99TH NHA ANNUAL
Convention

SCAN HERE

Yes, And...The Secret to Better Communication

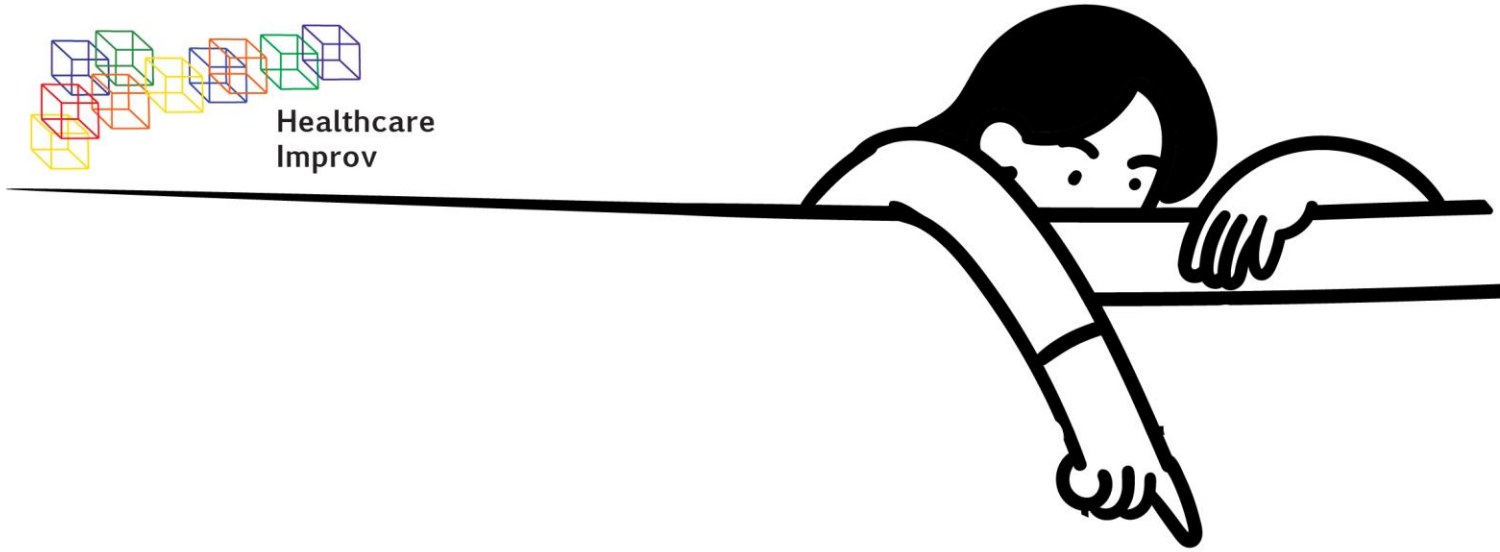
Michael Smith, MD, Associate Professor
Hospitalist, CEO/Founder
UNMC, Healthcare Improv

Timmy Tamisiea
Executive Director
Launch Leadership, Inc.

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Healthcare Improv

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YES, AND...

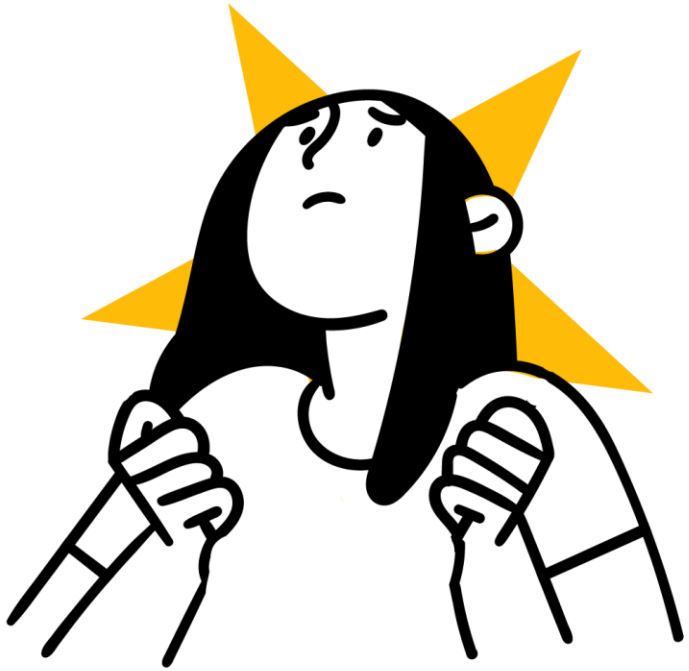


THE SECRET TO BETTER COMMUNICATION



QUICK SURVEY

NERVOUS?



ANGRY?



EXCITED?



“A friend told me to substitute the word ‘excitement’ for ‘nervous’. That way you acknowledge the physical feelings without putting a negative spin on things. So... I still get so excited about [Weekend] ‘Update’ that I want to throw up”

-AMY POEHLER





SELFIE!




Dr.
Michael Smith
Not a Dr.
Timmy Tamisiea






HA

Activity is meant to continue after OUR TIME TOGETHER



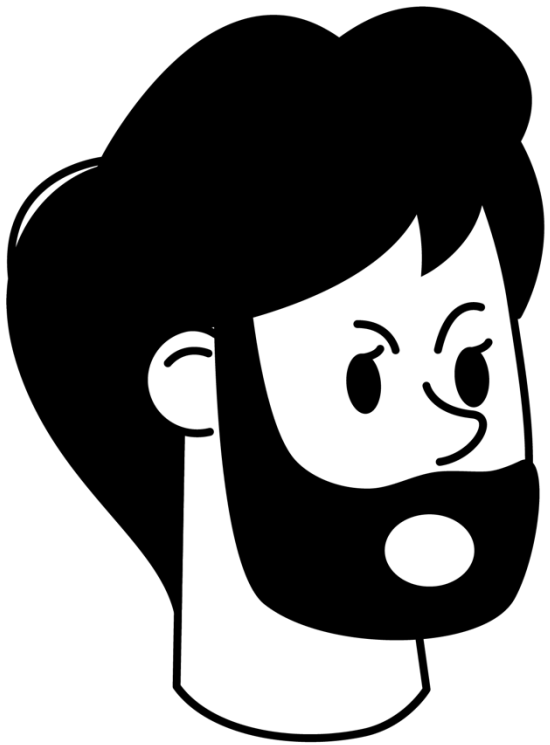
Today's Mission:

Open yourselves up to this unique, low stakes learning environment.



One Week Mission:

Practice these skills with friends and family over the next week.



NO, AND
YES, AND



Conversation 1

NO, AND...

Conversation 2

YES, BUT...

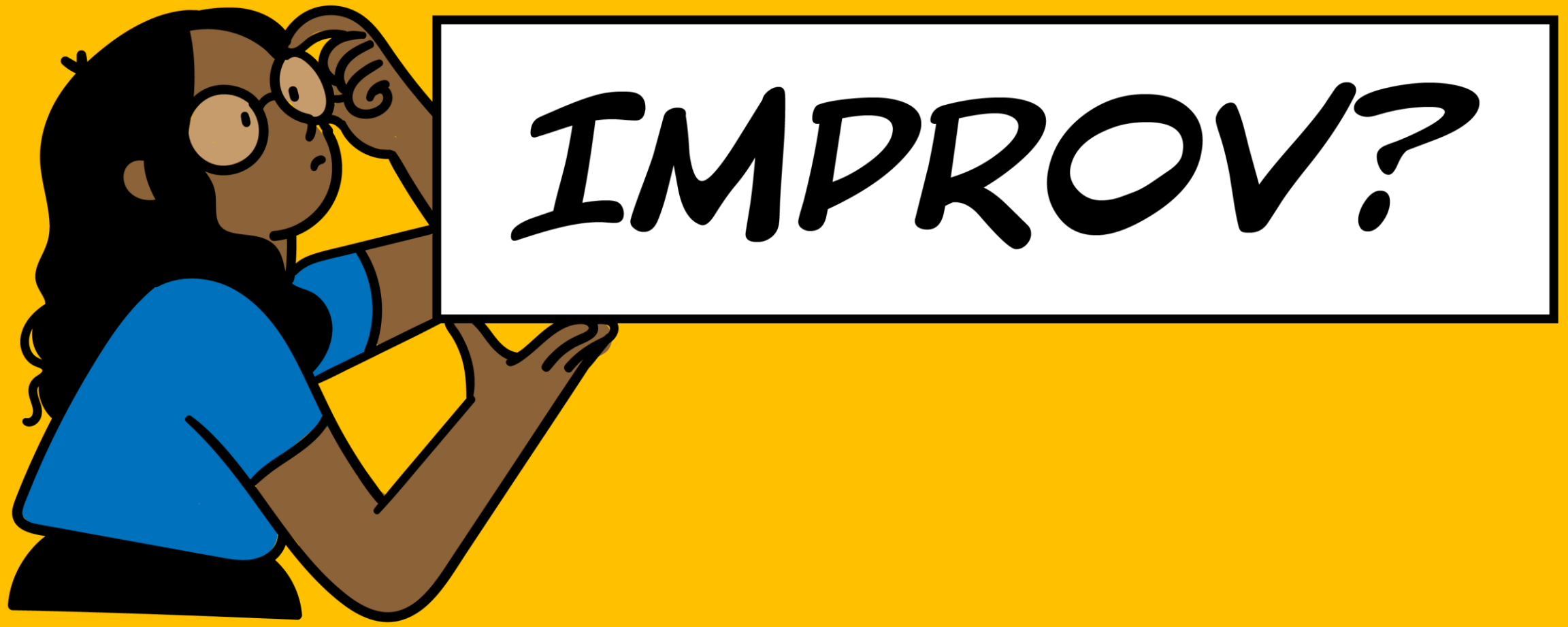
Conversation 3

YES, AND...

WHY DID WE DO THIS?

1. Argument vs. Cooperation.
2. Building Up vs. Tearing Down.
3. Release your expectations and agendas.
4. Build trust.
5. Creates connection.
6. Fosters all ideas.

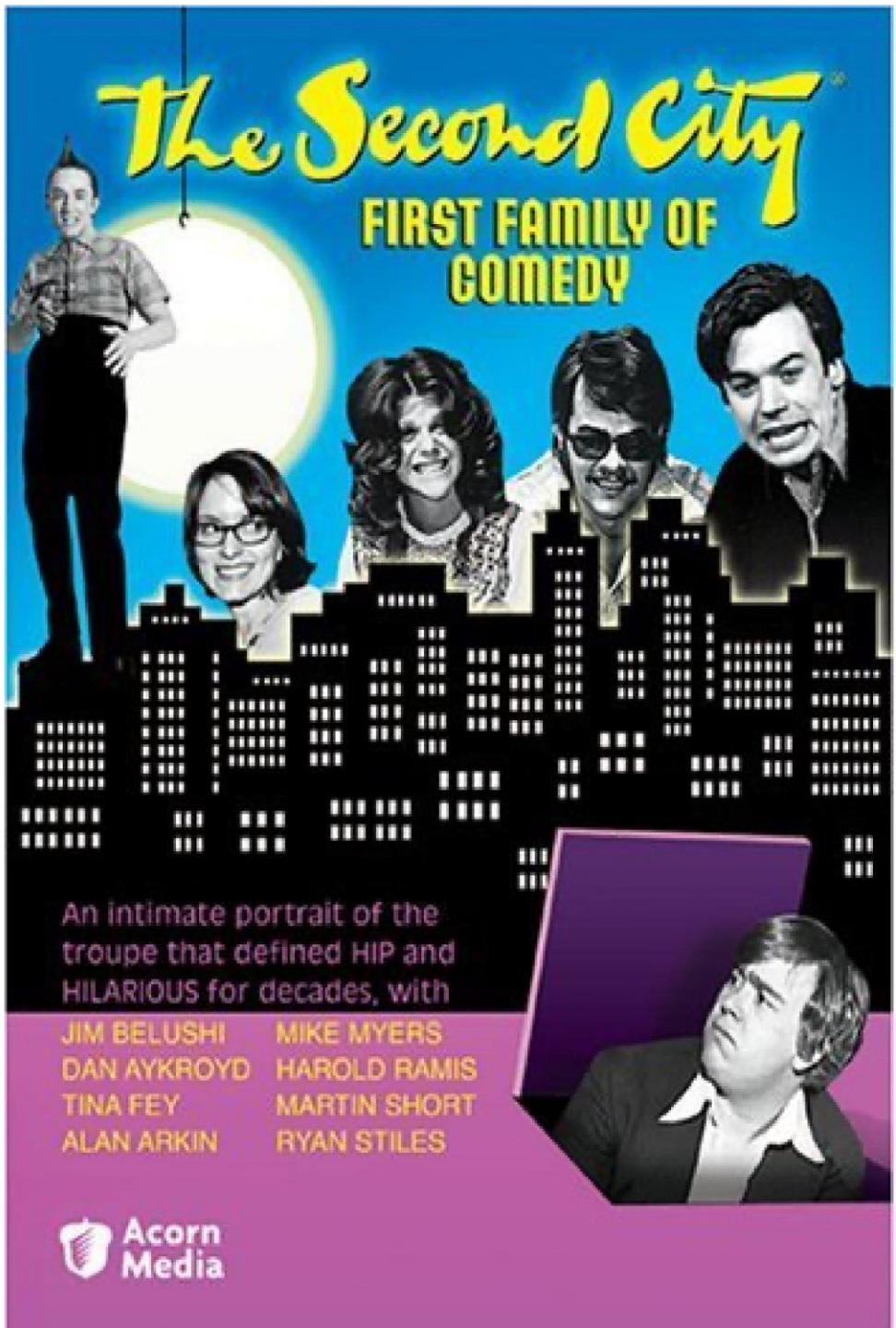
WHAT IS . . .





SHORT FORM

LONG FORM



IMPROV RULES

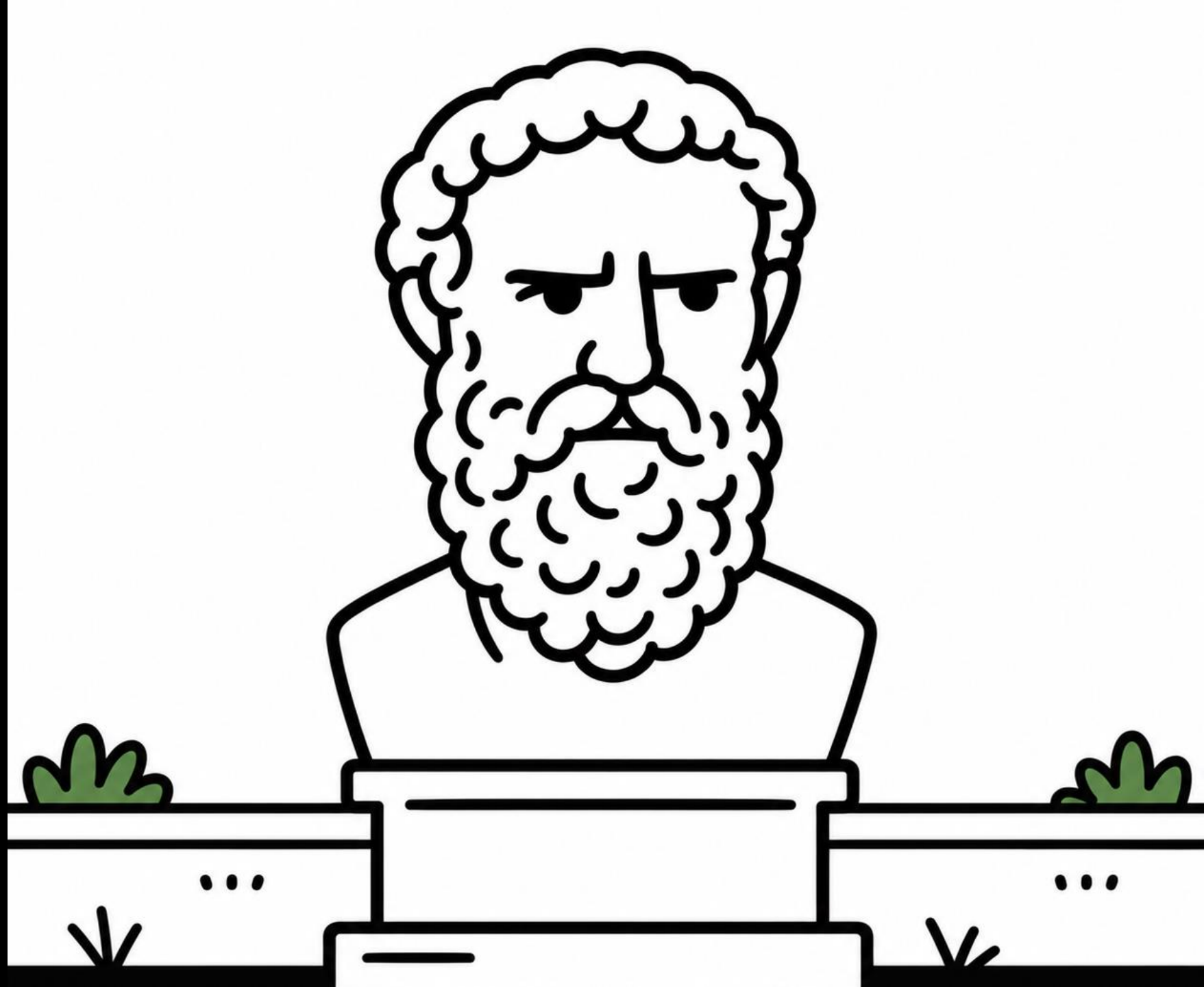
THEATRICAL

1. Yes, And. . .
2. Establish your location.
3. Make statements.
4. Focus on the here and now.
5. Listen to your partner.
6. There are no mistakes.
7. You don't have to be funny.
8. Make everyone else look like a Million Dollars.

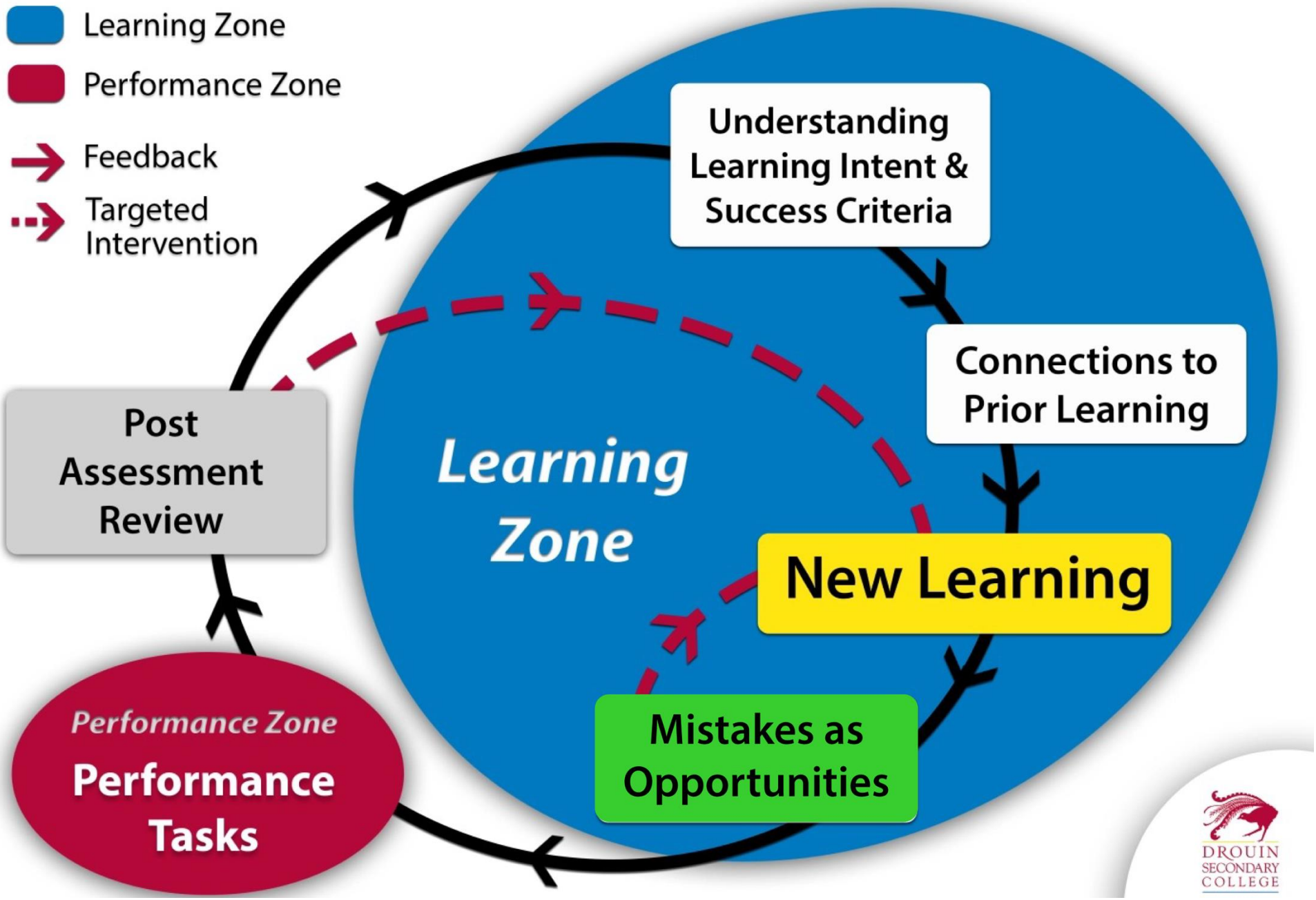
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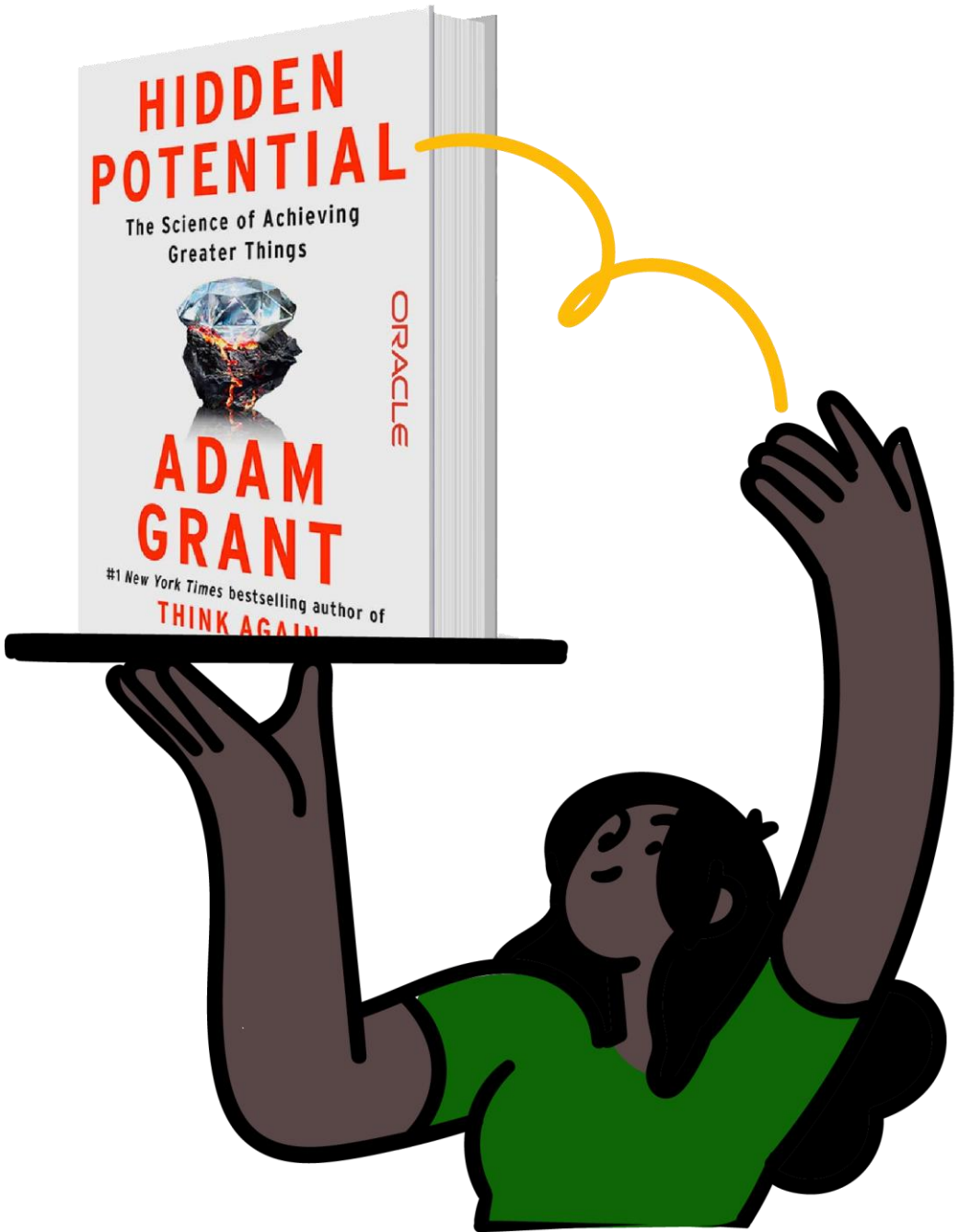


ARCHILOCHUS




HAPPYBIRTHDAY


Learning Zone
Performance Zone
Feedback
Targeted Intervention
Understanding Learning Intent & Success Criteria
Connections to Prior Learning
New Learning
Mistakes as Opportunities
Performance Zone
Performance Tasks
Post Assessment Review
Learning Zone
DROUIN SECONDARY COLLEGE



Deliberate Play

LIKE DELIBERATE PRACTIVE
BUT WITH A DIFFERENT FOCUS

BURNOUT VS. BOREOUT



The Role of Discomfort

COMFORT IN LEARNING IS A PARADOX

BRAVERY IN SPITE OF DISCOMFORT ENABLE NEW LEARNING





SIDES

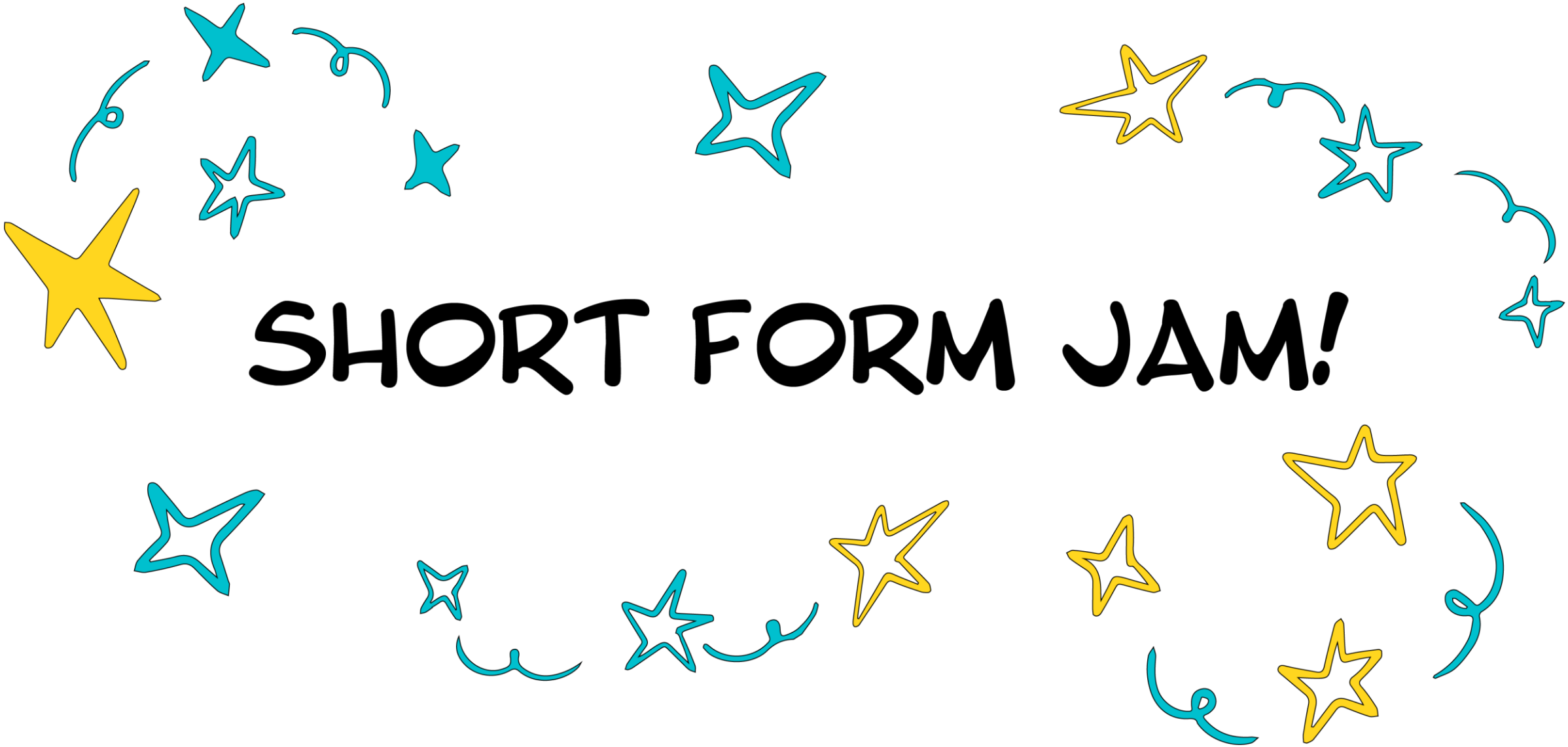


WHY DID WE DO THIS?

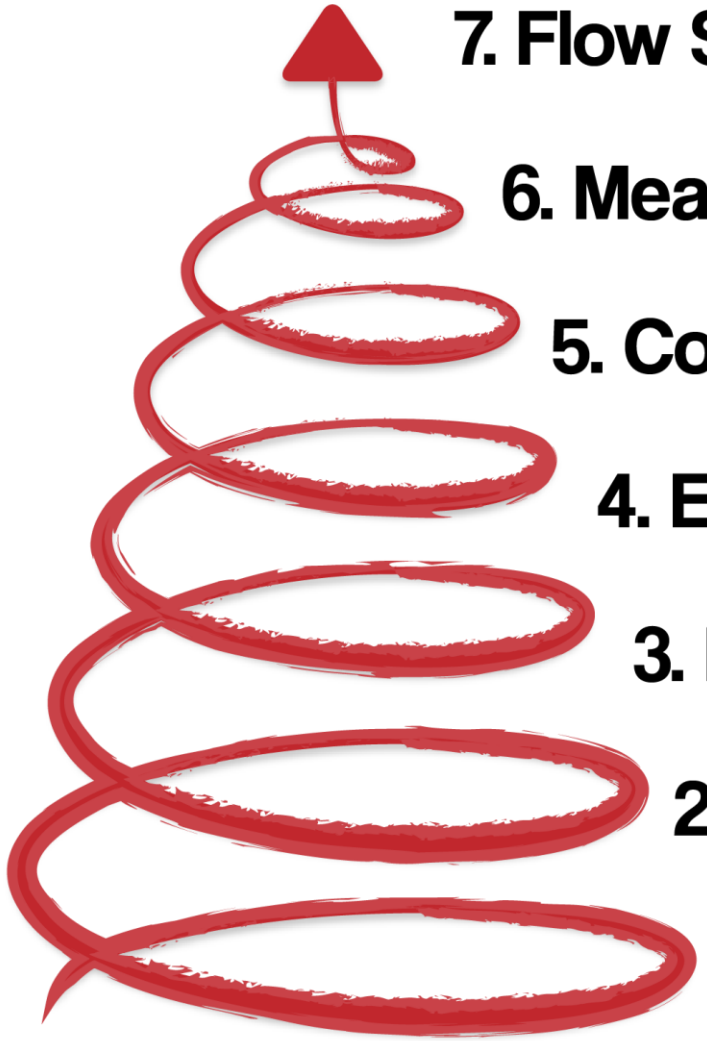
1. Collaboration vs. Competition.
2. Finding the win-win situtaion.
3. Working with not against.

THAT WASN'T IMPROVISED!
YOU PRACTICED THAT.




SHORT FORM JAM!

THE UPWARD SPIRAL OF GROWTH



7. Flow State

6. Meaning

5. Connection

4. Empathy

3. Engagement

2. Principles

1. Vulnerability

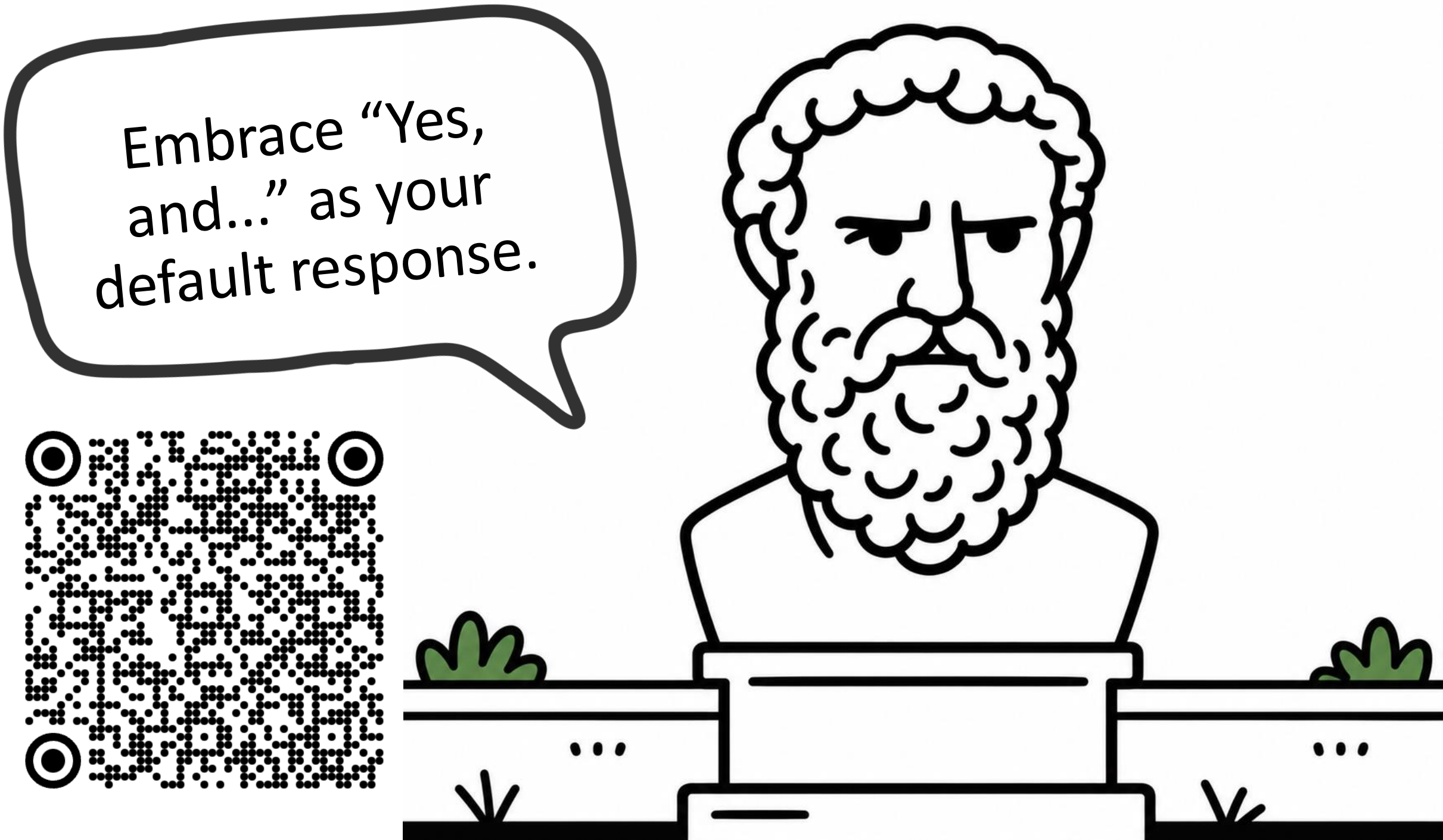


SYNOPSIS
What did you learn today?*



*(IE - WHAT DID YOU EXPERIENCE?)


ONWARD WITH THE
JOURNEY!


Embrace “Yes, and...” as your default response.

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Tell us your thoughts on this session!

This quick survey takes less than a minute, and your feedback helps us improve future sessions.

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