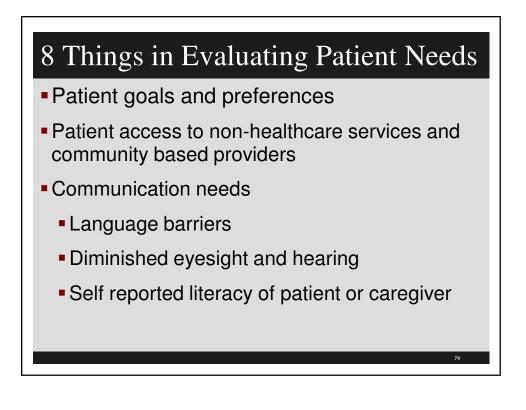
- The physician or practitioner responsible for the patient must be involved in the process of establishing the patient's goal of treatment
- This includes treatment preferences
- Must consider the support person or caregiver's capacity to perform the required care
- Must consider the patient's ability to do self care
- Must consider what care is available in the community including what care is available

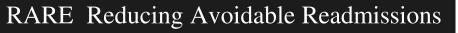


BOOST BOOST	The 8Ps: Assessing Your Patient's Risk For Adverse Events After Discharge					
Risk Assessment: 8P Screening Tool (Check all that apply.)	Risk Specific Intervention	Signature of individual responsible for insuring intervention administered				
Problem medications (anticoagulants, insulin, oral hypoglycemic agents, aspirin & clopidogrel dual therapy, digoxin, narcotics)	Medication specific education using Teach Back provided to patient and caregiver Monitoring plan developed and communicated to patient and aftercare providers, where relevant (e.g. warfarin, digoxin and insulin) Specific strategies for managing adverse drug events reviewed with patient/caregiver Follow-up phone call at 72 hours to assess adherence and complications					
Psychological (depression screen positive or h/o depression diagnosis)	Assessment of need for psychiatric aftercare if not in place Communication with aftercare providers, highlighting this issue if new Involvement/awareness of support network insured					
Principal diagnosis (cancer, stroke, DM, COPD, heart failure)	Review of national discharge guidelines, where available Disease specific education using Teach Back with patient/caregiver Action plan reviewed with patient/caregivers regarding what to do and who to contact in the event of worsening on new symptoms Discuss goals of care and chronic illness model discussed with patient/caregiver					
Polypharmacy (>5 more routine meds)	Elimination of unnecessary medications Simplification of medication scheduling to improve adherence Follow-up phone call at 72 hours to assess adherence and complications					
Poor health literacy (inability to do Teach Back)	Committed caregiver involved in planning/administration of all general and risk specific interventions Affercare plan education using Teach Back provided to patient and caregiver Link to community resources for additional patient/caregiver support Follow-up phone call at 72 hours to assess adherence and complications					
Patient support (absence of caregiver to assist with discharge and home care)	Follow-up phone call at 72 hours to assess condition, adherence and complications Follow-up appointment with aftercare medical provider within 7 days Involvement of home care providers of services with clear communications of discharge plan to those providers					
Prior hospitalization (non-elective; in last 6 months)	Review reasons for re-hospitalization in context of prior hospitalization Follow-up phone call at 72 hours to assess condition, adherence and complications Follow-up appointment with aftercare medical provider within 7 days					
Palliative care (Would you be surprised if this patient died in the next year? Does this patient have an advanced or progressive serious illness?) Yes to either:	Assess need for pallative care services Identify goals of care and therapeutic options Communicate prognosis with patient/family/caregiver Assess and address bothersome symptoms Identify services or benefits available to patients based on advanced disease status Discuss with patient/family/caregiver role of palliative care services and benefits and services available					







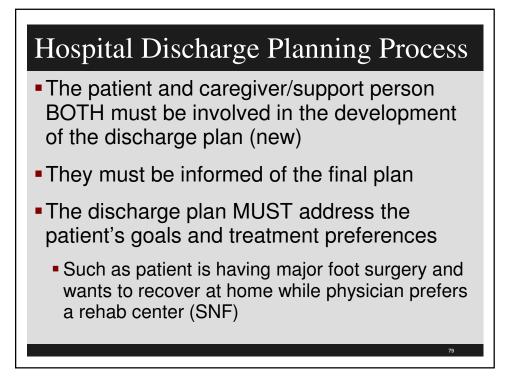


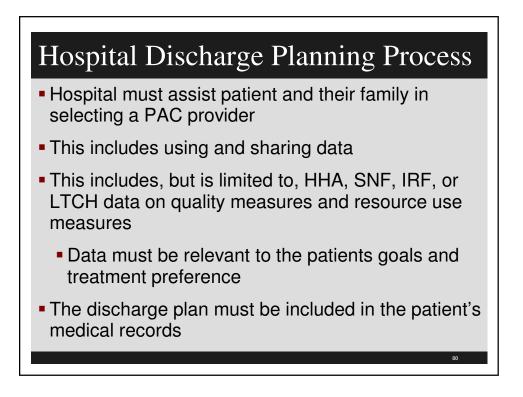
- There is a free resource known as RARE
- Stands for reducing avoidable readmissions effectively
- Has a gap analysis to enhance discharge planning
- Recognizes five key areas to reduce readmissions: comprehensive discharge planning, medication management, patient and family engagement, transition care support and communication
- Discusses best practices and strategies for improvement



Component	Best practice/Strategy	Present	Gap/Opportunity
)ischarge Planning - Process	Conduct pre-discharge assessment of ability of patient/family to provide self-care (includes problem solving, decision making, early symptom recognition, and taking action, quality of life, depression and other cognitive and functional ability factors)		
	Develop a comprehensive shared care plan using a shared decision making approach – consider patient values and preferences, social and medical needs		
	Discharge summary and medication plan are complete and up to date		
	Work with patient/family to prepare for the post discharge visit planning (goals, guestions, concerns)		

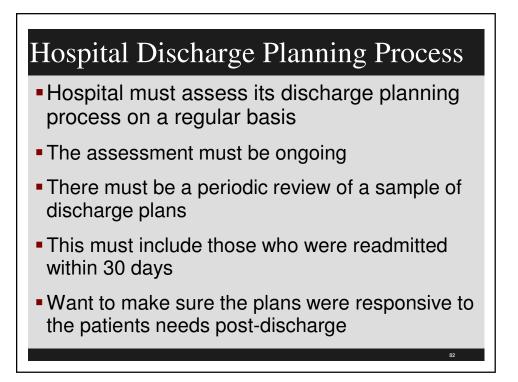
Content o	of a Discharge Plan
Discharge Planning – Content	advance directives as appropriate Written discharge plan includes the following: • Reason for hospitalization • Medications to be taken post discharge, including, as appropriate, resumption of preadmission medications. • Self-care activities such as diet, activity level or limitations, weight monitoring • DME/supplies that patient will need for care • Symptom recognition and management – what to do if patient has a question, a problem arises or condition changes, including of symptoms of which to notify health care provider • Coordination and planning for follow-up appointments • Coordination for follow up of test and studies for which confirmed test and stest and studies for which confirmed test a





Evaluation and Discharge Plan

- The evaluation of the patient's need and the resulting discharge plan must be documented
- It must be completed timely
- It must be based on the patient's goals and preferences
- It must based on the patient's strengths and needs and contain all relevant information
- Must be done so arrangements for posthospital care can be made to avoid delay



AHRQ Resources On Hospital Discharge

Re-engineering the Hospital Discharge: An Example of a Multifaceted Process Evaluation

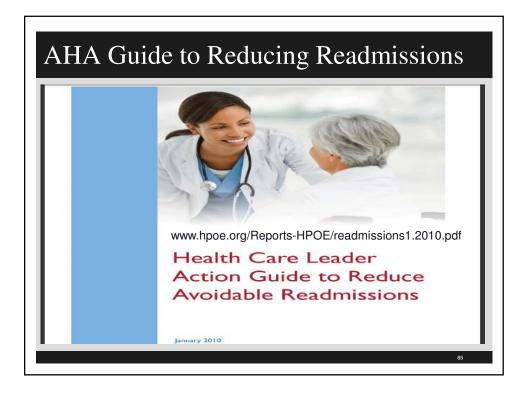
www.ahrq.gov/sites/default/file s/wysiwyg/professionals/qualit y-patient-safety/patient-safetyresources/resources/advances

David Anthony, VK Chetty, Anand Kartha, Kathleen McKenna, -in-patient-Maria Rizzo DePaoli, Brian Jack safety/vol2/Anthony.pdf

Abstract

Introduction: The transfer of patient care from the hospital team to primary care and other providers in the community at the time of discharge is a high-risk process characterized by fragmented, nonstandardized, and haphazard care that leads to errors and adverse events. The development of interventions to improve the discharge process requires a detailed evaluation of the process by a multidisciplinary team. Methods: Using the resources of the Boston University– Morehouse College of Medicine AHRQ Developmental Center for Patient Safety Research (funded by the Agency for Healthcare Research and Quality), multidisciplinary teams have been assembled to identify and address the sources of error at discharge. To better understand the current hospital discharge process, the researchers have applied a battery of epidemiologic and quality control methods taken from industry. These include probabilistic risk assessment, process mapping, qualitative analyses, failure mode and effects analysis, and root cause analysis. The researchers describe each of these methods and discuss their experience with them, displaying concrete tools that have arisen from their application. Conclusions: A detailed, multifaceted process analysis has provided us with powerful insight into the many patient safety issues surrounding the discharge process. The generalizable methods described here have produced the re-engineering of the discharge process, allowing for the planning of a clinical trial and significant improvements in patient care.

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IKQ Hospital	Guide to Reduc	ing Readmissi
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HRR Agency for Heal Advancing Excellence in	Health Care	
Care For Patients & For Professionals	For Research Tools Funding & Office Policymakers & Data Grants & Pro	es, Centers News & Igrams Events
> For Professionals > Hospitals & Heal	th Systems 🗦 Hospital Resources	
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Clinicians & Providers	Hospital Guide to	Publication #14-0050
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* Hospital Resources	Next Page	Hospital Guide [1.85MB]
* Emergency Severity Index	Table of Contents 💿	
 Guide to Patient and Family Engagement in Hospital Quality and Safety 	Reducing readmissions is a national priority for par providers, and policymakers seeking to improve he	
 Hospital Guide to Reducing Medicaid Readmissions 	care and lower costs. Readmissions are a significar issue among patients with Medicaid. The Agency f Healthcare Research and Quality (AHRQ)	
 Improving the Emergency Department Discharge Process 	commissioned this guide to identify ways evidence based strategies to reduce readmissions can be adapted or expanded to better address the	
 Improving Patient Safety Systems for Patients With Limited English Proficiency 	transitional care needs of the adult Medicaid population.	
* NICU Toolkit	Property lies	A dirition
* Preventing Falls in Hospitals	Prepared by:	
 Preventing Pressure Ulcers in Hospitals 	Collaborative Healthcare Strategies, Inc. Amy Boutwell, M.D., M.P.P.	
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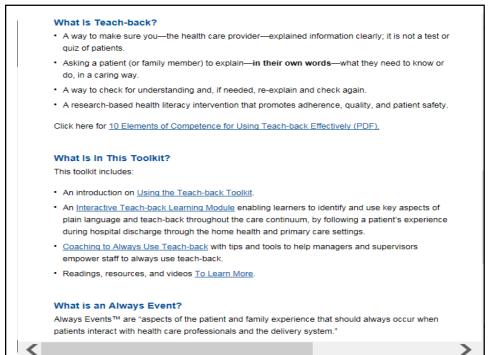


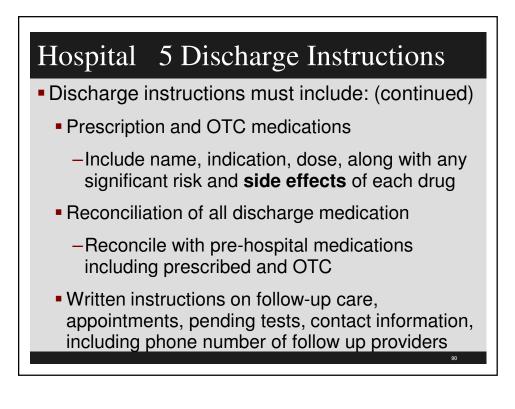
Your Discharge P	lanning P&P?	
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workers involved in discharge plannin The patient's needs pertaining to post- upon admission. A multidisciplinary to registered nurse, and care manager, to	g for patients and their families. discharge care will be assessed team that includes the physician, gether with the other members	
these needs will be developed, and int discharge planning goals will be desig monitored and revised as necessary th Actual and potential discharge plannin	erventions to meet specific ned. The plan will be roughout the hospital stay. ng needs of the patient/family	
 will be assessed on the basis of the following criteria: the level at which the patient and family or other caregiver understands the patient's medical condition and the reason for hospitalization the patient/constitue's stated emostations 		
	The patient's needs pertaining to post- upon admission. A multidisciplinary i registered nurse, and care manager, to of the healthcare team, will perform th these needs will be developed, and int discharge planning goals will be desig monitored and revised as necessary th Actual and potential discharge plannin will be assessed on the basis of the fol the level at which the patient a understands the patient's medi	



- Discharge instructions must be provided at time of discharge for ALL patients now
 - To the patient and support person and use teach back
 - To the PAC or supplier
- Discharge instructions must include 5 things:
 - Instructions to be used as home as identified in the discharge plan
 - Written information on the warning signs and symptoms when patient must seek immediate care
 - Such as post-MI patient is told if chest pain reoccurs to call 911 or immediately call the physician

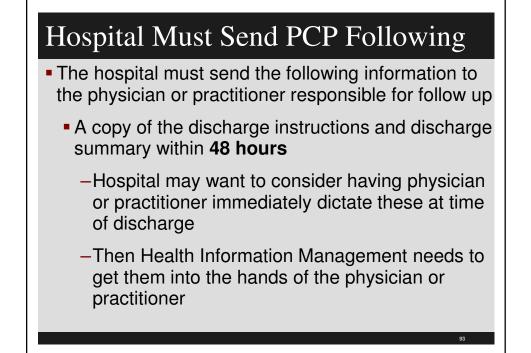


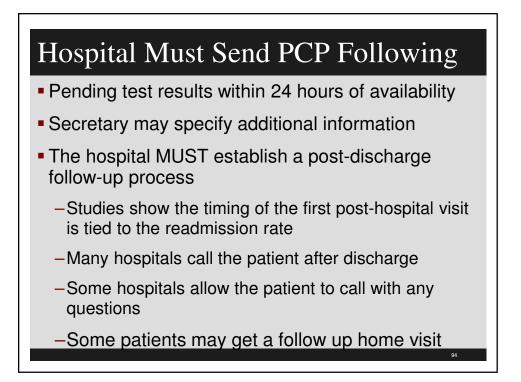




	Follow Up A	
What is my main medical prob	lem?	
Chest Pain		
When are my appointments?		
Wednesday, August 8 at 11:30 a.m.	Thursday, August 16 at 3:20 p.m.	Wednesday September 12 at 9:00 a.m.
Dr. Mark Avery	Dr. Anita Jones	Dr. Lin Wu
Primary Care Provider (Doctor)	Rheumatologist	Cardiologist
100 Main St, 2 nd Floor	100 Pleasant Rd, Suite 105	100 Park Rd, Suite 504
Anytown, ST	Anytown, ST	Anytown, ST
For a Followup appointment	For your arthritis	To check your heart
Office Phone #:	Office Phone #:	Office Phone #:
(555) 555-5555	(555) 555-6666	(555) 555-4444

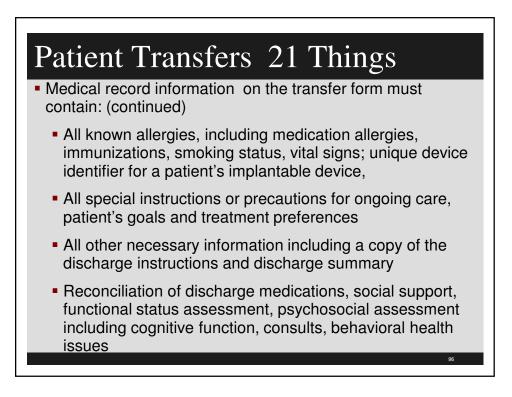
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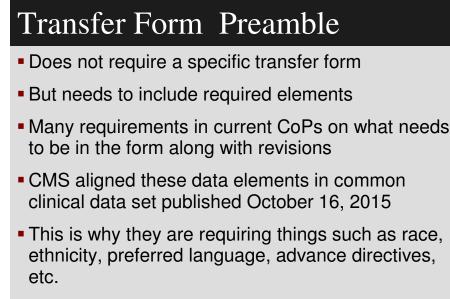




Patient Transfers and 21 Things

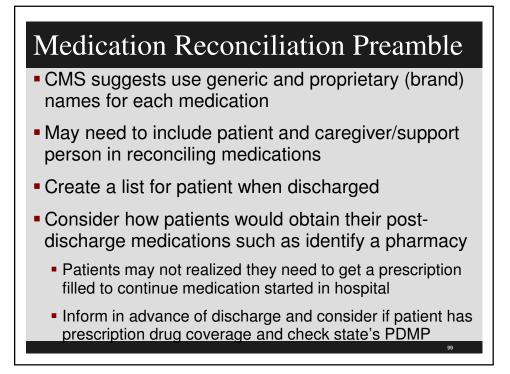
- Transfer of patient to another health care facility:
- Must send necessary medical record information
- Will want to make sure your transfer form or continuity form includes all the required elements so may need to revise
- Medical record information on the transfer form must contain:
 - Sex, DOB, race, ethnicity, preferred language, contact information of responsible practitioner, advance directives, course of illness, procedures, diagnoses, lab tests and results of pertinent lab and other diagnostic testing,





These are also required by TJC



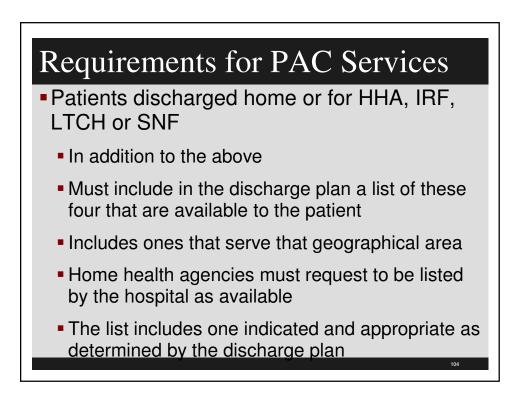


Sar	nple	e Me	dication F	orm	
			MEDICINES		
[What time of day do I take this medicine?	Why am I taking this medicine?	Medicine name Amount	How many (or how much) do I take?	How do I take this medicine?
		Blood pressure	PROCARDIA XL NIFEDIPINE 90 mg	1 pill	By mouth
	*	Blood pressure	HYDROCHLOROTHIAZIDE 25 mg	1 pill	By mouth
	Morning	Blood pressure	CLONIDINE HCI 0.1 mg	3 pills	By mouth
		Cholesterol	LIPITOR ATORVASTATIN CALCIUM 20 mg	1 pill	By mouth
		Stomach	PROTONIX PANTOPRAZOLE SODIUM 40 mg	1 pill	By mouth
		Heart	ASPIRIN EC 325 mg	1 pill	By mouth
		To stop smoking	NICOTINE 14 mg/24 hour	1 patch	On skin
		Then, after 4 weeks use →	NICOTINE 7 mg/24 hour	1 patch	On skin
			3	•	
					100

Medicat	ion List	From I	RED		
What medicines do I need to take? Each day, follow this schedule: Morning Medicines					
Medicine name (generic and name brand) and amount	Why am I taking this medicine?	How much do I take?	How do I take this medicine?		
			101		







Requirements for PAC Services

- If patient is in managed care then make patient aware of need to verify which ones are in the network
- Hospital must document that the list was presented to the patient
- Hospital must inform the patient of their freedom of choice among Medicare providers when possible
- Hospital can not specify or limit qualified providers
- Discharge plan must disclose financial interests



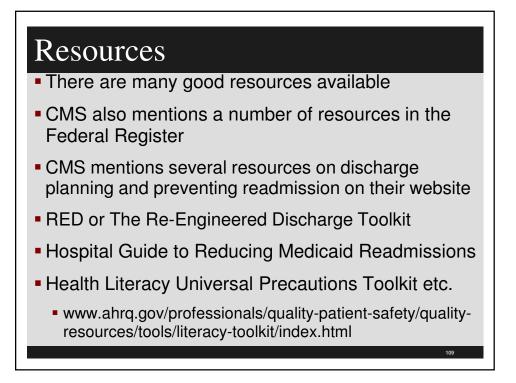
- The reporting requirements mean more work
- Failure to report can cause payment reduction
- Sets the stage for payment changes
- Will impact fee for service beneficiaries, Medicare Managed care patients and private insurance payors who typically follow Medicare standards
- Put system in place to capture this information
- Changes assessment tools to capture this information

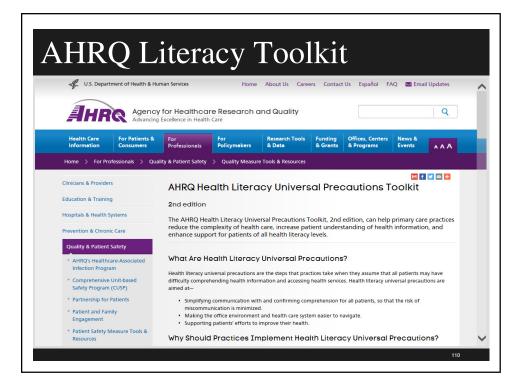
What Does this Mean?

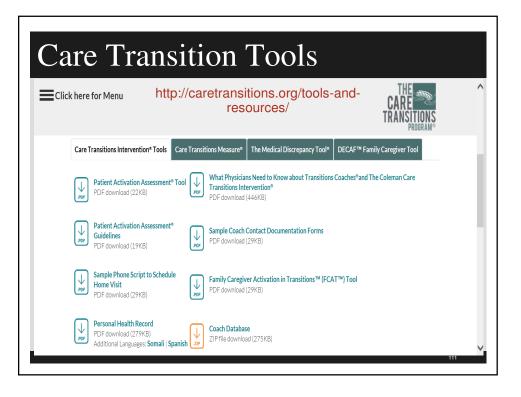
- Hospitals will need to rewrite P&P to comply
- Hospitals will need to rewrite the transfer form to ensure all 21 items are included
- Hospital will need to revise process to collect the five required data measurements
- Hospitals will need to revise forms to collect the five assessment requirements
- Hospitals will need to train staff and providers
- Will need to get discharge instructions and discharge summary to PCP within 48 hours

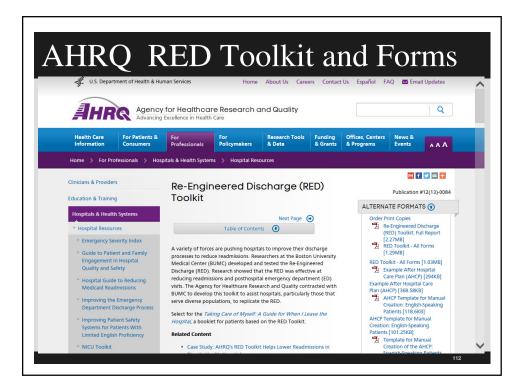
What Does this Mean?

- Hospitals will need to revise discharge planning evaluation form
- Hospital will need to ensure that the medication reconciliation process is followed
- Hospitals will need to make sure that the side effects of medication prescribed and over the counter meds include side effects
- Will need to make sure discharge instructions are in writing and include the required five elements
- May need to hire more social workers especially for evenings or weekends so evaluate and fund









Written Discharge Instructions

Noncardiac Chest Pain

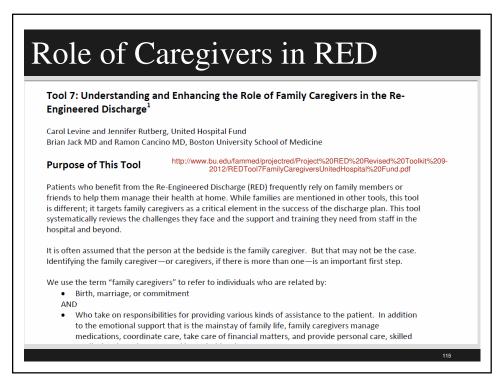
Noncardiac chest pain is pain that is $\underline{\mathrm{not}}$ caused by a heart problem.

www.ahrq.gov/professionals/system s/hospital/red/toolkit/index.html

- If your chest pain gets different or worse, call your doctor.
- Take your medicines as prescribed.
- See your doctor and ask questions.







34 Safe Practices for Better Healthcare

http://www.qualityforum.org/Publications/2009/03/Safe_Practices_for_Better_Healthcare%e2%80%932009_Update.aspx

SAFE PRACTICE 15: DISCHARGE SYSTEMS

The Objective

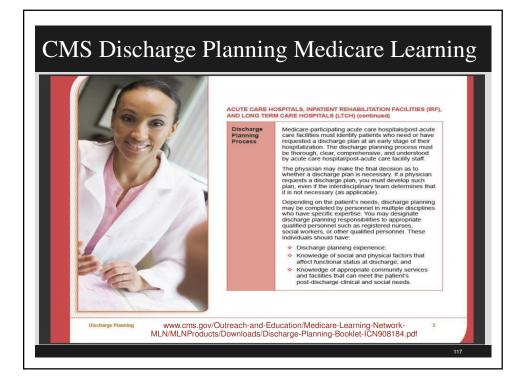
Ensure that effective transfer of clinical information to the patient and ambulatory clinical providers occurs at the time of discharge from healthcare organizations.

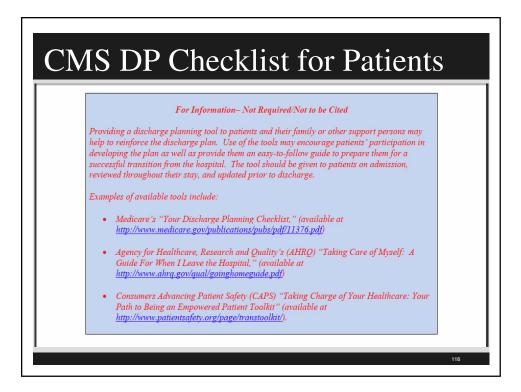
The Problem

The transfer of patient care from a hospital to primary care or other community providers has been characterized as an unsystematic, nonstandardized, fragmented process that creates high risk for adverse events postdischarge.

The frequency of high rates of low health literacy; lack of coordination in the hand-off from the hospital to community care; gaps in social supports; and other limitations place patients at high risk for adverse events. [Anthony, 2005] Many adverse events lead to subsequent rehospitalizations. There is controversy about whether rehospitalization rates adverse events. [Levinson, 2008] A study conducted in 2003 directly measured adverse events postdischarge and concluded that 19 percent of patients experience adverse events; of these, 6 percent had preventable adverse events, and 6 percent had ameliorable adverse events. It has been reported that the readmission and mortality of seniors after acute-care hospital admissions may be much higher than previously presumed. [Boutwell, 2008; Denham, 2009] The preventability of many of these events

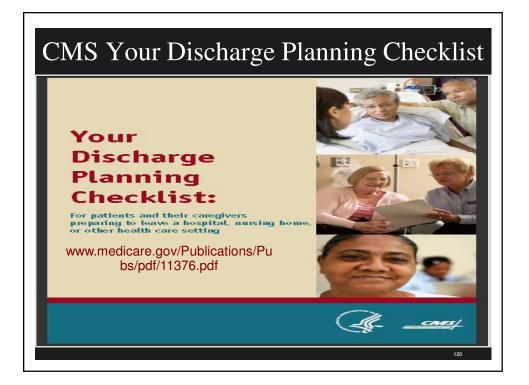
The preventability of many of these events could have been increased by implementing simple strategies at discharge. [Forster, 2003] Of the postdischarge adverse events, 66 percent were adverse drug events caused by antibiotics (38 percent), corticosteroids (16 percent), cardiovascular drugs (14 percent), analgesics (10 percent), and anticoagulants (8 percent). [Forster, 2003] The discharge process must effectively address the patient's needs for continuing care and treatment and must effectively communicate this information to patients and responsible caregivers in a timely fashion. [Note 15-1; Note 15-2; Note 15-3; Greenwald, 2007] As part of this process, hospitals should

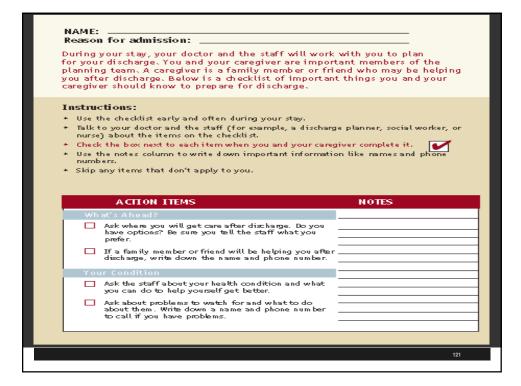


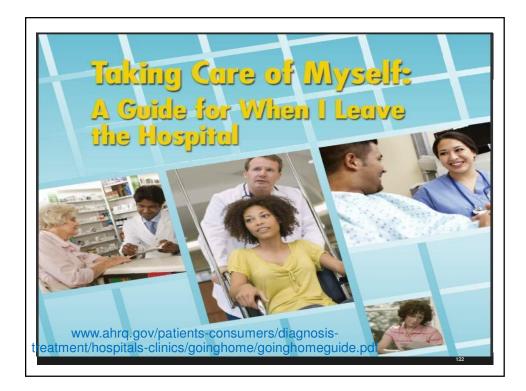


CMS Discharge Checklist

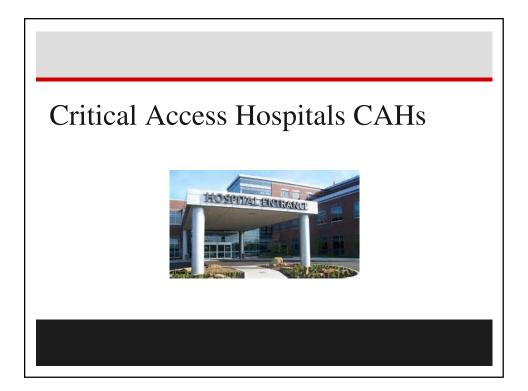
- CMS website recommends the discharge planning team use a checklist to make transfer more efficient
- It is available at www.medicare.gov
- Previously research showed the value of hospital discharge planners using a discharge checklist
- We need to dictate the discharge summary immediately when the patient is discharged
- We need to document that it is in the hands of the family physician and within 48 hours
 - Make sure PCP has it before first appointment





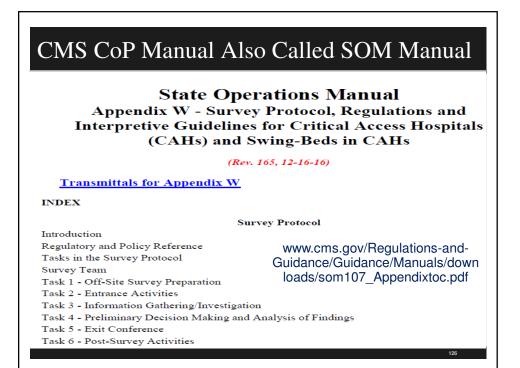








- Must have discharge planning (DP) P&P
- Must develop and implement an effective DP process
- Must be consistent with patient goals and preferences
- Need to make an effective transition to postdischarge care
- P&P must be developed with input from nursing leadership, professional staff, and other relevant departments
- Be approved by the board



CAH Discharge P&P

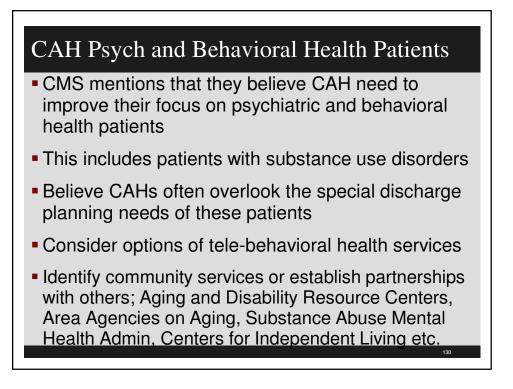
- P&P must be in writing
- Discharge planning applies to same groups; inpatients, observation, same day surgery, specific ED patients, and other outpatients recommended by MS
- Discharge planning process must make sure discharge goals, preferences, and needs of patients are identified and in discharge plan
- RN, SW, or qualified person must coordinate
 - Policy must include who is qualified

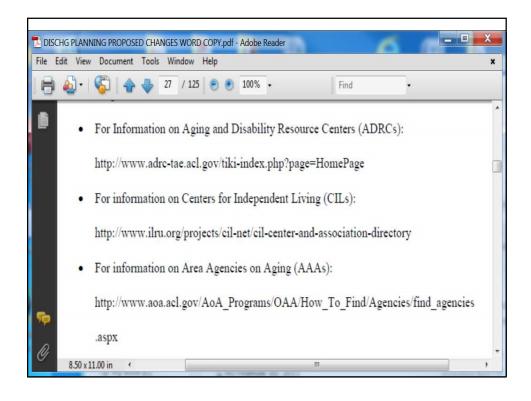


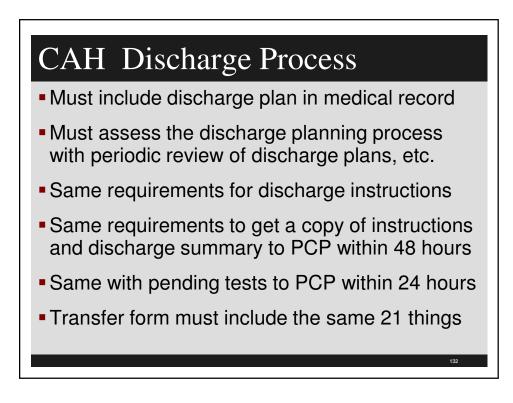
- CAH must identify goals, preferences, and discharge needs within 24 hours after admission
- If discharge is in less than 24 hours must make sure it is done timely and does not delay the patient's discharge or transfer to another facility
- Must regularly re-evaluate patient for changes
- If changes then update the discharge plan
- PCP must be involved in establishing goals of care and treatment

CAH Discharge Process

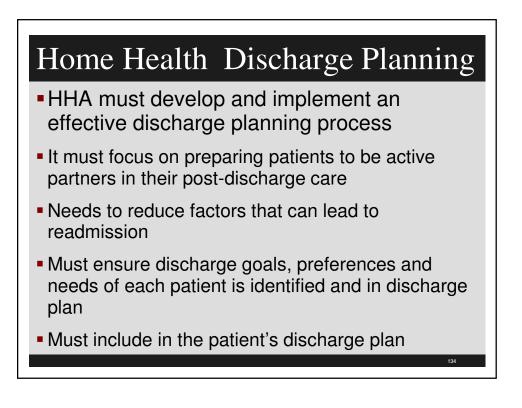
- Must assess patient ability to do self care
- Must assess if caregiver can do care
- Must assess if follow up from a community based provider, LTC or residential facility to include same things as discussed previously
 - Admitting diagnosis, co-morbidities, readmission risk, communication needs, psychosocial history, etc.
- Same freedom of choice and to give patient the list
- Must document discharge plan and evaluation of patient's discharge needs





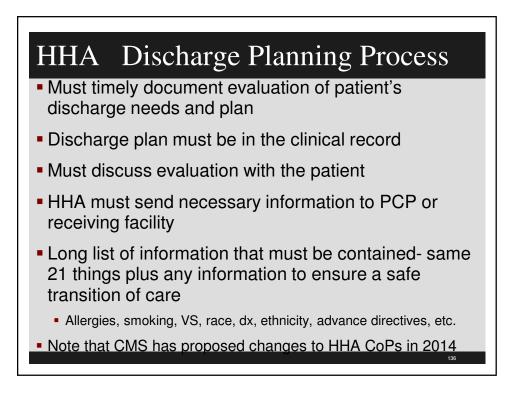




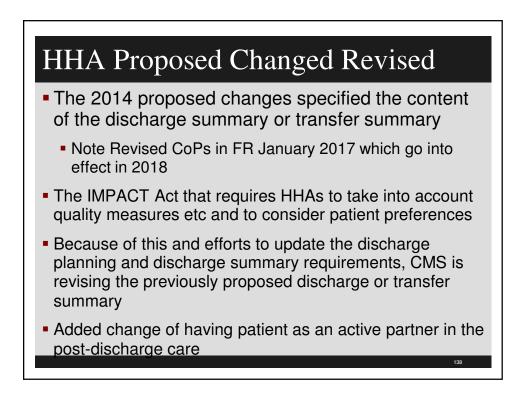


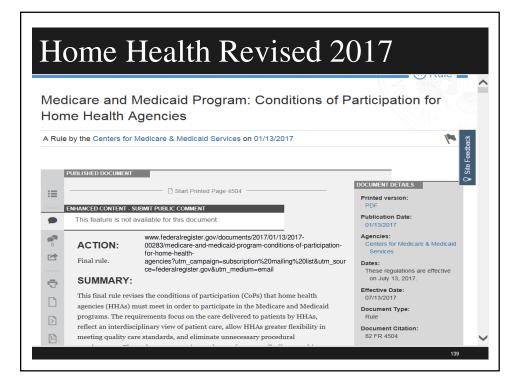


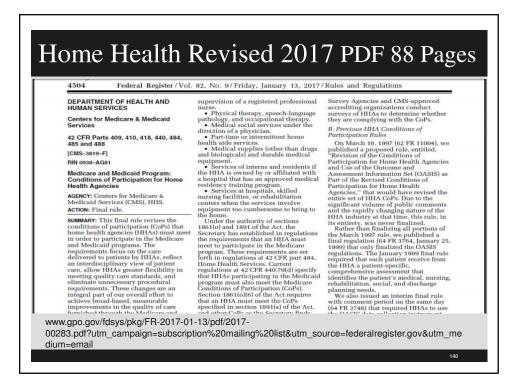
- Must re-evaluation patient to identify any changes
- If changes need to modify discharge plan
- PCP responsible for home health plan of care and must be involved in ongoing process
- Must consider patient capability to perform the care
- Patient and caregiver must be involved in developing the discharge plan
- If patient transferred to another HHA or sent to LTCH, SNF, or IRF must help patient pick one by sharing data including quality measures



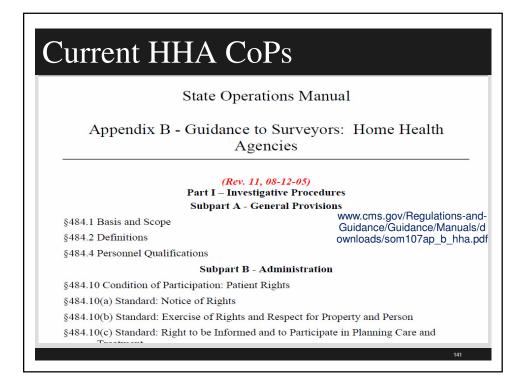


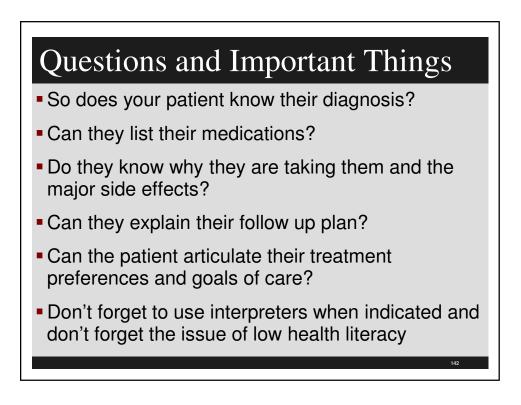






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Questions and Important Things

 In preamble of federal register, CMS recommends providers check their state's prescription drug monitoring program

- During evaluation of relevant co-morbidities along with past medical and surgical history
- These are designed to monitor for suspected abuse or diversion
- Don't forget any state specific laws on this
 - Massachusetts and Rhode Island mandate the use of a universal transfer form
 - American Medical Directors Association has one also

C	niversal Transf	ler Form	
AMDA has developed and recommends transfer of necessary patient information the potential for errors stemming from th the UTF can help to minimize the occur transmitted fully and in a timely fashion	n from one care sett he inaccurate or inc rence of such errors	ing to another. Patient to omplete transfer of patie	ansfers are fraught with ent information. Use of
Patient's name:			
A Admitting diagnosis: B. Other diagnoses from this admissio 1 2 3		www.	
C. Current diagnoses prior to admission 1 2 3	nn.		m.pdf
D. Surgical procedures and endoscopi procedure) None Phy 1 2 3	sician name:		
1 2 3 E. Laboratory values (please record m WBC // Hgb // Na+ //	lost recent results y	with date)	(may attach (may attach (may attach
Nat //			



• Brief description of care instructions reflecting training provided to patient



